

CONVERSATIONS UNLIMITED - Tuesday, Jan. 27, 1987

INTRO UP AND UNDER

Hi, everybody. ^{many of} Is there a listener who at one time or another has not fallen victim to what we call allergies? Millions and millions of us are affected frequently, even daily. Some of us are even disabled by our allergies. Researchers in ¹⁵ ~~17~~ centers around the country are trying to discover why the human body reacts as it does, and how those reactions might be made less harmful to the body. Today I'll be talking with Dr. Allen P. Kaplan, director of the Allergic Disease Center at the State University of New York at Stony Brook. This is one of only four in the northeast; the others are in Boston, Baltimore and Buffalo. I suppose, Dr. Kaplan, we ought to find out right off whether you suffer from allergies yourself.

INTERVIEW DR. KAPLAN:

- Define "allergy"
- Review some of the common allergies:
 - * Food
 - * Dust, ragweed et al
 - * Animal fur, synthetic fabrics
 - * Other people? Or others' perfumes etc.?
 - * One's own body: e.g., woman w/blood allergy
- Treating the causes: stay away from them
- Are family physicians prescribing more often for allergies? Are they better informed now?
- Brief review of recent gains from research
- Role of National Institute of Allergic and Infectious Diseases
- Quickie advice for those seeking help

14:00

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Allergist

14:00

We'll take a short break now. When we return, I'll be talking with Allen Kaplan about research being carried out at Stony Brook and elsewhere. One of Dr. Kaplan's interests, for example, is hives. I hope you'll stay tuned.

BRIDGE MUSIC UP AND UNDER

Hi, everybody. I'm Al Oickle. I'm talking with Dr. Allen Kaplan about allergies. Dr. Kaplan is a medical doctor who heads up the Department of Medicine's Division of Allergy, Rheumatology and Clinical Immunology at the State University of New York at Stony Brook. Dr. Kaplan, you've devoted much of your career to the subjects of allergies and immunology. How did you become interested in the field?

INTERVIEW DR. KAPLAN:

- Differences in age groups:
 - * Diseases (e.g., asthma a kids' disease?)
 - * Reaction (harder on kids, or the elderly?)
- Describe the Stony Brook Allergic Diseases Center
 - * Physically *5 + 0/ depts*
 - * Medical and support staff
 - * Diseases (Dr. Kaplan's an expert in hives)
- Discuss the clinic at Stony Brook
 - * Hours (Tuesday only) *100 patients*
 - * Appointments necessary? Referrals only?
- Funding
- Final advice: what to do if you think you have allergy problems

cosmetics

29:00

OUTRO

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PROMO - For use no later than 5:55 p.m. Jan. 27, 1987

Hi, everybody. This is Al Oickle. I'm on Conversations Unlimited every Tuesday evening at 6, here on WUSB. This week, the subject is allergies. We all have them. I'll be talking with Allen Kaplan about allergies and what we can do to relieve the problems they cause us. We'll also talk about some of the research in the field being carried on here at Stony Brook. That's Conversations Unlimited, Tuesday evening at 6 o'clock, WUSB 90.1 FM.