

S.O.N. TIMES

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SCHOOL OF NURSING

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LEE ANNE XIPPOLITOS, RN, PHD APPOINTED DEAN, SCHOOL OF NURSING



Dr. Lee Anne Xippolitos has been appointed Dean of the Stony Brook University School of Nursing effective May 1, 2010. Dr. Xippolitos has been serving as Interim Dean since July 1, 2009 following the retirement of Dr. Lenora McClean, who served for 27 distinguished years as Dean of the School. Xippolitos will retain her position as Chief Nursing Officer of Stony Brook University Hospital.

Working closely with the faculty and department chairs of the School of Nursing, Xippolitos will lead the establishment and implementation of academic, research and clinical practice programs. She is also responsible for implementing NYS Department of Education, University and School policies, overseeing all support services for the School, and addressing needs of students, faculty and staff.

Xippolitos received her BS and MS degrees from Stony Brook University School of Nursing. She is certified as a Clinical Nurse Specialist as well as a Nurse Practitioner in psychiatric nursing. She completed her PhD at Adelphi University. She holds a certificate as an addictions nurse by the National Addictions Nursing Certificate Board and is a certified Nurse Administrator with the American Nurses Credentialing Center.

As Chief Nursing Officer at Stony Brook, Xippolitos led or co-led several initiatives to outstanding results. She was responsible for managing to reduce the nursing Vacancy Rate from 22% to 2%; she served in a joint leadership role on developing the house-wide Electronic Medical Record; she led the team when the hospital was recognized as Best Practice Hospital for Creating a Healthy Workplace—2007 UHC Collaborative; she was elected 2008-2010 Chair to University Health System Consortium CNO Council; was recipient of 2008 Sigma Theta Tau International, Kappa Gamma Chapter, Nursing Leadership Award; and, in 2007, was honored as 2007 Farmingdale College Alumni of the Year. She is founding member of Sigma Theta Tau International Kappa Gamma Chapter where she has held numerous positions and currently serves as Chairperson of the Finance Committee.

Please join the faculty and staff of the School of Nursing in welcoming Dr. Xippolitos as Dean and congratulating her on this outstanding accomplishment.

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CALENDAR

May 21

School of Nursing
Convocation - 8:30 am

University Commencement
11:00 am

June 11 - 14

ACNM Annual Convention
Washington DC

June 13

Kappa Gamma Fashion Show
& Awards Luncheon
11:00 am - 3:00 pm
Charles B. Wang Center

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STATE UNIVERSITY OF NEW YORK

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BROOK**

A FLAGSHIP UNIVERSITY

NURSING RESEARCH: ADVANCING UNDERSTANDING

Nurses are passionate about what they do and because nursing encompasses a wide range of human responses, the scope of this passion is virtually limitless. This passion leads to our need for greater understanding of problems. Out of this need comes research that aids in our understanding of the issues. Stony Brook University School of Nursing faculty's and students' interests reflect this wide range of interest as demonstrated in the research projects described below.

Dr. Arleen Steckel's research interest is in pediatrics where she has mentored Dr. Mary Beth Petraco's research aimed at developing a culturally sensitive nutrition educational program to reduce obesity in Latino schoolchildren.

She also served as mentor to Dr. Marybeth Heyden's research that piloted a community based education program to increase awareness among the public about the importance of family health history and to facilitate the use of family history information by healthcare professionals. This program was initiated because many individuals are unaware of their own family health histories preventing health care providers from identifying genetic risks for sudden cardiac death in young athletes.

Dr. Barbara Sprung, with the mentoring assistance of Drs. Brenda Janotha and Arleen Steckel, studied the impact of breast cancer on a couple's relationship. Her work suggests the need for health care providers to be sensitive to the "silent suffering" that exists for some breast cancer patients and the need to incorporate consistent methods to identify and respond to couples in distress following breast cancer diagnosis.

Prof. Nicole Rouhana's research interest involves women's health issues in rural settings including mother's willingness to vaccinate their adolescent sons for HPV. She is also currently conducting a grounded theory study on the sexual functioning in post-menopausal women.

Dr. Brenda Janotha has interests in both the psychological and physiological areas of research. She is the principal investigator for a study entitled, "Service Learning Clinical Experience and Student Nurse Empathy". Together with Dr. Virginia Coletti as co-investigator they will be assessing student nurse empathy after a service learning clinical experience of visiting a family homeless shelter. They will do this by administering the Caring Behavior Index to the Juniors in community health nursing 374 before and after their experience at the shelter. Dr. Janotha is currently seeking IRB approval to study the possible increase incidence of food insecurity in rural women.

She is also working with DNP student Sabina Kirtich to explore the development, implementation and evaluation of a database for identification and screening of cirrhotic patients at risk for the development of hepatocellular carcinoma.

Dr. Sharon Placella's research interest involves evaluating Self-Care Intervention to manage stress in nursing students.

Prof. Denise Snow, J.D., is involved in research that lies in reducing financial/social distress in cancer patients through legal interventions.

In addition to the items mentioned above, the School of Nursing has a varied and distinguished research history. In the past ten years alone, School of Nursing faculty have been awarded numerous grants to help further their research work. Following are some of the research grants awarded to the faculty members since 2001:

2009 - Present— "**Therapeutic Interactive Voice Response for maintenance of pain coping skills**" RO1, NIH Stimulus Funding, Patricia Bruckenthal, PhD, RN (Co-PI) \$546,000.

2009 - Present— "**Aging with Multiple Sclerosis**" sponsor – Bayer Inc., Marijean Buhse, PhD, RN (PI) \$265,000

2008 - 2012— "**Advanced Education Nursing**" HRSA (Competing Continuation) , Lori Escalier, PhD, RN Project Director \$893,472

2008 - 2011— "**Integration of Evidenced Based Practice into Problem Based Learning via Innovative Technologies**", HRSA, Marijean. Buhse, PhD, RN (P.I.), \$635,669.00

2008 - 2011— "**New Careers in Nursing One Year Accelerated Program**" Robert Woods Johnson Foundation, Lori Escallier, PhD, RN Project Director, 23 Scholarships at \$10,000 each

2008 - Present— "**A comparison of two scales to assess pain in the critically ill, ventilated, nonverbal patient**" SBU/UH GCRC, ASPMN Patricia Bruckenthal, PhD, RN, (PI). \$3,000

2008 - 2009— "**Measuring Comprehension of Informed Consent Among Participants in an HIV/AIDS Randomized Clinical Trial**" Stony Brook University/School of Nursing Internal Grant, Marie Marino, EdD, RN (PI) \$9,995

2008 - 2009— "**Feasibility Study to Assess Potential Contributing Factors to Poor Inhibitory Control**" Stony Brook University/School of Nursing Internal Grant, Marie Marino, EdD, RN (PI) \$9,932.

2007– Present— "**Geriatric Education Center HRSA Grant**" – Faculty: Drs. K. Shurpin, M. Buhse, Faculty \$1,276,978.00

2007 - 2010— "**Heart Failure Symptom Monitoring, Awareness, & Response Training**" American Heart Association

National Scientist Development, Corrine Jurgens, PhD, RN (PI) \$260,000

2007– Present—“**Coping skills training for arthritis: An effectiveness trial**” RO1, NIH, NIAMS, Patricia Bruckenthal, PhD, RN (Co-PI) \$3,400,000.

2007-Present—“**Putting the Certified Nursing Assistant Pain Assessment Tool (CPAT) to Work: Psychometric testing and evaluation of a pain intervention in nursing home patients with dementia**”. NYS DOH, Patricia Bruckenthal, PhD, RN (Co-PI) \$850,000

2007—“**Is there a relationship between serenity and burnout in registered professional nurses**” SBU School of Nursing, Debra Sansoucie, EdD, RN (Co-PI), Arlene Steckel PhD, RN (Co-PI) Barbara Messina PhD, RN (Co-PI) \$9,873.25

2007—“**The relationship among registered nurse’s personality type, weight status, weight loss motivating factors, weight loss regimens, and successful or unsuccessful weight loss**” Bruce Zitkus, EdD, RN (PI), NPALI, Inc., NP Doctoral Research Grant \$2,500; AANP Foundation Novo Nordisk NP Research Grant \$2,000; STTI Kappa Gamma Chapter Dissertation Research Grant \$1,000

2006 – 2007— “**The Effect of Telephone Support Groups on Caregiver Burden: Ways of coping and Knowledge of M.S**” Seed Grant from SBU School of Nursing Marijean Buhse, PhD, RN (PI) \$8,000

2006 – 2008—“**Cultural Diversity Advanced Training Grant**” HRSA D094P05303 Lori Escallier, PhD, RN Project Director, \$472,460

2006 - Present—“**Characteristics associated with nurse’s knowledge and attitudes towards pain: A regional study**”. Sponsored by ASPMN Long Island Chapter- Patricia Bruckenthal PhD, RN (PI)

2006 - 2007— “**Heart Failure Symptom Monitoring, Awareness, & Response Training**” (Pilot) Funded by Stony Brook University School of Nursing, Corrine Jurgens, PhD, RN (PI) \$10,000

2006—“**The relationship between student learning styles and attrition rates in RNBP distance learning students at the State University of New York at Stony Brook**” SBU, School of Nursing Barbara Messina PhD, RN (PI) \$4,475

2005-2006—“**Comprehensive Continuing Education Program for Nurses Providing Geriatric Care**”: HRSA Marijean Buhse, PhD, RN, (PI) \$49,686

2005 - 2006—“**Cultural Diversity Advanced Training Grant**” HRSA D094P05303 Lori Escallier, PhD, RN Project Coordinator \$236,731

2005 - 2006—“**East Coast Parenting Study**” School of Nursing, Faculty Research Development Grant, Lori Escallier, PhD, RN (PI) \$1,500

2004-2006—“**New York State Health Workforce Retaining Initiative**”, NYS Department of Health, Kathleen Shurpin, PhD, RN (PI), \$526,000

2004 - 2006—“**Readmission Factors in Community Dwelling Elderly with Acute Heart Failure**” Funded by John A. Hartford Foundation Building Geriatric Nursing Capacity, Post Doctoral Award, University of Pennsylvania, Corrine Jurgens, PhD, RN (PI) \$100,000

2003 - 2004—“**Is there a relationship between serenity and burnout in registered professional Nurses?**” Sigma Theta Tau International, Kappa Gamma Chapter. Debra Sansoucie, EdD, RN, (co-PI) Arleen Steckel, PhD, RN, (Co-PI), Barbara Messina, PhD, RN (Co PI) \$2,500

2003 - 2006—“**USAID/Eritrea Mission Project Continuation**”, Distance Education Component, Dr. Berhane Ghebrehiwet (P.I.), \$387,000

2003-2005—“**Development of Geriatric Curriculum and Innovation in Baccalaureate Nursing Program**”, AACN and Hartford Foundation, Kathleen Shurpin, PhD, RN (PI), \$90,000

2003- 2004—“**Genetics Interdisciplinary Faculty Training Program**, Duke University Vivian Cunningham, PhD, RN Team Leader \$5, 000

2002—“**Chronic Illness from Patient’s Experience Using Digital Video Interviews**” Presidential Mini-Grant Award for Innovative Teaching Projects, Dr. M. Buhse, RN , Dr. P. Bruckenthal, RN, Kenneth MacDowell and Neill Clenaghan (Co-PIs), \$4,000

2002 - 2003—“**Factors Affecting Care Seeking in Acute Heart Failure**” Funded by American Heart Association, Heritage Affiliate. Corrine Jurgens, PhD, RN (PI) – \$28,177

2001 – 2003—“**Safety and Efficacy of EMLA cream during IM injection of Avonex**”, Biogen, Marijean Buhse, (PI) \$21,500

2001— “**Factors Affecting Care Seeking in Acute Heart Failure, pilot study**” Kappa Gamma Chapter – Sigma Theta Tau, Corrine Jurgens, PhD, RN (P.I.) \$500

*INAUGURAL DOCTOR OF NURSING PRACTICE GRADUATING CLASS
DECEMBER 22, 2009
SUBMITTED BY DR. MARIE MARINO*

On December 22, 2009, 30 of our best and brightest graduated from Stony Brook University with a Doctor of Nursing Practice degree. At the Commencement the inaugural class of the DNP Program enthusiastically participated in the ceremony with pomp and circumstance. Stony Brook University President Dr. Samuel L. Stanley, presiding over his first Commencement at Stony Brook University, delivered the Commencement address and applauded the nearly 1000 graduates for their hard work and scholarly accomplishments. Dr. Stanley highlighted several of the graduates and spoke about our own Dr. Patricia Mele who persevered as a single mother of teenage quadruplets. The high point of the ceremony came when each of the doctoral candidates processed onto the stage to be hooded by their faculty mentor and were presented to the President, Provost Eric W. Kaler and Interim Dean, Dr. Lee Anne Xippolitos. Family, friends, faculty and staff were all in attendance to celebrate this commemorable occasion.

Following the ceremony, the DNP graduates and guests were invited to a reception sponsored by the School of Nursing in the Galleria of the Health Sciences Center. Drs. Kaler and Xippolitos both offered congratulatory remarks to the graduates. Joined by dignitaries and special guests from across the campus and Stony Brook University Medical Center, including Drs. Craig Lehman and Steven L. Strongwater, the day took a celebratory tone as all enjoyed fine food and the company of others. A special musical ensemble was provided by Michael Chiarello and Quartet. Michael is the son of our own Dr. Michael Chiarello, Chair of the Department of Community and Mental Health. New DNP graduate, Dr. April Plank, delivered an address to the guests and relayed special gratitude for the support of her fellow graduates and family.

The graduation of this inaugural DNP class represents the realization of the vision of Dr. Lenora J. McClean, former Dean of the School of Nursing. In July of 2005, Dr. McClean assembled a Doctoral Education Steering Committee to explore the possibility of developing the doctoral program. She presided over the admission of the first cohort of DNP students in June, 2008 that culminated in the memorable ceremony last December.

In 2004, the American Association of Colleges of Nursing recognized the DNP as the highest level of clinical preparation for advanced practice nurses. The DNP provides a true model for advanced nursing practice developing leaders for the 21st century and beyond. For our graduates, the implications of their doctoral education are far-reaching and promise to improve the quality of health care outcomes for patients and families across the globe.



FACULTY/STAFF/STUDENT ACHIEVEMENTS

Dr. Bruce Zitkus has had his research manuscript focusing on RN weight issues accepted for publication in the Dec. 2010 issue of the JAANP.

Dr. Brenda Janotha's research on symptomatic presentation of renal cell carcinoma in a young adult has been published in *The Nurse Practitioner Journal*. In addition, Dr. Janotha's research on chronic liver disease management in primary care has been published in the *American Journal for Nurse Practitioners*.

Prof. Denise Snow co-authored a manuscript, "Insurance Related Challenges Faced by Managed Care Enrollees with Breast Cancer" that was accepted for publication in the October 2010 Edition of the *Clinical Journal of Oncology Nursing*.

Dr. Michael Chiarello's manuscript entitled "The Use of Humor as a Teaching Tool in Psychiatric Undergraduate Nursing," has been accepted for publication in the *Journal of Psychosocial Nursing and Mental Health Services*.

Congratulations to **Dr. Virginia Coletti** who has been named Chair-elect for the National Addictions Nursing Certification Board in collaboration with ANCC.

School of Nursing alumna, **Karen Coutrier**, was highlighted on TV Channel 10/55 to discuss her contribution to and impression of Haiti during her humanitarian trip there immediately following the earthquake.

Students **Ariane Almirante, Diana Gonzalez, Ilene Jackowitz, Mary Anne Lagunzad, Melissa Rice, Nicole Tricarico, Stephen Waugh, Chad Williams, and YinJie Zhao** have all been selected to receive an HSCSA Student Leadership Award for 2009-2010. Congratulations to all!

BS student **Ira Frenkel**, has been asked to speak at this year's North Shore University Hospital Junior Volunteer Awards dinner on May 25th which is held

each year to honor junior volunteers who have provided exceptional service to the hospital. Ira was a volunteer at North Shore from 1993 to 1996 and the 1996 award recipient.

Basic Nursing student **Sasha Kahn** is a recipient of the CHI ETA PHI Sorority, KAPPA ETA Chapter, Leota P. Brown Scholarship. In honor of this achievement,, Sasha was awarded a Certificate of Recognition from the Town of Hempstead and the Inc. Village of Hempstead, and a commendation from the Nassau County Office of Executive Magnano. In addition, Sasha also received a Citation in honor of her academic success from the Nassau County Legislature.

Basic Baccalaureate student **Regine Alcius** is a recipient of the CHI ETA PHI Sorority, KAPPA ETA Chapter, Leota P. Brown Scholarship. In honor of this achievement, Regine was awarded a Certificate of Recognition from the Town of Hempstead and the Inc. Village of Hempstead, and a commendation from the Nassau County Office of Executive Magnano. In addition, Regine also received a Citation in honor of her academic success from the Nassau County Legislature and an award from an anonymous donor.



Congratulations to School of Nursing Alumna **Laura MacGregor** who won the grand prize in The National Kidney Foundation's 60th Anniversary Art Contest.



Dr. Mary Anne Dumas testified on the Future of NP education at the Institute of Medicine on Feb. 22, 2010. She is pictured on the left with former Secretary of Health and Human Services, Donna Shalala and on the right with Mary Wakefield PhD, RN, administrator of the Health Resources and Services Administration (HRSA) together at the White House.



SCHOOL OF NURSING DISTINGUISHED ALUMNI AWARDS 2010

On March 13, 2010 the Stony Brook University School of Nursing Alumni Board sponsored the Alumnus Awards Reception at the Student Activities Center. Alumni, faculty, staff, students and friends gathered to honor two of our distinguished alums, Colonel Miriam Rosa-Cummo and Dr. Debra Sansoucie. The keynote speaker was Samuel L. Stanley, Jr., MD, President of Stony Brook University. Dr. Stanley spoke about the integral role of nurses in healthcare and honored Colonel Rosa-Cummo and Dr. Sansoucie for their exemplary achievements and noteworthy contributions to society.



Dr. Sansoucie and Colonel Rosa-Cummo



Stony Brook University President Samuel L. Stanley, Jr., Dr. Lee Anne Xippolitos, Dean, School of Nursing and CNO, Stony Brook University Medical Center, Dr. Debra Sansoucie and Colonel Miriam Rosa, Alumnus Award Recipients, and Elisa Mancuso, President, Stony Brook University School of Nursing Alumni Board.



Colonel Rosa-Cummo receives her award from Elisa Mancuso.



Dr. Kathleen Bratby, Assistant Dean of Students, with Ronn Callada, SON Alumni Board Member and School of Nursing students.



Rosemary Mahan, 2009 Distinguished Alumnus Award Recipient with Genine Schwinge, Secretary, SON Alumni Board.



Gene Mundie, Associate Dean for Advancement, School of Nursing and past Distinguished Alumnus with Dr. Sansoucie.

SCHOOL OF NURSING ALUMNI NEWS

SON ALUMNI BOARD SPONSORS EDUCATIONAL PROGRAMS FOR STUDENTS

Submitted by Dr. Antoinette Forster, School of Nursing Alumni Board member:

On behalf of the SON Alumni Board, seniors were invited to participate in a presentation designed to highlight the need for reducing stress all around as they venture into the real world of nursing. The presentation was entitled: "Breathe through the NCLEX and other life stressors". It is the board's intent to enhance the theme of empowerment in increasing emotional resilience in tough situations and jobs. Effects of chronic stress were described and specific behavioral interventions such as meditating, accepting support and developing a focus on reflection versus reactivity were reviewed.

The SON Alumni Board will be sponsoring additional education programs throughout the year. Students will receive notification about these programs via e-mail and flyers.

THE SCHOOL OF NURSING ALUMNI BOARD ELECTS EXECUTIVE COMMITTEE AND BOARD MEMBERS FOR THE 2010-2012 TERM

The School of Nursing is committed to keeping alumni connected to the school and has a dynamic group of dedicated alumni who serve on the School of Nursing Alumni Chapter of the Stony Brook University Alumni Association. The purpose of the Chapter is to advance the interests of the School of Nursing and, through the School, the interests of professional education in nursing and to promote and challenge vital nursing issues affecting the health of all people. The Chapter fosters professional and social contacts among alumni and students and supports the fundraising activities of the School.

The executive committee is as follows:

President: + Elisa Mancuso, MS '88, BS '86

President Elect: + Karen Coburn, MS '92, BS '77

Secretary: Genine Schwinge, PNP '96, MS '91, BS '84

Nominations Committee Chair: Dr. Patricia Jacobowitz, DNP '09, MS '86, BS '79

SBU Campus Representative: + Margaret Kelly, BS '77, MA

At-Large:

Patricia Andronica, MS '00

* Daya Bonnie Astor, BS '73, MSN

* Ronn Callada, BS '09, RN

Dr. Michael Chiarello, PhD, MS '93, BS '88

Rita Collins (Washington DC), BS, '72

Margaret Culhane, MS '81

* June Feinstein, MS '05, BS '83, RN, CS, NPP

* Dr. Antoinette Forster, DNP '09, MS '99

* Dr. Noreen Giordano, DNP '09, MS '97, RN, NPP, LNC

Karen Halpern, BS '85, MSN, JD, RN

* Lenore Lamanna, MS '95, EdD

Gene Mundie, MS '01

Janice Orshan, JD '88, BS '82

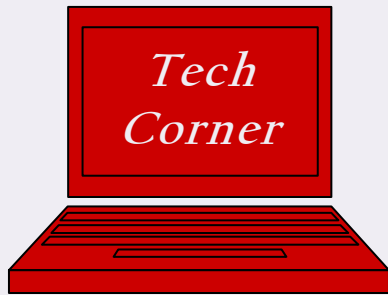
+ Liv Peterson, MS '86, BS '78 (past president)

Diane Hitchings-Tiernan, BS '72, MS, PD, LMFT

Doris Weisman, MS '87, BS '86

* Denotes new member + Denotes new position

The board is still accepting nominations for at-large members. If you are interested in learning more about becoming involved with the Alumni Association and the School of Nursing please contact Rachel Schnabl, Development Officer, Office of Advancement at 631-444-2604.



*Stony Brook University
School of Nursing
On-Site and Distance Education Programs*

Computer and Data Communication Requirements

All nursing students, both onsite and distance, will have selected courses, many of which are available primarily by computer. Each student entering the School, both onsite and distance, must have access to a Windows-based computer which they are responsible to maintain. The following is a detailed description of the computer hardware, software and data communication requirements. Please take the time to familiarize yourself with these requirements to assure that your computer system fully meets them.

Hardware:

- Most current Microsoft Windows-based computers, including those purchased within the past five years will meet the minimum computer hardware requirements.
- A DVD drive is necessary to install some of the required software described below.
- Should you be considering the purchase of a new computer, it is strongly recommended that you consider the purchase of Windows-based notebook computer with wireless connectivity which will enable you to take advantage of the wireless connectivity provided in the School.
- Macintosh computers with Boot Camp or Parallel with Windows version XP or higher installed, are acceptable.

Software:

- Windows 7 is recommended for new purchases. Other versions of Windows including XP and Vista are supported.
- MS Word and PowerPoint are required; current version MS Office 2007 recommended, MS Office XP acceptable, MS Office 2000 and 97 not supported.
- Internet browser software required versions are: Microsoft Internet Explorer 8 and 7. Not supported are Internet Explorer 6, Mozilla Firefox, Netscape and AOL browsers.
- Adobe Acrobat Reader software version 7.0 or higher is required.
- Virus scanning software is highly recommended such as Norton or McAfee.
- Current versions of MS Office and Symantec anti-virus may be available free from Campus. Since the School of Nursing does not administer these offerings they are subject to change. Registered students can obtain more information about these offers as follows: Symantec anti-virus - see the Stony Brook University Softweb web site and MS Office - contact the HSC Matthews Bookstore at (631) 444-3685.

Internet Connection:

An internet connection is required from an Internet Service Provider (ISP) or cable company.

It is strongly recommended that students use a computer dedicated for their own use rather than sharing a computer with others when completing the Distance Education Program. Students are required to maintain their computer hardware and operating systems in proper functioning order. Please call Kenneth MacDowell (631) 444-3277, if you need additional information.

Revision March 23, 2010 Updated periodically as necessary.