



The ABCs of Residential Community Living

By the Department of Residential Programs Staff

A=Ask B=Become C=Connect

The staff of the Department of Residential Programs welcomes you to Stony Brook University. We wish you the best of luck this year and hope that you will take advantage of the many resources, programs, and opportunities that living on campus has to offer. Whether you are returning to Stony Brook or are new to the University, we encourage you to get involved; consistently, students report that some of the most treasured memories and lasting friendships from their college years are those that originated when they lived in a Residence Hall. You will get to know people whose experiences, values, and attitudes are different from yours, and in doing so, you will come to know better what you value and who you are.

As with any other learning experience, the way to get the most out of living in the Residence Halls is to invest fully and remain open to all of its possibilities. This entails a willingness to give of yourself for the betterment of the community in which you are a member, accepting responsibility for the quality of your own life, and demonstrating genuine caring for those around you. With these ideas in mind, you can be assured a rewarding experience as a residential student.

A = Ask

Have a question or concern? Want to know where to go, what to do, how something works? The following people, places, and things can help you find answers. Campus Residences staff members are dedicated to providing essential services for resident students and fostering an environment that promotes personal and community development.

Who can answer my question?

College Office Staff

Your College Office is located off the lobby of your Residence Hall (College).

College Office Hours

Your College Office is open and staffed with a Resident Assistant Sunday to Saturday, 7:00 p.m. to 11:00 p.m. Additionally, College Offices are open during the day Monday to Friday and staffed with an Office Assistant; Office Assistant hours and daytime College office hours vary according to student schedules.

“Interpersonal competence’ refers to knowing when and how to communicate what to whom in order to achieve specified goals.”

—Breen, Donlon, and Whitaker, 1977



Resident Assistant

Resident Assistants, or “RAs,” are students who hold primary leadership positions in the Residence Halls. An RA is usually located on every floor, and he or she carries out a wide range of duties and services that benefit the residential community. RAs provide resources and referrals, sponsor educational and social programming, help enforce rules and regulations, and facilitate community involvement and responsibility.

Residence Hall Director

Each Residence Hall is supervised by a full-time professional Residence Hall Director (RHD). The RHD is responsible for establishing an environment that fosters the academic and personal development of residential students. He or she serves as advisor to the Residence Hall Legislature, promotes and supports educational and social programming, instructs Freshman Seminar 101, upholds behavioral expectations, and supervises the Resident Assistants. In addition, RHDs maintain weekly office hours, work with departmental committees, teach peer education courses, and work with the Living Learning Centers and Undergraduate College to promote educational programming and academic initiatives within the Hall and Quad.

Quad Office Staff

Your Quad Office is located within your residential quad area. Locations of the Quad Offices are as follows: H Quad—Benedict College; Mendelsohn Quad—Irving College; Roth Quad—Gershwin College; Tabler Quad—





Hand College; Kelly Quad—Hamilton College; Roosevelt Quad—Wagner College; Schomburg and West Quad—West Building E.

Quad Office Hours

Quad Offices are open Monday to Friday from 8:30 a.m. to 5:00 p.m.

Office Assistant

Office Assistants (OAs) are students employed by Campus Residences who offer clerical and service support for Office/Residence Hall functions.

Secretary

Quad Secretaries work in support of clerical and student service functions for the quad.

Quad Office Service Manager

The Quad Office Service Manager works with the Quad Director and Hall Directors to maintain and support the operational functions of the Quad.

Quad Director

The Quad Director is responsible for the oversight of all staffing, behavioral, operational, and programming functions in the quad.

Undergraduate College Staff

There are six Undergraduate Colleges on campus: Information Technology Studies (Mendelsohn Quad); Leadership and Service (H Quad); Science and Society (Roth Quad); Human Development (Kelly Quad); Global Studies (Roosevelt Quad); Arts, Culture, and Humanities (Tabler Quad). The Undergraduate College team consists of the Faculty Director, College Advisor, and Quad Director.

“The best decision I made here at SB was to seek help, to ask questions, and talk to professors. To be successful at any educational institution, there has to be a collective amount of things and people that will counsel and guide you...no one can make it on their own.”

—Zoila LaChapelle,
Health Sciences



Faculty Director

The Undergraduate College Faculty Director has oversight of academic and programming initiatives in the Undergraduate College. Faculty Directors, in addition to their main office on campus, have an office within their Undergraduate College, with posted office hours.

College Advisor

The College Advisor works with the Undergraduate College team, advising freshmen students within the Undergraduate College, and assisting with programming initiatives in the Undergraduate College. College Advisors, in addition to their office in Academic Advising, have an office within their Undergraduate College, with posted office hours.

Quad Director

The Quad Director works with the Faculty Director and College Advisor to implement academic, programmatic, and social initiatives within the Undergraduate College.

*How does this work?***Maintenance Concerns**

Need something fixed? Fill out your work requests online at vector-sigma.campres.sunysb.edu/workorder. The Quad Office Service manager can follow up on your work order for you once it is submitted and a work order number is assigned. If you have a maintenance emergency (broken glass in your window, flooding, smell of gas, etc.) during the day from 8:30 a.m. to 5:00 p.m., contact your Quad Office. If the emergency occurs during the evening, contact the RA on duty in your Residence Hall. RA on duty signs and phone numbers are posted on your floor and by your College office daily.

Room Changes

Room changes are permitted only at specified times of the academic year, typically after the first two weeks of school each semester. Room changes must be approved by the Hall Director; if requesting a move from one building to another, the Hall Directors of both buildings must approve the



move. Room change paperwork, requiring Hall Director signature, will be available at the specified times in both the College and Quad Offices.

Having Trouble with a Roommate/Suitemate?

You should sit down with your roommate/suitemate and talk about any issues you may have; the first step in resolving a problem is to talk with the person involved. After this is done, talk with your RA about it; your RA may be able to help you talk further with your roommate. During the first two weeks of the school year, your RA can assist you in completing a Roommate Agreement—see the “Connect” section on page 65 for details.

Access Cards/Keys

Your photo ID access card, once activated at your Quad Office, will enable you to enter your building at designated entrances. All students should carry their room key and access card/ID at all times on campus. Should you have a problem with your card, stop by the Quad Office first to ensure the card is properly programmed—if the card is cracked or otherwise damaged, you will need to get a new card at the ID Office, located in the Administration Building, first floor. Propping doors to allow entry into the building from other doors is prohibited, and a violation of the SB Behavior Code. Never lend your access card or your room key to any other person.

Internet Access

In addition to the Residential Computing Centers, each residential room has Internet access. Any problems with your connection can be reported to Tech Support, at 632-9800. Students who wish to use the campus network must register their computers with the Network Operations Center. You may register your own PC by going to the following Web site:
<http://register.resnet.stonybrook.edu/>.

Cable Television

All rooms in the Residence Halls have cable service, including HBO and HBO2. To report any cable difficulties, call 632-8568.

Mail

Stony Brook has a full-service U.S. Post Office located in the SAC. Mail is delivered to centralized mail rooms—one in Kelly Quad and one in H Quad. Your mail will be delivered to your mailbox in your Residence Hall lobby. Packages can be picked up at the centralized mail rooms.

Voice Mail

Each residential student has a campus phone with free local calling. An automated voice mail system can enable you to receive messages. To set up your voice mail, use your assigned phone to dial 6-0000 and press #. Enter your temporary password 111, and press #. The system will ask you to set a new password, and create a message. Follow all automated prompts.

Laundry Facilities

All residential facilities provide coin and ID-operated washers and dryers, sponsored by the Faculty Student Association. Residents may do their laundry within their Residence Hall for a nominal fee. We strongly encourage you to keep your laundry facilities clean, change dryer filters before each use, and to remove your laundry from the machines as soon as the cycles are completed so others may use the machines.

Parking

Residential freshmen and sophomores may not park cars on campus, as parking is limited. Juniors and seniors may park in designated areas with

a parking permit. For more information on parking or to obtain a parking permit, visit www.parking.stonybrook.edu.

Transportation

Campus buses provide services in and around campus, and operate when classes are in session. Limited service is available when classes are not in session; no service is provided on official University holidays. For maps, bus pick-up centers, and more information, please visit www.parking.stonybrook.edu.

B = Become

Get involved in your Residence Hall! We encourage you to develop your leadership skills, get to know others, and have fun in your community. Involvement enhances your learning and development and can give you skills that last a lifetime.

College Legislature (LEG)

The College Legislature is the student government within each Residence Hall, and consists of a general body of student representatives from the building and an executive board, with a President, Vice President, Secretary, Treasurer, and two Residence Hall Association Representatives. College Legislatures maintain a budget comprised of Student Government funds and use those funds to develop programming and activities for their Residence Hall. The College LEG also serves as a forum for students to discuss Residence Hall issues and create initiatives to enhance the residential living experience.

"A student's most important teacher is often another student."

—Chickering and Reisser, 1993



Residence Hall Association (RHA)

The Residence Hall Association is a representative body comprised of student representatives from the undergraduate Residence Halls. The RHA solicits input from the Residence Hall representatives and works in close partnership with the Division of Campus Residences as the representative voice for undergraduate residential students. The Residence Hall Association's executive board, consisting of President, Vice President, Secretary, Treasurer, National Residence Hall Honorary President, and two National Communications Coordinators, represent the Stony Brook campus at regional and national RHA conferences.

National Residence Hall Honorary (NRHH)

The National Residence Hall Honorary is an honor society for outstanding Residence Hall Association members. The NRHH's chief function is to recognize outstanding service to the residential community by students, student groups, and University offices.

Community Standards Judicial Board

The Community Standards Judicial Board is composed of students trained to hear and render decisions in cases in which students have been accused of violating the University Behavior Code.

Peer Education Groups

The Department of Residential Programs supports and coordinates four Peer Education Groups: AIDS Peer Education, S.A.F.E. (Sexual Assault Facts and Education), Nourish (Eating Disorders Peer Education), and Diversity Peer Education. Peer Education classes are upper division classes, with three credit hours earned per semester. Peer Education classes and outreach provide students the opportunity to immerse themselves in a relevant societal issue and develop the skills and techniques to teach others.

Residential Safety Patrol (RSP)

Residential Safety Patrol is comprised of students who protect their peers in the Residence Halls, at special programs, and in the Quad areas. RSP staff patrol the residential areas of campus, ensuring that doors and windows are secure, that those entering buildings have the appropriate

authorization, that contact phones are in working order, and that activities are safe and orderly. RSP provides a walk service for students to any destination on campus; for more information, call 632-6337.

Residential Tutors

Students may be employed to work as peer tutors in the Residential Tutoring Centers. For more information, please refer to page 66.



As a busy student, you will find that balance is an important and necessary thing—balancing your studies, activities, sleep, exercise, eating right, fun, and free time...the list goes on. We support your development as a whole person—mind, body, and soul. How?

Undergraduate Colleges

Each residential undergraduate Quad houses an Undergraduate College with the aim of creating a seamless living learning experience for our students. First-year students enter the University with a specified Undergraduate College preference. Programming, activities, and academics are integrated to promote the Undergraduate College theme. See page 59 for the College themes and their locations, or pages 7 and 8 for more detailed information.

Community Service

Stony Brook University and the surrounding community offer countless opportunities for

“Living on campus [has] statistically significant, positive impacts on increases in aesthetic, cultural, and intellectual values.”

—Pascarella and Terenzini, 2005



students to give of themselves for the benefit of others through service. Examples of campus service initiatives include Residential Blood Drives, 'Tis the Season, Pride Patrol, and Habitat for Humanity. If you have questions regarding getting involved in service, please contact the H Quad (Undergraduate College for Leadership and Service) Office at 632-2775.

Residential Programs and Socials

The Residence Hall staff is committed to providing educational and social programming and activities within your Residence Hall and in your Quad. Educational programming topics may include diversity and cultural issues, social hot topics, or political involvement. Social programming may include events such as ice cream socials, pajama parties, and Super Bowl parties. Join in!

Residential Study Lounges and Classrooms/Main Lounges

Each Residence Hall contains a study lounge area where students may catch quiet time to complete reading and class work. In addition, each Residence Hall houses a classroom/main lounge designated for Peer Education classes, First-Year Seminar 101 and 102 classes, Living Learning center classes, and leadership and staff training sessions.

Residential Tutoring Centers

Need help with your class work? Residential Tutoring Centers are located on campus in H Quad (James College), Tabler Quad (Toscanini College), and in Roosevelt Quad (Stimson College). The RTCs operate Monday to

“While the academics are great, most of my memorable experiences and what has kept me going thus far has been involvement. Through various clubs and organizations, I made some friends that will last a lifetime. Get involved!”

—Jennifer Theodore,
Psychology



Thursday from 8:00 p.m. to 11:00 p.m. Residential Tutors are peer students employed to assist you with your academics. Resident students may attend tutoring sessions in any of the Tutoring Centers.

Residential Fitness Centers

Want to stay fit? Take a break from stress? Each Quad contains a Fitness Center available to residents with ID. The Fitness Centers are open daily, free of charge, and are staffed with knowledgeable students who can assist with proper use of equipment and maintain personal fitness records. The Fitness Centers are located as follows: Mendelsohn Quad—O’Neill College; H Quad—Benedict College; Tabler Quad—Dreiser College; Kelly Quad—Schick College; Roth Quad—Mount College; West Quad—Building E; Roosevelt Quad—Greeley College. The Chapin Fitness Center is scheduled to open by summer 2006.

Living Learning Centers (LLC)

Located within the Undergraduate College Quads, Living Learning Centers integrate the academic community with life in the Residence Halls—each LLC offers an academic minor in the center’s theme. Participants in the Living Learning Centers have opportunities to take courses in classrooms within the Residence Hall, have close contact with faculty, participate in programs and events that support the theme of the Living Learning Center and Undergraduate College, and interact with other student participants with whom they share a similar interest. In addition, Living Learning Centers offer the opportunity for students to earn a minor in a specialized field. If you are interested in becoming a part of any LLC, contact the Residence Hall Director for that building.

The Living Learning Centers are located in the following Colleges/Quads:

- Community Service Learning: James College, H Quad
- Environmental Studies: Hendrix College, Roth Quad
- Health and Wellness: Schick College, Kelly Quad
- Human Sexual and Gender Development: Eisenhower College, Kelly
- Interdisciplinary Arts: Sanger College, Tabler Quad
- International Studies: Stimson College, Roosevelt Quad

- Leadership: Langmuir College, H Quad
- Media Arts: Douglass College, Tabler Quad
- Science and Engineering: Irving College, Mendelsohn Quad

Special Housing Communities

The Residence Halls offer a number of different living options to meet your individual needs. Among the specialized living communities at SB:

- **Quiet Lifestyle Communities:** Quiet Lifestyle Communities offer residents a living environment with expanded quiet hours. Residents of Quiet Lifestyle Communities are expected to refrain from noise-producing activities that extend beyond their room or suite between the hours of 8:00 p.m. and 10:00 a.m. daily.
- **24-Hour Quiet Communities:** Residents in 24-Hour Quiet Communities accept a living standard that supports strictly enforced quiet hours 24 hours each day, seven days each week.
- **Substance-Free and Smoke-Free Living Environments:** Substance-Free Communities provide students with a living option free of tobacco products, alcoholic beverages, and other substances. Smoke-Free Communities are those which prohibit the use of any tobacco products. While substance-free rooms and suites exist in every Residence Hall, there are also designated substance-free and smoke-free floors in some residential areas.
- **Modest Lifestyle Communities:** These living areas are 24-Hour Quiet and Substance/Smoke-Free, and do not permit opposite sex visitation.

Residential Dining

Three food service establishments are located in the Residence Halls: Roth Quad Food Court, Campus Connections at H Quad, and Kelly Quad Dining Center. Additional food service locations on campus include the Student Activities Center Food Court, The Bleacher Club in the Student Union, Jasmine in the Wang Center, The End of the Bridge Restaurant, and The Union Deli.

Residential Computing Centers

Each undergraduate Quad contains a Residential Computing Center accessible with your access/ID card. The Computer Centers are located as follows: Mendelsohn Quad—O’Neill College; H Quad—Benedict College; Roosevelt

Quad—Stimson College; Tabler Quad—Douglass College; Kelly Quad—Baruch College; West Quad—Building F.

Residential Kitchens

Each Residence Hall has a community kitchen for students who wish to cook meals or snacks. Some Residence Halls on campus contain additional cooking facilities and are designated as “cooking” buildings: James College in H Quad; Gershwin College in Roth Quad; Irving College in Mendelsohn Quad; and Hand College in Tabler Quad. The Apartment areas on campus offer full kitchens for cooking purposes.

Roommate Agreements

A Roommate Agreement serves as an understanding between roommates about issues that affect both. Do I like the windows open at night? Do I want guests in the room after 11:00 p.m.? Can I ask my roommate not to smoke in the room? How do we want to address problems or concerns with one another? Contact your RA to help you facilitate a written Roommate Agreement; it is an important exercise in communication and boundary-setting.

Community Living Agreements

A Community Living Agreement serves as an understanding between floor/suitemates about issues that affect everyone on the floor or in the suite. How do we want our suite/floor to be? How can we ensure a clean bathroom/kitchen/lounge? How do we address problems or concerns with one another? Your RA can help your floor/suite facilitate a written Community Living Agreement.

