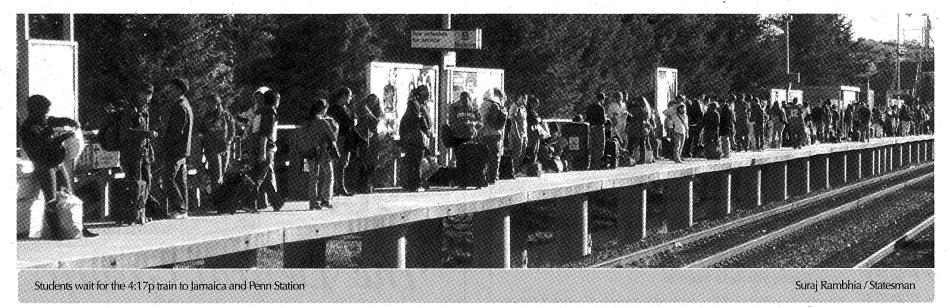
Statesman **VOLUME LI, ISSUE 12**

MONDAY, OCTOBER 15, 2007

SBSTATESMAN.ORG

POEM CORNER

Pg. 9



Hangman's Noose **Sparks Controversy** at Columbia

By LYNN HSIEH News Edito

A hangman's noose was found pinned to the door of an African-American professor's office at Columbia University's Teacher College last Tuesday. The office belonged to Madonna G. Constantine, 44, a professor of psychology and education at Teachers College. The police are currently investigating the incident, including testing the rope for DNA.

"I am upset that the Teachers College community has been exposed to such an unbelievably vile incident, and I would like us to stay strong in the face of such a blatant act of racism," Constantine said as she thanked supporters the next day during a student protest.

"Hanging the noose on my office door reeks of cowardice and fear on many levels. I want the perpetrator to know that I will not be silenced."

A colleague of Constantine, Prof. Marie Miville, who called it a "vile act," discovered the noose at about 9:15 a.m. Tuesday. Miville alerted Constantine's research partner, Derald Wing Sue, who contacted security and then phoned Constantine. "All I could hear was this long pause, silence at the end of the phone," he said after speaking to

Continued on page 5

The Little Engine That Doesn't LIRR Less Then Impressive In Students' Eyes

BY ADAM PECK Assistant News Editor

Going home for the weekend is common practice for students at Stony Brook University. The list of reasons for students to travel back home is indeed quite long: family, friends, free laundry. But one omission from that list is the commute.

The Long Island Rail Road is the busiest commuter railroad in North America, and the platform at the Stony Brook station on Friday afternoons acts as evidence to that. But students are finding that the commute is less than stellar.

Some of the many complaints involve issues with speed, frequency and price. To get from Stony Brook to Jamaica takes an hour and a half, to Penn Station an additional 25 minutes. Both trips when made by car take roughly an hour.

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One of the busiest trains, the 6:49pm to Penn Station, takes even longer than other trips into the city. At well over two hours,

When sophomore Jill Craver goes home, the difference in travel time is noticeable. "Its only a two and a half hour car ride but it turns into five hours, with [the LIRR] being the longest portion," she said of her commute to Orange County.

Craver's commute, like many who live in Westchester or Rockland counties, continues on the Metro North Railroad. And while similar issues arise with Metro North, the LIRR does not compare favorably with the similar sized commuter rail.

From Grand Central Terminal to Peekskill, a town a similar distance from New York as from Stony Brook to Penn Station, the train takes between 56 and 64

minutes, almost a full hour less than the LIRR takes to cover the same distance. And the train runs at least every hour, sometimes even more frequently.

The scheduling of the LIRR trains from Stony Brook is also an obstacle for many students. On Fridays, the train leaves roughly every hour and a half, with the two most populated trains being the 4:17pm and the 6:49pm. This can cause a problem for students taking afternoon classes.

Craver described such a situation. "I had to take the train home and I had to miss class because it was one of the last trains I could have made to be on time to Penn [Station], she said. "If it was every hour it would be better."

Students were puzzled when

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 - SPORTS: Cheating. Who Draws the Line?, Pg. 15

Blackboard Problems Continue at SB

By AISHA AKHTAR Web Editor

Instructional Computing has been managing recent problems that keep causing the Blackboard "electronic campus" website to crash. Blackboard serves as a tool for all students and faculty to obtain assignments, view grades, and communicate information from their classrooms outside their classrooms.

On the hardware end, Blackboard is managed by a web server, two application servers and a database.

According to an anonymous Instructional Computing technician, there are several reasons that Blackboard usually collapses. The most common reason is that one of the application servers is unable to cope with the demand for access to the site. The current way to deal with this problem is by manually restarting the server at the very moment that it fails. Since this is the most common problem, there is always a technician that is immediately alerted when the site is down.

Another issue, which was noted by the same anonymous Instructional Computing technician, is a "switch between the disks," or a disruption between firewalls and servers, that affected other servers like Sparky

Continued on page 5



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notos by Media Services, Bob O'Rourk, and Ray Ellis, East End Studio, Stony Brook University/SUNY is an affirmative,

KAPLAN)

Student Forecast:

Oct 15 - Oct 21

Monday:

High 66/Low 49 **Mostly Sunny**



Tuesday: High 65/Low 50 Partly Sunny / Chance of Showers at Night

Wednesdav: High 63/Low 51 Cloudy with a Chance of Showers



Thursday: High 67/Low 52 Mostly Cloudy with a Chance of Showers During Day / Some Cleasring at Night



Friday: High 69/Low 52 Partly Sunny with Clouds **Increasing at Night**

Saturday: High 66/Low 49 Mostly Cloudy with a **Chance of Showers**



(1)

High 63/Low 47 Chance of Showers in Morning, Partly Cloudy

The school week starts out beautifully as high pressure remains over the area. That will be bringing Stony Brook dry and seasonable conditions for Monday and much of Tuesday. However, unsettled weather is ex-pected for the rest of the week as a series of low pressure systems pass through the area, specifically from late Tuesday to Thursday and aturday. This prolonged period o unsettled weather will provide the chance of rain showers for the rest of the week, except for Friday, and exit for the beginning of next week.

Hospital News In Brief

By SARAH KANTHARIA Layout Editor

Stony Brook University Hospital Introduces New Chief Operating Officer

On October 12, Steven Strongwater, M.D., chief executive officer of Stony Brook University Hospital appointed Bruce Solomon, M.P.H., M.B.A., as chief operating officer. According to a recent press release, Solomon will be responsible for helping the university hospital complete the "Major Modernization Project" along with Strongwater. This will be the first major renovation and refurbishment of the hospital's interior since its ribbon cutting in 1980. For the project, the Emergency Department will be expanded and renovated, as will the Surgical Expansion and the Cancer and Imaging Center. Additionally, Solomon will assist in creating alliances with three east end hospitals in this area.

According to Dr. Strongwater, "Bruce brings strong administrative background as well as qualitative and quantitative skills to SBUMC. He has a proven track record working in academic medicine and providing leadership to large numbers of direct reports. Apart from his many accomplishments, he has an engaging personality."

Solomon joins SBUH with tremendous background in a healthcare administration. Previously, he served as a senior consultant for Harvard Medical International, a Harvard Medical School affiliate. There he led the development of a university-teaching hospital in Dubai, UAE with the capacity for 500 beds. He other credentials include previously being COO for the Cambridge Health Alliance (CHA), also part of the Harvard Medical School teaching system, which served as the public health department for the City of Cambridge, MA. As COO for the CHA, he oversaw three hospitals, 22 health centers, a physician organization and a Medicaid managed care organization.

On his welcome to SBUH Solomon said, "I was immediately attracted to the friendliness and helpfulness of everyone I met in an organization performing at a high level with huge opportunities for development and expansion."

SBU Hosted "Biomedical Technology for a Global Age" Symposium Attracts Top UN and **NCI Officials**

Stony Brook University the Biomedical Technology for a Global Age Symposium on September 26. As a joint effort among the College of Engineering and Applied Sciences, the Department of Technology and Society and the Center for Cancer Prevention, the symposium, according to an Oct. 2 press release, inited a discussion of the need for biomedical technology research in the 21st century from a global perspective.

The symposium featured speakers and guests of various influential backgrounds. Present were the Director General of the United Nations/Geneva, the President of the Geneva School of Diplomacy, the Deputy Director of the National Cancer Institute and the former Undersecretary of Commerce.

Ultimately, the symposium concluded that research in molecular medicine and advances in information technology can potentially enhance the medical care in nations around the world.

"There are many challenges to translating new technology into effective medical care based on these advances, both locally and globally," said Basil Rigas, M.D., director of the Center for Cancer Prevention at Stony Brook. Technology can provide a credible solution to the enormous healthcare needs of the world, but what is required is a coordinated effort to mobilize resources.

According to Sergei Ordzhonikidze, director general of United Nations/Geneva, just one percent of the funds used for worldwide expenditures of weaponry used instead for biomedical research could be produce a significant contribution towards securing sustainable solutions to healthcare issues. Anna Barker, Ph.D., Deputy Director, Advanced Technologies and Strategic Partnerships, National Cancer Institute, echoed · Ordzhonikidze's sentiments in suggesting that using research in biomedical technology for acquiring a system of preventative medicine is imperative in today's world.

The catalyst of change medicine, according to Dr. Barker's speech at the symposium, is the

News **Ohio School** Relives Columbine

By TEIAS GAWADE Arts and Entertainment Editor

A 14 year-old Ohio student shot two students and two teachers on Thursday, Oct. 11. The student, Asa H. Coon, was armed with two revolvers when he entered SuccessTech Academy, an alternative high school of 240 in Cleveland, Ohio.

The school's 26 surveillance cameras did not detect the armed student. The school's metal detectors, known to work intermittently, were not working that day. Also, it is believed that a classmate had let Coon into the building, according to Police Chief Michael McGrath. A preliminary investigation report claimed that Coon had entered the school through a five-story adjacent office building. He had changed clothes and possibly retrieved the weapons from a duffel bag inside the fourth-floor bathroom.

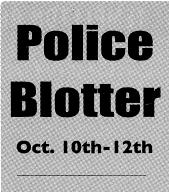
One of the students who was shot had punched Coon earlier when he ran into him in the bathroom. Another was walking up the stairs, while other students were fleeing the scene. In Coon's attempt to find an unspecified teacher, he shot another teacher walking into a classroom, and one other was injured in his attempt to help students off the floor. The wounded teacher remains hospitalized.

Coon had mental health problems and had spent time in two juvenile facilities. He had a juvenile record from a suspension last year because he had tried to harm a student. No further details were revealed.

Coon was not supposed to be in school on the day of the shooting. He had been suspended on Monday of the same week. Students reported that Coon had threatened to stab students and blow up the school. Coon, in a style reminiscent of the Columbine shooting in 1999, wore black clothes and a t-shirt of Marilyn Manson, who he said he worshiped more than God, and had black-painted fingernails.

The .38-caliber gun he fired at students was loaded with pellets. He shot himself after the four shootings in what was ruled a suicide. Coon also had a .22caliber revolver, a box of ammunition for both guns and three folding knives.

On the "Early Show" last



3

Car Accidents

Around 12:00PM on October 10th, a minor motor vehicle accident occurred in the Administration Building Loading Zone. Another minor accident occurred around 4:30PM in the Engineering Loop.

Marijuana

Around 12:00AM on the 11th, the smell of marijuana was found in Toscanini College. Smell was gone by the time the police arrived.

Suspicious Person

A suspicious male was found in the Library at 8:30AM on October 11th. The male was gone on police arrival.

Fight

A fight broke out around 3:00AM on the 12th near Benedict College. Upon police arrival the fight was broken up.

Denting Car

A girl committed criminal misconduct when she kicked a dent in the side of her boyfriend's car around 9:30AM on the 12th.

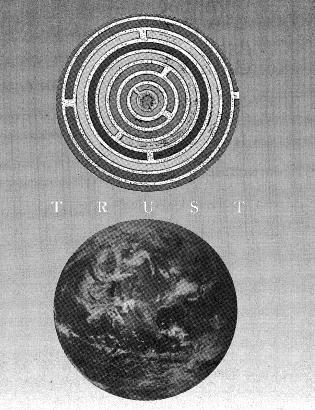
Trespassing

On the 5th level of the University Hospital, a room appeared to be trespassed around 8:10AM on September 14th. Property was found damaged, though nothing appeared to be stolen.

COMPILED BY BEN HAVASHI

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October 3

4

"Finitude, Trust, and Empathy" Guest Speaker: Lawrence Hatab, Louis I. Jaffe Professor and Chair, Department of Philosophy, Old Dominion University

October 10

"Faith, Trust, and Having a Future" Speaker: Peter Manchester, Professor of Philosophy, Stony Brook University

October 17

"Trust in e-science: Problems for Technology Design" Guest Speaker: Annamaria Carusi, Computing Laboratory, Oxford University

October 24

"Trust in Jewish, Christian, and Islamic Traditions" Guest Speaker: David Burrell, Theodore M. Hesburgh Professor in Philosophy and Religion, University of Notre Dame

October 30

"Intelligent Trust and Intelligent Accountability" Guest Speaker: Onora O'Neill Professor of Philosophy, Cambridge University President, British Academy 4:30 to 6:00 pm, Humanities Institute, Room 1006

For more information, visit www.stonybrook.edu/trust/

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November 6

"The Hermeneutics of Suspicion and the Heuristics of Trust" Guest Speaker: Martin Marty, Fairfax M. Cone Distinguished Service Professor Emeritus, University of Chicago, Stony Brook Templeton Fellow, 2007–2008 Charles B. Wang Chapel

November 14

"Trust, Scientific Expertise, and the Trend Toward Environmental Justice in Indian Country" Speaker: Kyle White, Graduate Student, Department of Philosophy, Stony Brook University

November 28

"The Split Subject—On Levinas" Guest Speaker: Simon Critchley, Professor of Philosophy, New School for Social Research, New York City

December 4

"Trust Across the Boundaries of Civil Order" Guest Speaker: Martin Marty, Fairfax M. Cone Distinguished Service Professor Emeritus, University of Chicago, Stony Brook Templeton Fellow 2007–2008

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The Stony Brook Statesman Monday, October 15, 2007

Ohio School Shooting Reopens Columbine Wounds

Continued from page 3

Thursday, a 15 year-old student, Rasheem Smith, said, "I told my friends in the class that he had a gun and stuff. We talked to the principal. She would try to get us all in the office, but it would always be too busy for it to happen."

responded to this, saying that the phone calls or answer messages. district would be investigating the incident. The city's spokesperson, Maureen Harper, said that Sanders would be presenting the city's mayor with a plan for additional security measures to identify problems among the student body. The school principal, of a second one.

School CEO Eugene Sanders Johneita Durant, did not return

As for security, MSNBC reported the president of SuccessTech's student-parent organization, Charles Blackwell saying that only one security guard worked because a lack of money prevented the placement

No Easy Train Ride

Continued from page 1

told that a more frequent schedule was already in place, but for Sundays. Between the hours of 2pm and 9pm, the busiest time for students leaving for home, the LIRR runs four trains to Penn Station on Fridays, but five on Sundays. The extra train leaves Stony Brook at 5:48pm, with the later trains pushed back a few minutes.

Perhaps the complaints of timeliness would be diminished if the price for the train were substantially lower. Unless students are able to score one of a select few discount LIRR tickets provided by the USG, they pay \$19 for a roundtrip off peak ticket.

Kelly Lang, a sophomore, echoed Craver's description of the

Stony Brook

LIRR prices as "high." "Metro North is cheaper," she added. Again comparing the Stony

Brook to Penn Station commute with the Peekskill to Grand Central one, that assessment holds true. A roundtrip Peekskill to Grand Central ticket is \$1.50 cheaper than a ticket to Stony Brook from Penn Station.

The response to the service of the LIRR was not all negative though. Freshman student Daniel Schwartz took a more positive stance on his trips to the Jamaica station in Queens. "I haven't really had a problem. It's pretty convenient. It's 15 minutes from my dorm, it's only an hour to get home, so I'm really happy that it's on the Stony Brook campus," he said.

Michael Yagudayev, a fellow freshman, also had no real qualms

with the frequency of the train. "It fits perfectly into my schedule, when I have classes and when I can make it here without having to run," he said on line waiting to buy a ticket for the 4:17pm train.

Whether students approve of the quality of service by the LIRR or not, all are in agreement that change would benefit the students at SBU. Many argue that the LIRR doesn't do enough to satisfy the students at Stony Brook, and some even feel that the MTA shows a negligible lack of concern for what is consistently the most used station on the Port Jefferson branch.

As Stony Brook continues to grow and attract top tier students, many are hoping that the LIRR and Stony Brook administrators negotiate a more friendly and efficient way for students to travel.

"It's very hard to obey dead-

Blackboard Crashes Are On The Mend

Continued from page 1

in addition to Blackboard.

"It seems blackboard goes down when we need it the most," Srinivas Sunkara, a junior, said. Such a complaint is natural when Blackboard goes down during midterms week. This semester, many course exams were scheduled for the first week of October, causing an overload of students to sign onto the blackboard site.

lines when you can't find out what homework is due the next day," Kate Furman, a junior, said.

Recently, the Instructional Computing technicians have taken steps to provide a lasting solution to Blackboard's crashing problems. They have incorporated duplicated application servers to prevent the servers from reaching a bandwidth threshold. If one server does reach that threshold, another server will compensate for the extra load of users.

Columbia Faces New Controversy

Continued from page 1

Constantine. According to the police, the noose was placed on the door sometime between 8 a.m and 9:15 a.m.

Although security cameras monitor the entrance to the building, there are none in the hallway where the noose was discovered. The 24-hour building is accessible only to those with a Teachers College ID card or other credentials said Joe Levine, executive director for external affairs at Teachers College.

University President Lee Bollinger denounced the incident.

'This is an assault on African Americans and therefore it is an assault on every one of us. I know I speak on behalf of every member of our communities in condemning this horrible action. I also want to express our full support of Teachers College and President Susan Furhman in dealing with this matter," Bollinger said in an email.

"I think the noose thing is despicable and disgraceful," Mayor Michael R. Bloomberg said.

According to the Columbia Spectator, Columbia's student newspaper, more than 150 undergraduates attended a meeting Tuesday night on campus, and more than 120 Teachers College students expressed their outrage at a gathering in the dining hall.

'I've been here two years and this [hate] just seems part of the culture and it's an ugly manifestation of the culture here at Columbia," Desiree Carver-Thomas, CC '09, said. "I'm wanting to get at the root of the culture and the problem rather than chasing after every event that happens on campus because that just runs us ragged."

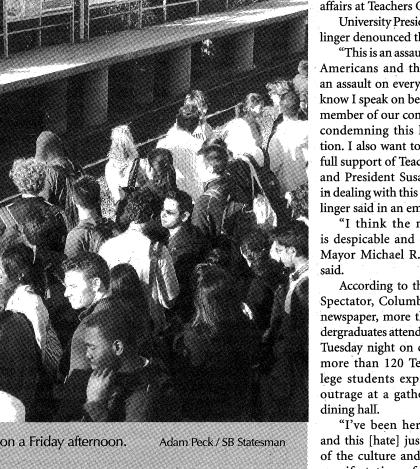
Students staged a protest the next day in support of Constantine. "No diversity, no university," chanted inflamed students.

The discovery of the hangman's noose strikes a chord with many, coming less than a year after the racial tensions that arose in the Jena Six case in Louisiana when students hung nooses from an oak tree after black students had sat under the tree traditionally reserved for white students. The white students who hung the nooses were suspended but not prosecuted. One of the white students was beaten three months later, and six black students were charged with attempted murder. Thousands of people protested the arrests.

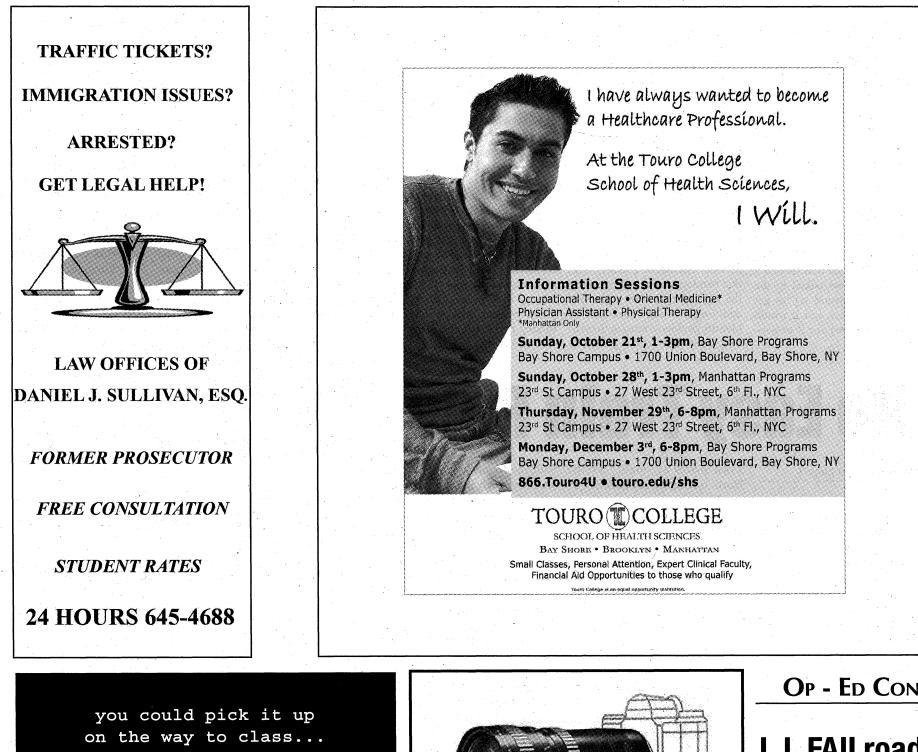
Columbia has recently been the subject of national attention for several other controversial incidents, most recently last month when Iranian President Mahmoud Ahmadinejad was invited to speak, prompting protests by groups angry about his statements questioning the existence of the Holocaust, and left students divided over the rights of free speech. Similarly, last fall, a group of students stormed a stage to silence a speech by Jim Gilchrist, the founder of the Minutemen group which radically opposes illegal immigration.

The Stony Brook Statesman Monday, October 15,

2007



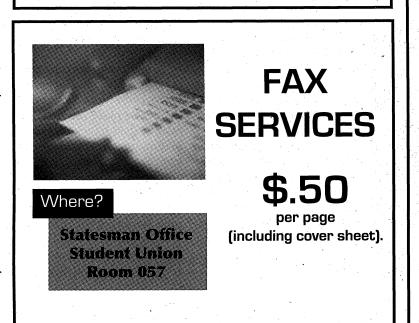
Students wait for the LIRR train to the city on a Friday afternoon.



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Op - ED CONT

L.I. FAILroad **Needs More Frequency** At SB

Continued from page 12

students. These ideas would cost the university very little, and the bus option would probably even bring in a profit. And at the very the least, the threat of alternatives to the LIRR would likely inspire MTA officials to make their train more appealing to students.

This university is looking to grow into a public university on a par with the biggest and most prestigious public institutions in the country. The administration makes no attempts to hide their desire to become the best SUNY school in New York. But if we cannot provide our current students with something as basic and fundamental like easy access to the city, whatever growth we may experience will be overshadowed by a deep dissatisfaction in student life. And people wonder why it is we ended up with the least happy students in the country.

6

SBUMC Pulse: New COO, Biomedical Technology Symposium, Minority Sleep Disorder Study

Continued from page 3

"convergence between molecular science and technology." She insisted that sharing scientific discover and exploiting the power of global communication is critical in making lasting advances. She envisioned the future of medicine where progress in biomedical technology would make possible medical care personalized according to genetic make up and risk of developing disease.

Furthermore, Newt Gingrich, former speaker of the U.S. House of Representatives, and chair of the Center for Health Transformation, lauded SBU for hosting the symposium in a recorded video message. He discussed the potential of technological advances

in medicine and what they would mean for healthcare on a global stage.

Recent SBUMC Study Links Unhealthy Sleep Patterns in Minorities to Poor Health.

A research study of the sleep patterns of some minority groups concluded that they may contribute to the health disparities between races. This study, led by Lauren Hale, Ph.D., assistant professor in the graduate program of public health at SBU, was published in the Sept. 1 issue of SLEEP, according to a recent press release.

Survey information from over 30,000 adult participants was used as data for this study. This information was collected by the NHIS from a nationwide pool of participants in 1990. The participants, grouped according to race, were asked about race/ethnicity, sleep duration, employment, income, health status, stress level, weight, exercise, smoking and residence.

African American and Hispanic survey participants were reported to have an increased risk for abnormal sleep durations. This includes a very long sleep time, usually over nine hours, and a short sleep time, or fewer than six hours. Self-reported Mexican Americans and non-Hispanic "others" were excluded from these results.

The results of the study indicate that individuals with abnormal sleep durations are at greater risk for morbidity and mortality than individuals that have a sleep duration that falls within normal limits. According to many experts, around seven hours of sleep every night is recommended for good health.

Furthermore, the study indicated that living in an inner city may also place individuals at greater risk for having short sleep times as opposed to living in nonurban residential areas.

Dr. Hale points to the need for members of disadvantaged communities to work multiple jobs or the loud noises and cramped social environment of an inner city as possible indicators of risk for abnormal sleep habits. "Inadequate or prolonged sleep durations may be due to an abundance of life stressors among racial minorities and residents of urban environments," she explains.

The study cannot identify a casual relationship between race/ ethnicity and sleep duration and ultimately poor health risk due to the nature of its cross-sectional analysis, according to Dr. Hale. The results are useful, however, in potentially identifying segments of the national population that may be at greater risk for sleep disorders.

"If sleep, in fact, is a mechanism through which some disadvantaged groups have poorer health, then developing or targeting interventions to improve sleep in these populations may work to reduce health disparities," explains Dr. Hale.

OP - ED CONTINUATIONS

More About the A.C.L.U.

Continued from page 12

in Philadelphia, a student was belittled by his teacher because he decided that he didn't want to wear a costume for the school's Halloween party because it went against his religious beliefs. This was one of those wear-what-we- I want to admit that I didn't retell-you-to-or-don't-come-at-all type parties; keep in mind that this kid was only ten years old, not twenty, not fifteen, but ten. Instead of dressing up like Freddy Kruger he dressed as Jesus...I'm not sure if I would've had the guts to dress like Jesus but this kid decided that if he was going to join the act, then he would do it in a way that didn't offend his family's beliefs. In the end, the principal of the school demanded he change in to something less dramatic.

Now that's just silly. How can someone be picked on for doing what is right in his or her own

eyes? It's not like the kid was waving his Bible around or performing exorcisms. That's the problem with the world today. If people don't succumb to the values of this day and age then jeeze, they must be off their rockers.

Before I start this paragraph member this horrific crime until I read about it in a book entitled "The ACLU vs. America" By Alan Sears and Craig Osten. Which is an outstanding read and I'd encourage you to pick it up. Anyway, I've been going over some notes and scribbling away trying to make sense of what happened to a little boy named Jeffrey Curley. I don't know if you've ever heard of him, so I'll try my best not to cry as I expand on my views about the A.C.L.U and its ferocious appetite to protect evil acts done to innocent people.

ber afternoon is unfolding and the fall air is making its way across the northeastern United States. The trees are turning a hundred different colors and all the children are brushing their teeth extra hard this month because free candy is almost on its way. It's a time when families get together and huddle around fireplaces; it's a time when little boys and girls are catching the bus to school to learn their ABC's and 123's. It's a prelude to winter and the wonderful holidays that most of us look forward to with great expectation.

But terror stalks the streets in this most wonderful time of year. Terror in a shape of two evil men dressed like regular humans. However, inside they are ravenous wolves seeking to devour others. Salvatore Sicari and Charlie Jaynes are out to do harm to a small boy of ten years playing innocently on the lawn of his Massachusetts home.

Without second thought they viciously take the boy into their car. When he cries out, they muffle him with a gasoline soaked rag. When he begs for them to stop, they kill him. Then they rape him. They put him in a cement tomb and toss his poor little body in the crashing waters of the Great Works River.

Guess where these two psychos Picture this. A beautiful Octo- went for help before planning this

blasphemy? A little place on the Internet called the North American Man/Boy Love Association or NAMBLA. Yea, they actually have a web page dedicated just for pedophiles! Charles Jaynes was a member of NAMBLA for at least a year before killing little Jeffrey. I don't know what's more sickening, the fact that such a website exits at all or the fact that this monster built his courage from reading blogs on such a site. The site contained information on how to hide from authorities if one was ever caught having sex with a child, where to go and how to scam the banks in order to get money to flee the country!

The parents of Jeffrey Curley went on to sue NAMBLA and the Internet Service Provider who provided NAMBLA with web space.

Guess who came to the defense of NAMBLA? You guessed it, the good ol' A.C.L.U! The Massachusetts Legal Director of the A.C.L.U chapter John Reinstein said this about the crime: "Regardless of whether people agree with or abhor NAMBLA's views, holding the organization responsible for crimes committed by others who read their materials would gravely endanger important First Amendment freedoms." That's the great protector of America at its best.

Did we all just hear that cor- Gabesthinktank@yahoo.com

rectly? It would gravely endanger important First Amendment freedoms? What about Jeff Curley's First amendment rights to grow up safe and in a loving environment! No, we live in a world where these pedophiles so easily walk among us!

I was never one for the death penalty. I always felt that only the one who created us had the right to take life away. After reading about this case, however, I wouldn't mind seeing those two fry in a chair. But no, they received life in prison and now we the taxpayers allow them to live comfortably in some cell while the family of Jeffrey Curley will never get over their loss. I dedicate this article to Jeffrey Curley and his parents.

I'm sorry Jeff. I'm sorry that evil goes unpunished in this world. While you're up in heaven, ask God to bestow forgiveness on us. Forgiveness for groups like the A.C.L.U that allow people like Salvatore Sicari and Charlie Jaynes to walk this earth and have the audacity to protect their right to live. But I ask you to remember to thank Him for organizations like the Alliance Defense Fund who work round the clock to redo what the A.C.L.U has so badly screwed up.



Peter Pan at Staller



Courtesy of Staller Center for the Arts

By REBECCA NEWMAN Staff Write

J.M. Barrie's "Peter Pan" is a great story and musical for children. Kids anywhere will always love the classic story about the little boy who won't grow up. In a way, Peter Pan himself embodies every child's fantasy: to stay young, to be able to fly, to bravely fight off bandits, and to live in a world unrestricted by parents and rules.

However, Barrie raises some interesting questions in his piece. Granted, Neverland, (Peter's home in the wild) is where every child wishes he could go, Peter Pan and his lost boys (they are all orphans) face many trials and tribulations of danger and uncertainty in this exotic, scary place. Even the term "Lost Boy" carries a negative connotation.

however, one lived in a safe, supervised home is presented as suffocating and inhospitable to "fun" and "freedom." Where does Barrie stand? Seeing Peter Pan as a more mature thinker can open these expressions are probably his eyes to the symbolism of the story and therefore make it fun to watch.

The Park Avenue Worldwide Group LLC production of "Peter Pan," with music by Mark Charlap and Jule Styne, and lyrics by Carolyn Leigh, Betty Comden, and Adolph Green, proved itself most popular with the child/family audience at the Staller Center for the Arts on Oct. 7 at 7:00 PM. The kids ate it all up; the acrobat-

ics, the oversized stuffed animals, and the harmless, yet catchy musical score.

As far a musical goes, "Peter Pan" at least had some potential. Songs like "Neverland," "I'm Fly-ing," and "Wendy" have the charm of legitimate, good old-fashioned show tunes. However, the version of "Neverland" in this production, performed by Brooke Stone as Peter, was too brassy and silly to be taken seriously both musically and dramatically.

Some of the actors in this show seemed overly conscious that they were performing children's theater and appeared to be acting out caricatures, or exaggerated versions of the character. Stone herself seemed to have clownlike, overly exuberant expressions which limited her emotions in the role of Peter.

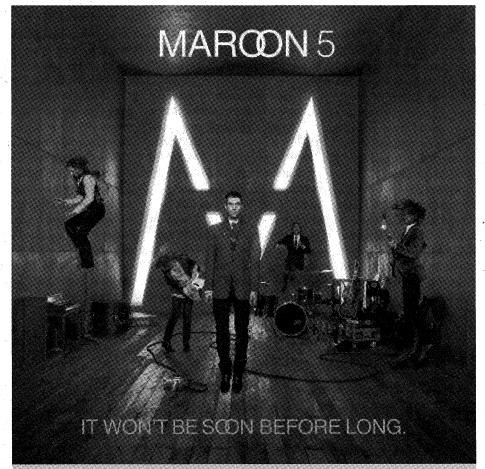
Tiger Lily, played by Brooke The alternative life for a child, Robyn Dairman, was an incredible dancer and pronounced her movements well, yet she too had exaggerated facial expressions throughout the performance. However, for a child audience, most effective and keep children engaged in the performance.

As for the Darling children, whom Peter invites to Neverland, gave mixed performances. Wendy, played by Mollie Voigt-Welch gave a strong performance and showed potential to be an appealing Broadway ingénue. John and Michael, Wendy's younger brothers, played by Daniel Smith

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IT WON'T BE SOON **BEFORE LONG**

Maroon 5 Shines. Period.



BY KWAME OPAM Staff Writer

Pop these days equates to the music you like, but deny to worldlier friends. The guilty pleasures that have you dancing in front of the mirror, blinds shut to judging eyes. Thank you, Britney Spears.

Maroon 5, on the other hand, seems to enjoy the distinction of being a pop band that even your art professor can enjoy. Bold statement, yes. But to get straight to the point, Maroon 5 is proof that to be mainstream doesn't always mean bubblegum girls in garters. Here is the exception to the rule. Here is your music with substance.

Call them innovative. It's hard to place where Maroon 5's sound lies in the grand scheme of things when they meld together so much so seamlessly. This is an eclectic listener's treasure trove; the band offers so much orally (while maintaining authenticity) that it's a wonder the CD itself doesn't explode in your stereo.

Everything that "Songs Won't Be Soon Before Long" is emotion, it begs tears.

for 2007 in a little black dress, adding a sharper edge and sex appeal to their already respectable style.

"If I Never See Your Face Again" opens the album and the listener to rock with funk inflection. The synthesizer accompanying lead singer Adam Levine's vocals recalls Prince - think "Raspberry Beret" had it shows throughout the work, it been meant for lounges and not Studio 54.

"Makes Me Wonder," the record's first single, was #1 on the Billboard Charts in May for good reason. Slick, sensual, and a shining example of their musical prowess, the album's only just started and you can't help but move.

Call them inventive. As the album progresses, one can see that the music and sharp lyrics concern those most familiar theme - love, heartache, and of course, sex - while going in still new directions.

Levine is quite the balladeer. Every song is personal, and yet powerfully resonant with the listener. "I Won't Go Home Without You," like it's elder sister "She Will Be about Jane" was in 2002, "It Loved," tells its story with such

Meanwhile, their music continues to push the envelope. In an interview with New. com.au. Levine said of the album, "It's a vast improvement, a step up - you can dance to it, there's a little more attitude." That attitude is borrowed from funk, electronica, jazz, soul, and R&B all at once and defining their sound.

Courtesy of A&M / Octone Records

The masterful "Kiwi" is only one must-hear on the album, but it deserves mention as it does all of what Levine describes and so well. Fastpaced, funky, and very sexy, it only proves the band's mastery of their craft. Even the bonus track, the arguable soul standard "Infatuation," is nothing short of inspired. Everything on this album works and works brilliantly.

Maroon 5 is in the vanguard of musical progression, but without pretension. Yes, they remain pop, but pop here implies popular and for all the right reasons. Pop for those seeking something new in their favorite section in FYE. Call them anything, but definitely call Maroon 5 music worth listening to.

Art in Death Ciudad Jarez Murders at SAC Gallery



The Border by Lydia Martin

By KRYSTAL SCHWEIMLER Contributing Writer

A new form of mass murdering, referred to as femicides, is occurring rapidly within our world today. Women, both young and old, are disappearing, only to be discovered dead, having been raped or tortured.

Some might even call these the lucky ones, because often, these women are never returned to their loved ones. Families are left hopeless, with their imaginations running rampant, filling in the tragic pieces of their daughter, their mother, or their sister's disappearance.

On Thursday, Oct. 4, an opening reception and a panel discussion was held at the Student Activities Center Gallery to promote this highly emotional topic. The exhibition was entitled "More Than 450 Women Have Been Murdered in Ciudad Juarez and 600 are Missing. All Since 1993."

A combined effort of several bodies resulted in the creation of this charging event. Curator Keith Miller has designed a simplistic, eye catching, inspirational and awe-filling experience to feature the works of several artists, including Patricia Yossen. Yossen's unique contribution includes six place settings containing desserts, set atop a white linen tablecloth in the middle of the gallery floor.

On Thursday, the panel discussed the "crime and injustice [that is] going on" in this area of the world, where a certain level of corruption and silence has developed. Eduardo Mendieta, a scholar from Latin America, spoke about the three archetypes of women in this society, and the consequences of their existence. Background was also offered on Mexico's culture and location, including its current political climate, social environment, and unsettled economic position.

A personal favorite was the piece entitled "Field," created by Ryan Sarah Murphy. It comprises of two large glass jars, connected at the mouthpieces, standing vertically on the supporting pedestal. Upon first glance, the eye is attracted to the uniqueness of the shape, and the pink cloth buried within the bottom jar. Although they are torn and dirty pieces of clothing beneath a smooth surface of dirt, they quickly become a heave-full of crumbled, rocky debris.

Murphy explained, "I wanted to make a piece that suggests both exposure and concealment, a transparent container that both displays and obscures the content within...It is my hope that this piece conveys an uneasy sense of compression, suffocation and solemn anonymity." And that it does.

Krystal Schweimler/SB Statesman

Increased concern has risen because of the labor put forth by many organizations involved in the dissemination of this tragic information. Many ask, "What can I do to help?" Simply understanding the reality of what is happening, as well as spreading the information about these injustices, is good enough in itself.

Becoming actively involved is another option. There have been many instances where the press has been notified, and getting the media involved can be a step in the right direction. Legal support and local, as well as national, governmental involvement can also create positive results.

For more information on how to get involved, contact the associations involved with this exhibit. These include Sigma Lambda Upsilon, Senoritas Latinas Unidas Sorority, Inc., and the Latin American and Caribbean Studies department (LACS).

Additional information (on the murders) can also be found on the web, at www.mujeresdujuarez.org. An in-depth description of the exhibit, containing links to each of the artists involved, and images of their works, is located on the Gallery's website: http://studentaffairs. stonybrook.edu/sacgallery/index.jsp. The exhibit runs until Nov. 4.

Corner Arbitrary Garden for Kathleen Kern

By JON PLAISTED Contributing Writer

The door to the office is now closed,

Poet's

and the round school clock ticks, last seconds, beginnings.. as the wastebasket begins to overflow with yellow-lined fits and starts, spent ammo

that missed its target, some with one word, a line, a stanza, some full sheets stillborn. Muse? How does one say goodbye to a friend:

"Those who know don't speak; Those who speak don't know."

So it is with some human beings, those who share poems and pet stories,

who are conscious of another calendar,

and each other. Kathleen, come back

and tell me what it's like to be an electron, small and intense, so thin.

Will you be invisible the whole day,

will your eyes go soft and wet with new mysteries, possibilities? Are you tired after so many years

teaching over and over the secrets of writing: Read and Write.

Tired of attendees listening to every word, praying for recognition and affirmation? I struggle to find the words to say how sad is my reflection in this office window, but how glad

to imagine you under a straw hat in an arbitrary garden, a lady bug in hand,

a little dog at your feet, a table nearby

with flowers and an open book, each line

breaking off a bit of the world, while

you pursue your own black on white.

Every writer creates his own language,

so I finally find the words: friendship

is like a river that is always splitting

up into arms that reunite, friends are ageless, more alive than the living,

set apart from the others in our lives.

Peter Pan at Staller

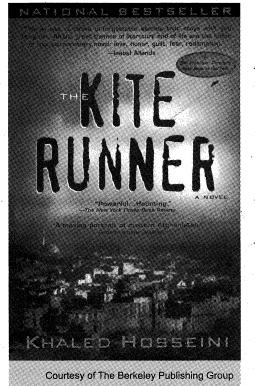
Continued from page 8

and Michael Kelleher, gave unsteady performances and didn't seem to be really engaged in their roles. There were times that they seemed to be merely playing a game instead of actually acting out a part on stage.

"Peter Pan" is a timeless story about a child's inner battle between freedom and safety. For a child, it is exciting, somewhat scary, and entertaining. For an adult, it is thought provoking, clever, and still entertaining. A really great production of the musical can showcase those qualities and prove to be a worthwhile event.

This production was scratching at the surface of a piece with potential. With strong actors who have dramatic range, "Peter Pan" could prove itself to be both aesthetically pleasing and philosophical therefore making it a musical for anyone to enjoy.

On the Bookshelf: THE KITE RUNNER



STATESART BY TALIA EAPEN

371 PAGES

BY

KHALED

HOSSEINI

PUBLISHER: THE BERKLEY PUBLISHING GROUP (2003)

By QUDSIA HUSSAIN Contributing Writer

It is with great detail and heart that Khaled Hosseini writes his captivating novel, The Kite Runner. It is an endearing story of a young, Afghani man on a search for salvation for a past sin that constantly plagues him. In his search, he encounters many obstacles concerning love, truth, valor and the decay of his homeland, Afghanistan.

The young narrator, Amir, starts the novel by telling a compelling account of his relationship with his servant's son, Hassan. Hassan is every piece of Amir's childhood. They read together, fly kites together and yet live two completely distinct lives. Hassan lives in a muddy shack while Amir lives in a palace with his elite father.

Hassan's social status makes him an outcast to Afghan society, thus he is forced to stay at home and labor while Amir receives an education. It is apparent, that Amir envies Hassan because Hassan is aware of his identity and his niche in life. Amir can't identify himself as he struggles with the clash between his father's expectations and his own interests.

Hassan is never troubled by the unfortunate cards that he is dealt. His optimism and candor at such a young age make him a saint. The young and often mischievous, Amir, takes advantage of Hassan's loyalty at times, but still Hassan's devotion proves

to be unyielding.

Unlike many fiction novels, Amir is not your typical main character hero. He is not courageous and he is morally flawed. When Hassan falls into the hands of danger, Amir neglects his duty as a companion and fails to defend him. This moment of weakness changes Amir's life forever.

About the same time that Amir's childhood and innocence is robbed from him, civil war breaks out in Afghanistan. Amir and his father flee to America and establish a new life. Years later, by the request of an ailing friend, Amir returns to his native soil to find it in ruins under the oppressive rule of the Taliban.

It is here where the reader's emotions are tried the most. The dramatic details of the public execution of innocent civilians' leaves one feeling utterly horrified. Amir says of the kids exposed to this dark and vile way of life, "There are a lot of children in Afghanistan, but little childhood."

With his return to Afghanistan, Amir is determined not to lose the one last chance at redeeming himself to Hassan. The twists and turns in his mission make the book incredibly suspenseful and hard to put down.

When Amir laughs, the reader smiles and when Amir cries, it is hard not to be upset. Hosseini's use of vivid images and descriptions allow The Kite Runner to be more than a thrilling movie for the mind.

Aa Bb Cc Dd Ee Ff An Bb Cc Dd Ee Ff Gg H PEVON CAN YOU HELP JIMMMY PICK UP HIS GUB BLOCKS? BLOCKS

Artistic? Poetic? Soulful? Creative Write for us. Email arts@sbstatesman.org

Googele Ron Paul

Change Your Regimen!

Continued from page 13

ten pushups. Wait until the minute is up, and then perform five pull-ups. After that minute is up, get back down and do ten push-ups. Continue in this manner, alternating exercises every minute for at least a half an hour, after which you will have completed 150 push-ups and 75 pull-ups. If you have another half an hour, you can perform other exercises to create a total body workout, such as sit-ups and bodyweight squats. You can add another exercise into the mix and perform the workout for 45 minutes. Mix and match exercises and repetition numbers to see what works for you, as you would with pyramids.

Tabata Method

The Tabata method is a daunting workout that requires a great deal of both mental and physical endurance to complete. The workout lasts a whopping four minutes, but believe me, the first time you do this workout, those four minutes will probably be among the hardest of your life. Basically, you take a selected exercise and perform AS MANY **REPETITIONS AS POSSIBLE** for twenty seconds. Rest ten seconds, then repeat this series seven more times, alternating between work and rest periods. When choosing an exercise to use with the Tabata method, pick one that involves as many muscle groups as possible. The one exercise I recommend for the Tabata method is the Thruster. To perform Thrusters, you will need two "light" dumbbells. I say "light" because you will not want to go for four minutes with twenty plus pounds in your hands, especially when you first try this workout. Five to ten pounds is what I would recommend for starters. Begin by placing the dumbbells at shoulder level

so that your palms are facing in front of you. While keeping your back straight, squat down with the dumbbells still at your shoulders. Now, in one continuous motion, rise up and press the dumbbells over your head, locking out your arms. Now squat back down, bringing the dumbbells back down to shoulder level, and repeat. At the end of each twenty second period, you can put the dumbbells down, but it is ES-SENTIAL that you stick to the rest and work periods stated. It helps to have a wall clock to keep track of your time so you can easily see how many seconds you have to go for each set. After your four minutes are up, your heart will feel as if it's going to burst out of your chest. Enjoy the pain.

Greasing the Groove

Promoted passionately by Russian strength expert Pavel Tsatsouline, "greasing the groove" is the ultimate program for people who can't seem to find any time for the gym but who want to see their numbers in their chosen exercises go through the roof. When you 'grease the groove" you basically practice your chosen exercise throughout the day over multiple sets, however you do not come anywhere near muscular failure during any of these sets. The multiple "practice" sets that you perform throughout the day will ultimately improve vour body's neuromuscular response when it comes to doing maximum effort sets. To begin, pick one exercise you can perform throughout the day. Bodyweight exercises are ideal for this method of training as they require little or no equipment. Let's say you choose the push-up. Throughout the day, perform half the amount of your maximum amount of repetitions. For example, if you can do a max set of 20 pushups, your sets throughout the day will consist of 10 repetitions. There are five principles that you must keep in mind when greasing the groove:

1. Choose no more than two exercises to perform throughout the day.

2. NEVER train to failure. 3. Perform sets frequently throughout the day (i.e. every hour or two).

4. Use perfect form on each of your repetitions.

5. Every few weeks, perform variations of your chosen exercise(s) to keep things

fresh.

Deck of Cards

Who knew a deck of cards could be so painful? For this workout, all you need is a regular deck of 52 playing cards. Every card in the deck will correspond to a particular number of repetitions for a certain exercise. Since there are both red and black cards, it is advised that you choose two exercises that you are able to perform high repetitions of. Begin the workout by taking a card from the top of the deck. For red cards, you'll do push-ups, and for black, you'll do squats. The number value on each card will determine how many repetitions you'll do. Face cards call for ten repetitions, while aces call for 11. Jokers are wild and call for 20 repetitions. You should strive to complete the deck as fast as possible. If you are craving for some extra pain, perform the workout as prescribed, only do twice the number of squats as each card indicates.

Whenever you start to feel like you need to shake things up in your fitness regimen, add one of these workouts to your routine and see where it takes vou. Don't be afraid to tailor each workout to your specific level of fitness.

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in taxes. This is something the founding fathers never intended in the original draft of the Constitution. The U.S. was founded on principles of personal liberties, including the right to keep what we earn. This means the IRS will be abolished under the Paul administration. By eliminating income tax, we increase amount of money being spent, saved and invested by the public.

Basically, the Paul position is that government is dipping its hand into the citizens' pocket, and in doing so is exerting control that it was never meant to have. This level of control is ultimately harming our economy, even if we think it may be helping. And indeed, the predictions described by Ron Paul's economic theory are coming true. Paul described the current situation. where U.S. dollar is devaluing against foreign currency over two vears ago.

Also on the list of cut bureaucracy are social welfare programs and all forms of nationalized health care. He believes that these forms of services are performed better when left to a free market and that it is not the responsibility of the federal government to provide them.

Also, increasing reliance on the federal government gives more control to the federal government, which decreases personal freedoms. According to Paul, "Voluntary charities also promote self-reliance, but government welfare programs foster dependency."

Paul has shown by his extensive voting record in Congress that he believes and will stick to these principles. He advocates limiting congressional stipends and imposing term limits and he has never accepted a pension for his services in government. Personally, as an OB/GYN he has never accepted nationalized health insurance to perform a

medical procedure, instead he works for free.

Paul advocates a non-interventionist foreign policy and a return to constitutional principles regarding warfare; only Congress can declare war, and only then in times of self-defense. He supports diplomatic solutions to global conflict. Paul was the only Republican to vote against authorizing the war in Iraq and continues to oppose U.S. presence there. Traditionally, the Republicans have won elections based on promises to end unpopular wars, Nixon and the Vietnam War, for example.

Ron Paul wants to leave Iraq as soon as possible, saying that it is nearly impossible for our presence to improve the situation in Iraq, and that is the fault of those who took U.S. to Iraq if the situation worsens when we leave. The preservation of American lives is paramount and there is no reason for Americans to take any more Iraqi lives.

Ron Paul appeals to myself and to others who are simply fed up with the current system of government. We are tired of the overspending, of politicians placing their lovalties to special interests and corporate entities instead of the American people. We are tired of dishonest politicians, of the lies and corruption. We are tired of endless, unjustified war that only exacerbates the problems they claim are being solved. We are tired of stagnation in government. If you're tired too, then "Google Ron Paul."

Here I have described, in brief, just a few of Ron Paul's complex political positions, foreign and domestic. I encourage everyone to find out about his policies from the source.

I entreat and challenge readers to learn about Paul and to compare his voting records to other candidates. Decide for yourself which candidate to suppe honest with yourselves and make an informed decision.

Yankees' Season Ends

Continued from page 13

age has finally caught up to him, reporters fire quizzical missives at a calm, reassuring Joe Torre, then get hot again as Alex Rodriguez carries them to the playoffs. of writers.

They win the AL East and order is restored. The playoffs begin with gate, Rivera at age 38 seems as if an up and coming team setting their sights on Andy Pettitte and the legendary New York Yankees.

End scene. And the rest? Well, the Yankees get hot, then falter, it will be decided out on the field and, thankfully, not in the minds

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The Statesman encourages readers to submit opinions and commentaries to the following address:

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WHO WE ARE

The Stony Brook Statesman was founded as "The Sucolian" in 1957 at Oyster Bay, the original site of Stony Brook University. In 1975 "The Statesman" was incorporated as a not-for-profit, student-run organization. Its editorial board, writing, and photography staff are student volunteers while its business staff are professionals.

The Stony Brook Statesman is published twice-weekly on Mondays and Thursdays throughout the fall and spring semesters.

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L.I. FAILroad **Needs More** Frequency At SB

For a school that lays claims to the bountiful resources of New York City, Stony Brook is doing very little to help students get there. It is irresponsible, deceitful even, to sell SBU to students as a campus that is easily accessible to New York, when the truth of the matter is, students at the University of Delaware—more than twice as far from the city as we are-can take the bus and end up at Penn Station in roughly the same amount of time it takes Stony Brook students to get there by train.

Of course, it is unfair to lay blame on Stony Brook entirely. In fact, most of the blame belongs to the Metropolitan Transportation Authority. But we find it hard to believe that should the administration at SBU approach officials at the MTA and ask for changes, nothing would happen. Stony Brook students are paying a hefty price both in time wasted and money spent.

It's a shame, really. Forget those that go home on the weekends for a minute. If students really did have easy access to the city and all that it has to offer, the learning experience for students could be exponentially more fulfilling and rewarding. Art teachers could have students study paintings in depth, the school of journalism could bring budding reporters to the newsrooms of the New York Times or the Associated Press, history students could reap the breadth of knowledge at the nation's biggest museum dedicated to their major. And students who don't have the luxury of a home close by could explore the neighborhoods and markets on the weekends, without wasting four hours getting there and back. What could the university

really do? More than you might think. Let us assume that talks with the MTA fell through. What about buses? A coach bus that could transport 60 people in less time than the train might even cost less. Or how about a ride board? Students can rely on Craigslist to an extent to find rides into the city, but if the university decided to have a reliable ride board of their own, surely it would attract more

Continued on page 6

Google Ron Paul

By ZACH KURTZ **Contributing Writer**

An East Village rooftop in New York City displays a message painted in four foot high, white letters that can be seen from above by passengers in departing planes. This message, which says 'Google Ron Paul," pleads with the public to discover for themselves one of the most interesting phenomena in political history. If you use the Internet, then you may already know about it.

Ron Paul is an OB/GYNturned-Republican-Senator from Texas currently serving in his tenth term of Congress. For most of you, however, Ron Paul is probably just another idle second-tier candidate wasting his time running in the 2008 presidential election.

At least, that's what you'd think if you listen only to the Gallup polls, where he has gathered just 4% of the registered Republican votes. However, if you look at other sources, you'd notice quite a different trend: Paul is ahead in polls -- way ahead.

Paul has generated the most Internet buzz of all the candidates, in either party. He is, statistically, the most referenced candidate in the blogosphere, the candidate with the most YouTube subscribers (over 30,000).

He has, by online voter polls and text message votes, won four out the last five televised Republican national debates, is behind only Fred Thompson in the straw polls and has, by individual contributions, raised as much money as other "first tier" candidates.

The Ron Paul phenomenon has taken the form of a grassroots campaign by way of the Internet. The world of alternate media, where people can listen to candidates' messages first hand through sites like YouTube, have allowed certain candidates without as much campaign funds or mainstream media attention to gain a foothold with the American public.

New ideas can be communicated at lightning speed and still avoid the "taint" of the big networks. The users of these mediums, though their cultural and political backgrounds are as diverse as the rest of the nation, seem to be coming to a similar grand conclusion. That is, Paul would make a great President

in 2008

What makes Paul unique that he has merited such a large and devoted following? He has held the same political ideas since he entered politics back in the 1970s, but what makes his libertarian/classically conservative message so appealing now?

One reason, as previously described, is the Internet, which has made his views more accessible to the general public. But, the more general analysis is that, more then any other candidate, Paul inspires passion with his sincere promises of political change.

You do not have to be heavy into politics to see that most of the current candidates are the same. Each candidate uses their prepackaged, cued talking points and buzzwords along the party lines, with only minor variations in their messages.

When picking a candidate to support, it has become more a matter of choosing the lesser of two evils than finding a candidate that resonates. For the 2008 election at least, instead of throwing your vote away, why don't you find out more about the candidates? Think to yourself, is there a candidate that will actually deliver promises? Is there a candidate that will enact changes that will actually make improvements?

If you remember nothing else about him, remember that Paul is a man who believes in changing, from the ground up, the way we think about government.

Large, expensive bureaucracies, which currently dominate government (and threaten to increase socially should a Democrat obtain power, military if a Republican) will be thrown out under the Paul administration. Instead, you will see a return to private institution, power relinquished to state and local governments as well as an increase in individual responsibility for personal well being.

This reduction of a centralized federal government is what our founding fathers had in mind when this great nation was created, and a return to strict adherence to the Constitution is what this country needs to get back on track, economically and politically.

The government currently takes close to half our income

More About the A.C.L.U.

By GABE FARACI Columnist

I'll be honest with you guys. After reading my own article in Monday's issue I found myself choked up. I had to come to terms with the fact that I now have a major responsibility. I'm responsible to my readers, to my friends and to all those who have been knocked down by the A.C.L.U.

I have to stand for hundreds and maybe even thousands of people who've been burdened by the thought that they can't express their freedom of speech, freedom of religion, and more importantly, their freedom to live the life they want to live without worrying about "Big Brother" looking over their shoulders.

It's a sad day in this country when certain opinions and sentiments can't be shared. It's a crying shame when kids in Harrisonburg, VA try to hand out pro-life leaflets after school and are subject to disapproval by their principals. In a country that approves the killing of millions of innocent babies a year, one young man tried to break the mold and due his part in changing the minds of would-be abortionists.

Mr. Andrew Raker stood silent on the national Pro-Life Day of Silent Solidarity and prayed that someone would choose life over death, freedom over shackles. I wasn't there when he performed this courageous act but I can say without any doubt that some young pregnant woman took notice, smiled and rubbed her belly. I will not doubt that she made a life altering decision to keep her baby.

Thank God for the Alliance Defense Fund. They are the bullies who bully the biggest bully of them all. They are the ledi to Darth Vader; they're light to the darkness. They will not stand by and watch as our first amendment right is shredded into thin air. They will not sit back and let the government dictate what we can and can't do as American citizens.

I find it intriguing that in a world hypnotized by blood, gore, devils and imps, a person of authority would attack someone trying to stand up for his beliefs. Take this case for example: At the Willow Hill Elementary school

Yankees Not Dead Yet

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suspension meaning a lifetime ban from baseball. The horror was truly unprecedented in... what? Hold on. I'm sorry. It's my editor. This is very unprofessional and embarrassing. What's that? What? No way. Are you serious? You're not pulling my leg? You're not joshing? Am I being Punk'd?! None of this happened? The Yankees aren't decimated, broken, and in danger of being contracted?

If you had the misfortune of listening to or reading what anyone had to say about the state of the Yankees this past week you would have been led to believe that the Yankees no longer had the capability to win baseball games. From talking heads to quality sportswriters, everybody took turns hitting the Yankees while they were down. This is fine in one respect. It's the nature of the 24-hour sports world. In the same way that vultures swoop down to pick the last morsel of meat off a bone, analysts want to bludgeon you with their opinion and then move on to the next juicy story. There's only one small itsy-bitsy, teeny-weeny caveat to this particular story. It was overblown and lacked a lot of what some in the business call truth. You know, honest to goodness facts?

Allow me to expound. Alex Rodriguez, Mariano Rivera, Andy Pettitte, Jorge Posada, Bobby Abreu, and yes Joe Torre all could be gone next year. This could happen. I also could conceivably win America's Next Top Model if the contest was looking for inordinately attractive if not slightly overweight males. These are the New York Yankees people! There's a reason most of the country hates them. If these players are not on the roster next year (or in Torre's case, managing) it is because the team decided to go without them. That decision may turn out to be wrong but these players are not interlocking elbows as they march out of the stadium, the city, and our collective hearts. If A-Rod leaves he will be the first player to leave New York at the top of his game since.... well since no one! He will be the first player to ever do this in history. Unless the Yankees try to sign Rivera and Posada to minor league contracts or the first ever play for food baseball contract they will return. The Yankees have a team option on Bobby Abreu. He is the #3 hitter in the lineup, a cushy spot batting in front of A-Rod and if he goes it will be because they get in on the bidding for a top outfield free agent this off-season. Then there's Pettitte. He has a player option and could decide to leave but evidence suggests they will do everything in their power to persuade him to return. The Yankees struggled to find a big game pitcher after he left the first time and their resigning of him signaled an acknowledgment of this mistake.

Last but not least there's loe Torre. I've been a Yankee fan since I can remember and when I was ten years old the Yanks decided on Joe Torre as their manager. The Daily News headline read "Clueless Joe" and people's expectations weren't too high. Four World Championships, six pennants, and 12 playoff appearances later they're considering firing him? My brain hurts. I have dendrites misfiring all over the place. What?! Is the success a little too much? Maybe some hard times would be fun to shake things up? Make people around the country rally around the defenseless 4th place Yankees?

The Torre Job watch was foolishly initiated by George Steinbrenner and its fires fanned by story-hungry sports writers who left common sense and short term memory at the door. Does no one remember last year? The Yankees had flamed out even worse, losing three straight to the Detroit Tigers after winning the first game of the season. There was a viable, respected, and New York proven replacement in Lou Piniella. Cooler heads prevailed and Joe Torre remained as manager. It won't be any different this time.

As you can see Yankee loathers around the country will not be able to see the downfall of the Yankees. The team is licking its wounds now, but, allow me to paint a picture for you. In my infinite wisdom I can give you a rather accurate depiction of the 2008 Yankee season. The team starts slow out of the

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What is Cheating?

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Baseball players watch players' trends, how a pitch is thrown, and even a batter's swing. Hockey players watch film on goaltenders to determine their strengths and weaknesses, and how well they skate.

As in the NFL, these leagues say it's OK to use film to gain an advantage. The question is, Is it right?

We can go as far as to say cheating goes all the way to the grounds crew. The way a baseball team rakes their field may help a bunted ball to stay fair, or go foul. In 2005, when USC visited South Bend, Indiana and the Notre Dame Fighting Irish, it was said that the grounds crew left the grass "extra long" to slow down USC star Reggie Bush.

Cheating can happen anytime, by anyone on the playing field. Last time I watched a ers on the field. Coaches teach and help players perform. They come up with plays that will work against their opponent. As long as players are on the field, they still have to execute the play. You can tell a defense what play you are running, or a batter what pitch is being thrown, but it is put on that athlete to still perform at a high enough level to accomplish the goal. Coaches still have to properly break down the film as well. Anyone can tape what the plays are, but using them to an advantage is the important part for any team

football game, I still saw play-

If the NFL is going to lay down laws about using film to gain a competitive advantage, then make it cut-and-dry, Either allow coaches to use film however they wish, or do not let them use any type of film at all.

#1 & 2 Upset on Same Day

Continued from page 16 goal entering the game was 45

yards. He was unsuccessful, with his kick going slightly wide left, sending the game to overtime.

In the first overtime, LSU and Kentucky swapped touchdowns. In the second overtime, both offenses kicked field goals. Then, in the third overtime, Kentucky finally pulled out the victory. After a costly holding penalty by LSU that extended their drive, Kentucky's Heisman hopeful Andre Woodson found Steve Johnson in the end-zone to give them a six point lead. Since it was the third overtime, the Wildcat offense had to go for the two point conversion, but they couldn't convert. However it didn't matter. LSU couldn't even get a first down on their drive, and Kentucky was declared the victor.

California loses to Oregon State 31-28

Just as LSU was dethroned from the top of college football, its possible successor, California, was also upset not long after. Coming into the game ranked second in the country, the Golden Bears were likely to become the number one team in the country as long as they won. However, for the first time in over 10 years, the number one and two ranked teams both lost on the same day, with Cal falling at home to the Oregon State Beavers. The Beavers held off a late charge by Cal to pick up the 31-28 win.

Brandon's Fitness

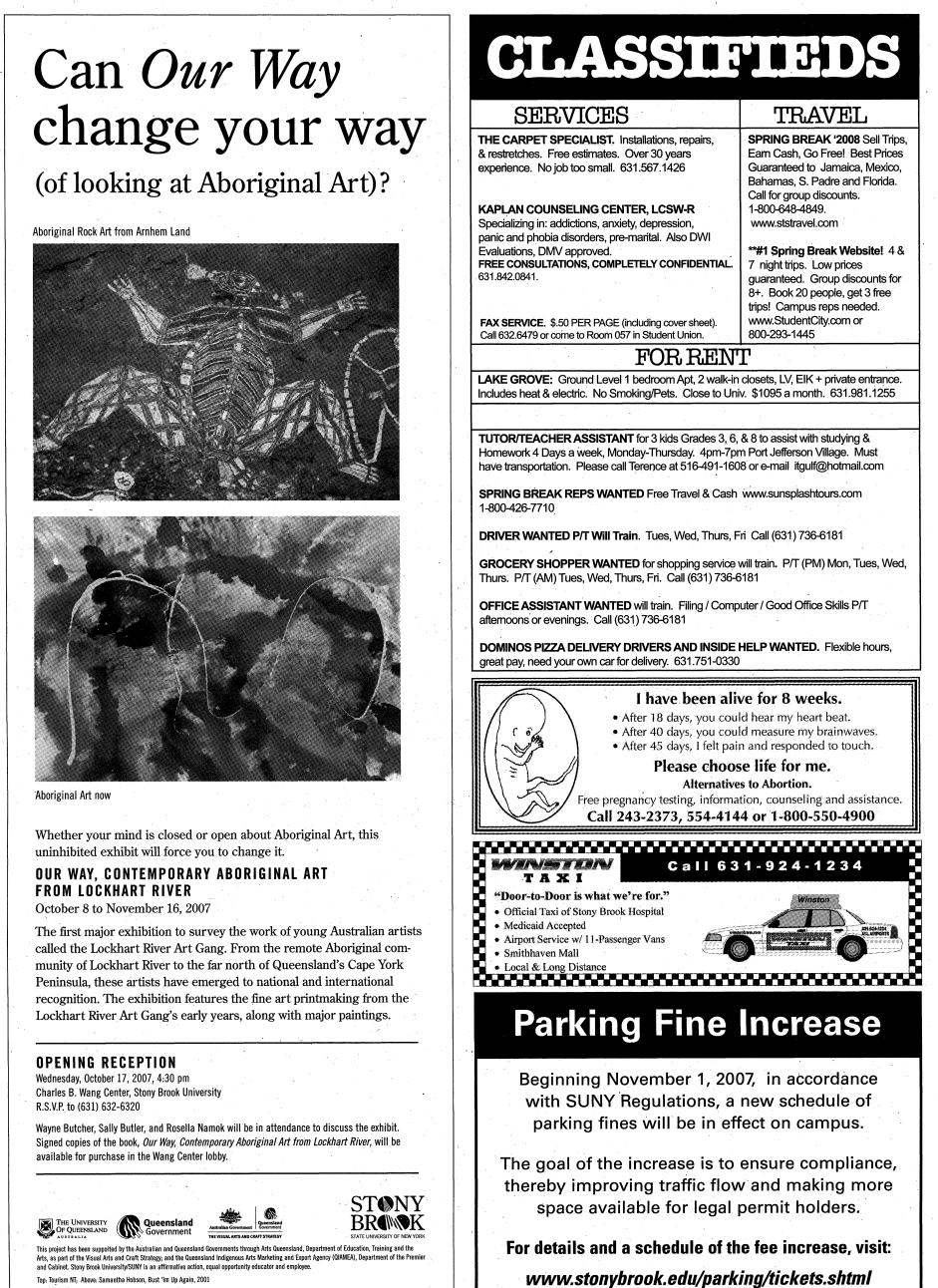
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back down once you reach your peak, or top "rung." Each progressive rung on the ladder requires you to perform one more repetition than the previous. Once again using pull-ups as an example, begin by performing one pull-up. Drop from the bar and take a brief rest. Get back on the bar and do two pullups. Rest again. Continue in this manner until you come close to muscular failure. Take a rest for a few minutes then start back at the bottom of the ladder. You can repeat this sequence as many times as you wish, however, keep in mind that the numbers will add up quickly. Additionally, it is best to stop about one or two rungs from failure. So, if you can typically make it up to the tenth rung on the ladder, stop at the eighth or ninth. Ladders are ideally done with a partner, where rest periods are dictated by the amount of time a partner is on the bar. If you don't have a partner, use your own judgment to determine how long you should rest. Additional exercises can also be paired with your main exercise on each rung. I personally enjoy doing ladders with pull-ups and push-ups.

One-Minute Volume Method

The focus of the one-minute volume method of training is just that; the volume of the exercises performed, or the total amount of work completed. In weightlifting, this is calculated by multiplying the amount of weight lifted by the number of sets performed, then multiplying that figure by the number of repetitions performed. Each set in this workout will consist of a low number of repetitions, which will allow you to concentrate on your form and avoid overtraining. For this method, you need a stopwatch or a wall clock to keep track of time. Using our old standbys, the pull-up and the push-up, begin by starting your stopwatch and doing

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Cheating -Who draws the line?

By KEITH KOBASIUK Contributing Writer

On a Sunday in early September, a coach was taping signals during a football game. 56 years prior in August, a baseball team was on an improbable run of coming back from 13 ½ games back in the standings to win the pennant.

That coach was taping for Bill Belichick, the head coach of the New England Patriots of the National Football League. He was taping defensive calls that the coach for the New York Jets was giving to his defense. The New York Giants baseball club in 1951 was accused of stealing signs from teams, and flashing lights on the scoreboard in the outfield to inform the batter what pitch was being thrown. Apparently, this was going too far, just as taping coaches on the sideline was. The Giants were never caught or penalized for doing this.

What is cheating? Since sports began, cheating has always been an option. To gain an advantage over your opponent is of the most importance. To know what the play is, what the pitch is, or who is playing or not can give any coach an advantage, but what's cheating and what's good preparation?

During a professional football game, plays are being taped. Defenses are being taped, so when a quarterback goes back to the sideline, he can talk about the coverage he is seeing. The week before in practice, the scout team is running plays against the defensive starters. These are the plays that the Jets run. Yes, the identical plays. So, is this cheating?

The NFL came down hard on Bill Belichick and the Patriots. Belichick was personally fined \$500,000, the Patriots \$250,000 and lost draft picks. Which picks they lose depend on if they get to the playoffs. Roger Goodell, the commissioner of the NFL said in a letter, "This episode represents a calculated and deliberate attempt to avoid longstanding rules designed to encourage fair play and promote honest competition on the playing field."

The NFL has set regulations on what can be taped and what cannot be taped. So the NFL has told teams that it is ok to cheat, as long as the NFL says it approves of it. I realize that the NFL wants to make the league as fair as possible, which leads to better competition, and in the end a better NFL season. Holding occurs on every play, just ask an offensive linemen. Or a wide receiver making an illegal pick. It happens, no matter who says it's not supposed to.

Baseball players use film too, as well as teams from the National Hockey League. Colleges and high schools use film.

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Football Drops Below .500

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gaining an average of eight yards more on kickoffs. On punts, they averaged 28.2 yards (including the touchdown) to SB's meager 2.3 yards/return. SB was forced to try to convert on fourth downs, and uncharacteristically failed on all three attempts. Richmond had two sacks.

The biggest weakness for

SB on offense was, once again, dropped passes. For several weeks, their receivers have been unable to hold onto the ball. On defense, they continued to play strongly, except when they would give up a big play, like the 38-yard touchdown run.

SB will play 1-5 Maine at LaValle Stadium in their homecoming game on Saturday. Kickoff is at 3:00 PM.

Brandon's Fitness Corner Shake Things Up

By BRANDON CHUNG Staff Writer

Think about the last time you changed up your fitness regimen. How long have you been lifting that same weight for a particular exercise? More importantly, how many weeks have you been doing that exercise? After a few weeks, your body adapts to the stress you place on it, a time period after which it is advisable to add some changes to your regular routine. Changes in vour workout can come in many forms. Here are some of my favorite routines that have proven effective over my years of training:

Pyramids

This workout method is structured in the form of a pyramid, where you work your way up to a "peak" number of repetitions and gradually come back down to the "base." For example, let's say you choose pullups and push-ups for your pyramids. You would begin by performing one pull-up and five push-ups. After a brief 60 second rest, do two pull-ups then ten push-ups. Continue in this manner until you reach the peak of your pyramid, after which you will work your way back down to the base. Say your peak is seven pull-ups and 35 push-ups. Your next set on the way down would consist of six pull-ups and 30 push-ups, and so on. Adjust the amount of repetitions for each exercise according to your individual level of fitness.

Ladders

Ladders are similar to pyramids in that they provide a gradual buildup of volume for your selected exercises, however, they do not require you to come

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Basketball Schedules Released

By GENE MORRIS Assisstant Sports Editor

On Oct. 4, the America East Conference announced the 2007-2008 Stony Brook Men's & Women's Basketball schedules. Here's a list of this season's games.

NOVEMBER:

Fri. 9: Stony Brook @ Villanova TBD Mon. 12: Lafayette @ Stony Brook 7:00 PM Thu. 15: Stony Brook @ Maryland Eastern Shore 7:00 PM Sun. 18: Stony Brook @ American 2:00 PM Sat. 24: Columbia @ Stony Brook 2:00 PM Tue. 27: Stony Brook @ Kentucky 7:00 PM

DECEMBER:

Sat. 1: Dartmouth @ Stony Brook 2:00 PM Wed. 5: Stony Brook @ Lehigh 7:30 PM Mon. 10: New Jersey Tech @ Stony Brook 7:00 PM Wed 12: Stony Brook @ Hofstra 7:00 PM Sat. 15: Stony Brook @ Fairleigh Dickinson TBD Sat. 29: Cornell @ Stony Brook 2:00 PM

JANUARY: Thu. 3: UMBC @ Stony Brook 7:00 PM Sun. 6: Maine @ Stony Brook 7:00 PM Wed 9: Albany @ Stony Brook 7:00 PM Tues 15: Stony Brook @ Binghamton 7:00 PM Sat 19: BU @ Stony Brook 7:00 PM Mon. 21: Stony Brook @ Vermont 7:00 PM Thu. 24: Stony Brook @ Hartford 7:00 PM Wed 30: New Hampshire @ Stony Brook 7:00 PM FEBRUARY:

Sat 2: Stony Brook @ Albany 7:00 PM Wed 6: Stony Brook @ UMBC 7:00 PM Sat 9: Stony Brook @ BU 1:00 PM Thu 14: Hartford @ Stony Brook 7:00 PM Sun 17: Vermont @ Stony Brook 2:00 PM Wed 20: Stony Brook @ New Hampshire 7:00 PM Sat 23: Stony Brook @ Maine Noon

MARCH:

Sat 1: Binghamton @ Stony Brook 2:00 PM Women's schedule:

NOVEMBER: Fri. 9: Iona @ Stony Brook 1:00PM Sun. 11: Stony Brook @ Connecticut 2:00PM Wed. 14: Sacred Heart @ Stony Brook 7:00PM Fri. 16: Marist @ Stony Brook 7:00PM Sat. 24: Stony Brook @ Manhattan 4:00PM Thu. 29: Stony Brook @ Quinnipiac 7:00PM

DECEMBER: Tues. 4: Stony Brook @ Hofstra 7:00PM Fri. 7: Stony Brook @ Yale 7:00PM Wed. 12: Central Connecticut @ Stony Brook 7:00PM Fri. 14: Dartmouth @ Stony Brook 7:00PM Sat. 22: Stony Brook @ Northeastern 1:00PM Sat. 29: Stony Brook @ Rhode Island 1:00PM Sun. 30: Stony Brook vs. Lehigh/Brown TBD

JANUARY:

Sat. 5: Vermont @ Stony Brook 2:00PM Sun. 12: Stony Brook @ UMBC 4:30PM Wed. 16: Maine @ Stony Brook 7:00PM Sat. 19: Stony Brook @ Boston University 1:00PM Sat. 26: Stony Brook @ Binghamton 2:00PM Tues. 29: Hartford @ Stony Brook 7:00PM

FEBRUARY:

Sat. 2: Stony Brook @ Albany 4:30PM Wed. 6: Stony Brook @ New Hampshire 7:00PM Sun. 10: Stony Brook @ Vermont 1:00PM Wed. 13: UMBC @ Stony Brook 7:00PM Sat. 16: Stony Brook @ Maine 12:00PM Sat. 23: Albany @ Stony Brook 2:00PM Wed. 27: Binghamton @ Stony Brook 7:00PM The Stony Brook Statesman Monday, October 15,

, 2007

MARCH: Sat. 1: Boston University @ Stony Brook 2:00PM Wed. 5: Stony Brook @ Hartford 7:00PM Sat. 8: New Hampshire @ Stony Brook 2:00PM

Statesman

Spiders Shutout Seawolves

BY WILLIAM LAHTI Co-Managing Editor

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The Stony Brook Seawolves football team wrapped up a disastrous road trip with a 42-0 loss to the Richmond Spiders, going 0-3 since the last home game. SB drops to 3-4 with the loss.

Throughout the first half, the game would be a stalemate, except when Richmond would have a strong moment. Richmond got on the board early with a punt return for a touchdown following the first drive of the game.

The teams exchanged punts until a strong Richmond drive in the middle of the second quarter. Richmond took the ba to midfield, and then had the ball advanced to the 38 on a facemask penalty. On the next play, running back Tim Hightower took the ball all the way to the end zone for the touchdown. He would have two touchdowns that day.

Richmond broke the game open in the third quarter, scoring a touchdown on all three drives. In the fourth, many of their starters came out of the game, but they still managed to put up another touchdown to make it 42-0.

In the last drive of the game, SB quarterback Josh Dudash was replaced by Dan Sweeney. The drive had great promise to break the shutout, but time ran out when they were on the Richmond oneyard line.

Statistically, SB's offense was better, having possessed the ball 13 minutes longer, and gaining 14 more yards. Neither team had any turnovers. However, Richmond was much stronger on special teams,



Women's Soccer Extends Win Streak

By Gene Morris Assisstant Sports Editor

Women's soccer won their third straight game on Sunday with a 1-0 home victory over Albany. The win extended their unbeaten streak to nine. SB is now 7-2-4 on the season, and 4-0-1 in conference play. The able to stop them all. loss drops Albany to 4-7-3, 1-4-0 in the conference.

Trine Allenberg scored the game's only goal on an assist from Kristin Mishrell in the 86th minute to break a scoreless tie. She took a high bouncing pass over the middle of the field and was able to chip it over the charging goaltender, Maria Liquori. Allenberg found the back of the net after misfiring on her first two shot attempts, one of which was a header in kick off at 7:00 PM.

the box that she deflected just over the crossbar.

During the nine game unbeaten streak, goaltender Marisa Viola has allowed only one goal. After the shutout against Albany, the team has not given up a goal in 814:38. Viola was tested by seven Albany shots, but was

Forward Brooke Barbuto spurred the offense. On two occasions she sped past her defender down the left sideline and set up scoring chances in the box. She also led the team with four shots on goal. SB had 11 total shots on net.

The teams next game is Oct. 14 at Binghamton. The Bearcats are 2-9-2 on the season, and 1-3-0 in America East play. The game is scheduled to

Demise of the Yankees?

By Adrian Carrasquillo Contributing Writer

Demise of the Yankees? Hardly.

Many of you were assuredly heartbroken, shocked, and otherwise flabbergasted at the news that came out of New York this week. In what is surely old news at this point, Derek Jeter announced his retirement, Hideki Matsui was deported, Joba Chamberlain was abducted by aliens, and Phil Hughes was suspended for the use of performance enhancing drugs; this third

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The Awful Taste of Defeat

By BRIAN MORGAN Staff Write

Kentucky beats LSU at home 43-37 in 3 OTs

Les Miles and the LSU Tigers experienced their first loss of the season this past Saturday, ending their 13 game unbeaten streak and their reign as the number one ranked team in the nation. LSU's heartbroken players were described by Miles as "sick" following the game. Physically and mentally worn out, they fell apart in the third overtime. Combined with the after-effects from their laborious victory over Florida in dramatic fashion last week, and Kentucky's home-field advantage, the Tiger's were unable to overcome the Wildcat's in this important SEC match-up.

For the second straight week the Tiger's played in a thriller, and up until late in the third quarter, LSU looked primed to win. However, LSU's defense showed their wear and tear, and couldn't finish the Wildcats off. After LSU kicked a field goal to make the score 27-14 in their favor, Kentucky stormed back, scoring 13 straight points to tie the game. Yet before regulation ended, LSU had one more chance to win with two seconds left. Kicker Colt David attempted a 57 yard field goal. His career high field

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