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University Medical Center Builds Playground For Child Patients

By Choitali Gomes Contributing Writer

OPINION

Bloomberg's Term has Reached its Limit

New York City residents may be experiencing a little déjà vu. Mayor Bloomberg, the Democrat-turned-Republicanturned-Independent, wants to run for mayor again. For those who are unaware, he is already at the end of his second term. Maybe he is hoping third time's a charm.

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The Efficient Market Hypothesis

The efficient market hypothesis states that the prices on traded assets reflect the all the information completely available to the market. In other words, there is no person or government that could set prices more efficiently than a free market, because no single person or even group of people could possibly know all the information required to set an accurate price. Therefore, when stock in a given company is traded at a certain price, it is that price, and only that price, which accurately represents the worth of that company at the current time with the current information.

Child psychiatry patients at Stony Brook University Medical Center's Child Psychiatry Unit are now able to utilize a new state-of-the-art playground that provides child patients with a safe and healthy area to release extra energy, according to a press release issued by the hospital. The playground is located just outside of the Health Science Center.

The idea to provide a play place for the young patients was recognized by Stony Brook Medical Center chief operation officer Bruce Solomon. The cost of the \$70,000 project was paid for by hospital capital money, according to Solomon.

The decision to build a playground was determined by "how much capital the organization requires for growth, new programs and infrastructure improvements," Solomon said. "We took it from our fiscal year '07/'08 capital allocation and I looked at it as a new program that improves the quality of care we provide this group of patients."

The patients, ranging in ages from five to 12, enjoy the new playground and have "responded very well to the new equipment," according to Evelyn A. Petralia, the nurse manager for the Comprehensive Psychiatric Emergency Program



Bradley Donaldson / SB Statesman

The Chemistry department will celebrate its Annual Chemistry Research Day on Friday.

Chemistry Department To Celebrate 50 Years At University With Annual Research Day

By Aisha Akhtar Photo Editor

As Chemistry Research Day approaches Friday, many special programs have been scheduled for everyone to attend. What is special about this year is that the department is celebrating 50 years at the university, with special programs to reminisce how far they have come

The 9th annual research day will be an all-day event. From morning till afternoon, poster presentations will be held.

"All our graduate, and some undergraduates, present their work at this poster session," said Norma Reyes, assistant to the chemistry chair, "It is a big accomplishment for them to put their research onto paper and explain what they are doing."

Many of the graduate students are working with advisors at Brookhaven National Lab, and their work will be showcased as well. Undergraduates, as well as high school students, will have an opportunity to meet with faculty from BNL and

the chemistry department.

"It's a recruitment tool where the students can meet with faculty and advisors who want to do research," Reves said.

This year, 127 posters will be presented, an increase from previous years when there were about 100.

Following the poster presentation, a symposium is being held in honor of 50 years. The theme for the program is "The present, past, and future of Stony Brook," where the four speakers will represent the time frames.

"After 50 years, there is a lot to reflect back upon," said Professor Ben Hsiao, chair of the chemistry department.

To speak about the past, a special guest speaker, Professor Francis T. Bonner, the founding chair for the department in 1958, will be present. Following him will be two alumni to speak about the present. One is Joseph A. Frank the chief of Laboratory of Diagnostic Radiology Research, NIH. The other is Dr. Brian A. Kuhlman, from the department of Biochemistry and

Biophysics at the University of North Carolina School of Medicine. Lastly, the speaker for the future of chemistry will be one of the current younger faculty members, Dr. Elizabeth M. Boon.

The last event for the day is the gala banquet, which will be held in the patio of the Student Union ballroom. Past chairmen and other special guests will be present. Joan Dawson, the wife of the late Professor Paul Lauterbur, will be presenting the department with the Nobel Prize medal that her husband received for his work on the MRI. Professor Lauterbur's work on the MRI began here at Stony Brook.

Professor Joseph Lauher will also be showing a PowerPoint presentation with stories and pictures from Stony Brook over time.

The evening is based upon an "Italian flair" theme, featuring a wine-tasting dinner and Italian champagnes

"Many faculty and students have been working really hard to put [Research Day] together, and the dinner is a time to relax and finish off the day," Reyes said.

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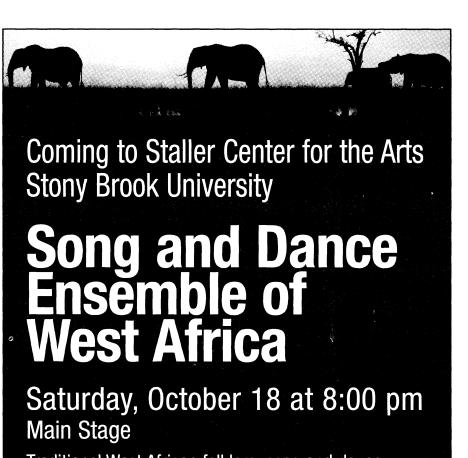
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Tickets also available online at www.stallercenter.com

Monday:

High: Mid-70s Low: Mid-50s Mostly sunny.



Tuesday:

High: Upper-70s Low: Mid-50s Mostly sunny.



Wednesday:

High: Mid-70s Low: Mid-50s Partly sunny.



Thursday:

High: Mid-60s Low: Lower-50s Mostly cloudy with chance of showers.



Friday:

High: Lower-60s Low: Lower-50s Mostly sunny.

Courtesy of Weather.com

CBS News Reporter Recounts Traumatic Experience In Iraq As Part of University's "My Life As..." Series

By Frank Posillico

Kimberly Dozier, a CBS News reporter, spoke to students on Oct. 6, about the day she was critically injured in

Dozier spoke about her experiences and miraculous tale

'That's how I went from being a reporter under siege, ideologically, to all this -- becoming the story we have been covering," she said.

What reporting "under siege," as she calls it, has taught her is to listen to what she calls her "internal compass."

"If I had listened to the people judging my reporting, or the people who have told me I would never walk properly again, or to some of the folks who said I would always be living with nightmares from the attacks, if I had listened to any of that stuff then I wouldn't be where I am today," she said.

On Memorial Day in 2006, Dozier and her crewmembers Paul Douglas and James Brolan, met with Captain Funkhouser who brought them to where, the day before, a roadside bomb went off.

Funkhouser commented to her that the insurgents were about 20, some of us closer, feet probably watching them right from the car bomb, and they

"They waited until we were



Undated photo of Kimberly Dozier – courtesy of mediabistro.com

at that moment.

The insurgents were, in fact, watching them and it was at that moment when everything changed.

detonated it with a cell phone," said Dozier, "approximately 500 pounds of explosives turned the car into a wall of burning shrapnel heading for all of us."

Captain Funkhouser and James Brolan were killed instantly, and Dozier was left in critical condition. Both her femurs were shattered, her femoral artery was nicked, and she was covered in burning shrapnel from her hips to her ankles.

While in the hospital she coded five times -- it took over two months for them to "rebuild me," Dozier said, Moreover, she learned about trauma recovery and realized that she needed to cry and needed to watch news coverage of Iraq. "I needed to have those nightmares and go through it," Dozier said.

When asked if she wanted to return to Iraq she said she would and have been asking her superiors to let her. "I don't go to cover wars; I go where the big news is and if danger and risk comes with it that is part of the job that you have to take into consideration," she said.

Dozier's book, "Breathing the Fire" provides an in-depth look at her story.

The second "My Life As..." will be held on Oct. 22 in the Student Activities Center Auditorium and will feature investigative journalist Scott Higham of the Washington Post.

University Medical Center **Builds Recreational** Playground For Children In Psychiatry Unit

Continued from pg 1

and Child Psychiatry.

The previous playground was removed when modernization took place, Petralia

The new facility includes two slides, a climbing wall, and an over-sized tick-tacktoe board, according to the

The children, Petralia added, attend school and also take part in a behavior management program which highlights and emphasizes positive behavior in return for rewards and more

Therapeutic Recreation As- dentiality of the patients."

sociation's current research, patients participating in recreational activities show an improvement in overall physical, psychosocial and cognitive health.

"Our patients average 35 days on the unit and when they're not at school, they really have no chance for physical activity," Petralia said. "Not only does the playground give the children a physical outlet, but as they play together it improves their social and emotional skills."

Direct feedback from the patients themselves or their families couldn't be obtained According to the American and identified "due to confi-

No More Emails While Drunk

New Google Feature Aims to Prevent Late Night, Regret-Later Emails... Using Math

By Charles Costa Contributing Write

A new feature of Google's GMail service will provide a layer of protection against the common mistake of emailing when intoxicated.

According to a post on The Official Gmail Blog titled 'New in Labs': "Stop Sending Mail You Later Regret," Gmail now sports a feature known as "Mail Goggles."

When enabled, Mail Goggles asks a set of basic math questions after clicking the send button; just "to verify you are in the right answer. state of mind" to send emails, said Jon Perlow, Gmail engineer and Image courtesy of Google Images author of the post.

By default, Mail Goggles only functions late night on the weekends; however you are free to choose your own times to fit your needs.

What makes Mail Goggles effective isn't the use of "challenging" math questions, but rather a

simple timer. When the Mail Goggles dialogue box appears, you have sixty



seconds to answer a few math questions which only require an elementary school education to



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Tips For **Fending** Off The Freshman

By Teri Schwartz ontributing Write

So here you are at SBU, all settled in your dorm, got your schedule down pat, know the best ways to get to all your classes, you've even figured out the bus routes, so there's nothing to worry about right? Not quite. You see now it's time, along with organizing all your lecture notes and studying for midterms, to fight the battle of the bulge. Yes, the 'Freshman Fifteen' is looming. What's the 'Freshman Fifteen'? Only the fifteen pounds you will most likely gain once you get comfy here at SBU, but there are some good tips to fight off the dreaded weight:

1. Walk More or Take the Stairs.

Yeah we know, the bus is sitting there waiting and you can get a couple of phone calls in while you ride to your dorm instead of walking, but the reality is, you've got to move to lose or at least avoid gaining. How about taking the stairs once or twice a week, you'll burn some extra calories and won't have to think twice about the midnight snack.

2. Get Involved in an Extracurricular Activity.

We all know, video games are fun and hanging with your friends is great conversation, but the reality is, you're sitting on your fanny inviting the calories to do the same. Getting yourself involved in a 'sporty' extracurricular activity, even if you decide to on a quick swim at the Sports Complex instead of just "hanging out," may result in smaller jeans size by Christmas break. Hey this isn't high school, physical education is not required anymore, so now you have to see to it-yourself to try and get close to the same level of activity.

3. Eight to Ten Glasses of Water a Day Helps Keep the Bulge Away.

Facts are that drinking more water helps stave off the weight. You are less hungry because you've got the water in your belly and you stay hydrated and active. Your body needs hydration to keep moving and keeping moving is going to keep the bulge at bay.

4. Park a Little Further.

If you are one of the fortunate ones to have a car, believe it or not, it will behoove you to not fight over the closest parking spot, let the impatient nut that wants the closer spot have it. You can take the spot all the way at the end, where no one will make dents in your door, you won't get towed and best thing yet, you'll burn some extra calories.

5. Mom Said It! Eat Your Veggies.

Yes, the fries at the SAC are really good! The pizza is **8. Eat Only When You're Hungry.** even better, and cheap, but the reality is, if that's all you eat you are going to need an extra wide mattress for your dorm bed next year. If you pick one of your meals each day and load it with vegetables, you will allow your body the vitamins it needs, and fill your belly with lower calorie food. No, potatoes are not veggies! Corn and peas are considered starches on many diet plans as well. Aim for broccoli, string



Zuby Habibi / SB Statesman

body is going to be processing all these leafy green veggies and you're getting all those nutrients in stead of all the carbohydrates and sugar going into your bloodstream and eventually being stored as fat.

6. Watch Those Carbs.

Yes we all love bagels, and English muffins, and potato chips, etc. The reality is most people's metabolisms can't handle the amount of carbohydrates we take in. It gives you a quick blood sugar boost and then you start headed straight downhill afterwards. When your body has too much glucose in your blood stream (also called blood sugar) you wind up storing it in fat cells in the most unattractive areas of the body. So its best to limit your carbohydrate intake especially things made with white flour and white rice. Try some brown rice with your Chinese take out, or a whole grain 10. Eat More Small Meals, Instead of the bread instead of white. These complex carbohydrate foods metabolize differently in the bloodstream which gives you **Biq Three.** a longer lasting boost along with a fuller belly feeling.

7. Watch Calories in Drinks, Especially Alcohol.

Let's face it, we all have our share of alcohol, (off campus of course!) but if you limit your alcohol consumption you will seriously cut a lot of extra calories. Alcoholic drinks a loaded with lots of hidden calories, besides the fact that many people don't think about calories in anything they drink. Soft drinks, that aren't sugar free, have up to 200 calories per each eight ounce glass. Three soft drinks a day, is approximately 600 extra calories, so think twice when you choose what your drink.

Many people do not realize that they eat either when it's time to eat or when they are bored. Simply because it's noon doesn't mean you have to eat. Ask yourself, are you hungry? Sitting in front of television is also synonymous with snacking, mindless snacking. Get yourself used to the feeling of hunger again. We live in the land of plenty beans, carrots and lettuce. The result of this will be your and obesity is one of the biggest problems in our country. of the game and win the battle of the freshman bulge.

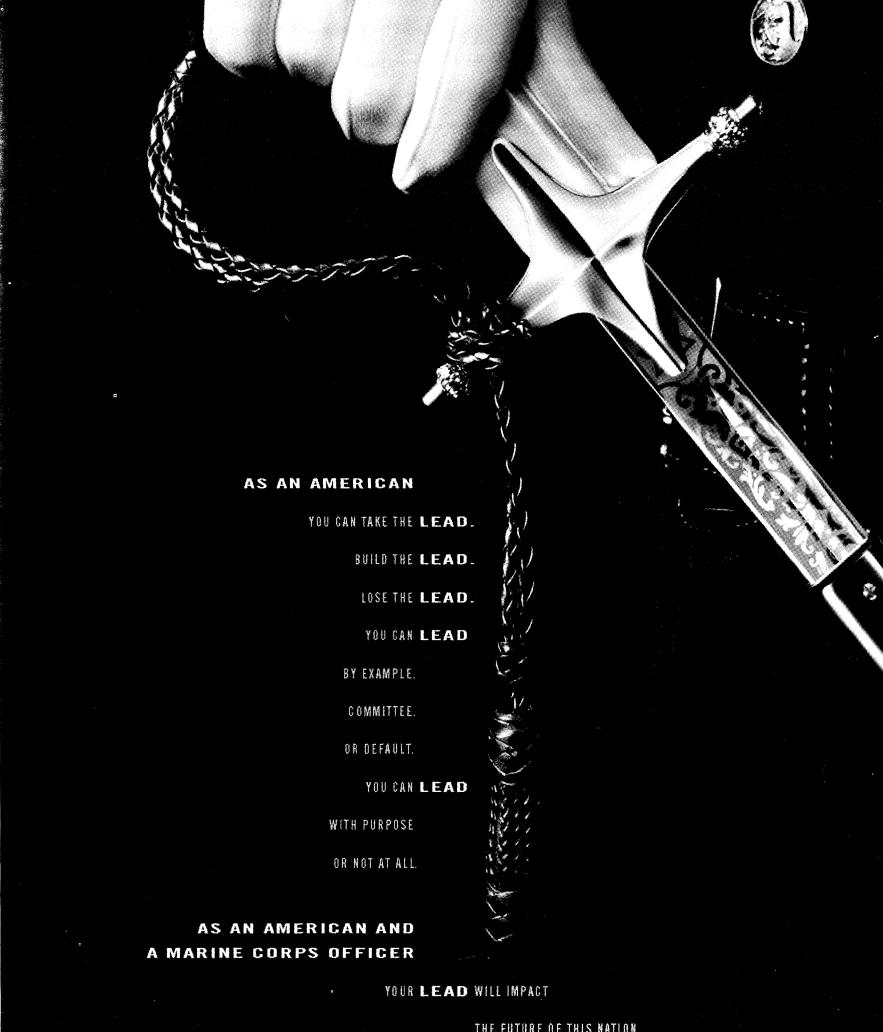
Scale back a bit and wait until you are hungry, then you will probably find you can make it a lot longer than you though before you actually feel hungry.

9. Keep Healthy Snacks Available.

Let's face facts, if you have chips, ring dings and cheese doodles available in arm's reach, that's what you are going to eat. If you have a bowl with a few apples, an orange and a couple of bananas in your room and are running out to class, that's what you can grab. Fruit is not only lower calorie, better sustained glucose in your bloodstream, but it's going to save you the crash and burn you feel in an hour a two from the carbs.

One sure fire way, to speed up even the slowest metabolism, is to eat several small meals a day, instead of sticking to just the big three. Depending upon what you choose, you can nourish yourself and prevent over-eating very rapidly by giving yourself six to seven small meals a day. You also tend to shrink the size of your stomach as your body adjusts to the small meals. This is a healthy eating habit that lots of diabetics follow to energize themselves and keep a sustained level of nutrients in their bloodstream. Once you try it, you will never go back to the big three. It will also help you identify when you are truly hungry and when you might be eating out of boredom. It takes some planning. You may have to pack a little food bag along with your books, but in the long run, it is going to keep your internal furnace chugging at a great pace, and wouldn't it be great to be as attentive and energized in your last class as you are in your first?

All in all, the best rule of thumb to avoid gaining the 'Freshman Fifteen' is moderation. No one says you have to eat carrot and celery sticks for three days if you have a big juicy burger on Saturday night, but if you keep in mind the fact that the college lifestyle is much more sedentary than many other lifestyles you will be ahead



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Giving Into the Rhythm

Dance trio delivers a breathtaking performance at Staller Center for the Arts

By Samantha Burkardt

Contributing Writer

On Oct. 11 at 8 p.m. in the Staller Center for the Arts on campus, an STALLER exceptionally talented performer dazzled Main

a very lucky crowd. STAGE Before the famous

tap dancer Savion Glover even got on stage, he had the crowd tapping their feet... with anticipation.

Darkness consumed the theater as faint outlines of three men walked across the stage, and applause filled the room as Mr. Glover and his fellow tap-dancers, Maurice Chestnut and Marshall Davis Jr., took their places on stage

The lights brightened and the show began.

Some call tap dancing a different kind of drum, the kind that always keeps the beat and then suddenly changes into a new one. It's more than just that, though. It's a dance all on its

own and a way of expressing yourself.

On stage, Mr. Glover was lost in his own world, and he wasn't looking for a way out. The constant smiling and movement revealed his never-ending hap-



Savion Glover, left, and Maurice Chestnut, right, performed with Marshall Davis Ir. for "Bare

piness of being in that moment, doing what he loves to do, and sharing it with everyone else. His quick feet

were a mesmerizing blur, yet he was always making music and tapping around. It looked like ice-skating at times because of how he was able to glide across the stage.

"I've never seen tap like that before," said an awestruck freshman, Kathleen Honigsberg. "I was actually worried that they might slip off stage because of the way that they were moving."

Mr. Glover started drumming at the age of four. He was in love with beats and rhythms, which pushed him towards tap dancing lessons at seven years old. His mother couldn't afford tap danc-

ing shoes at the time so she gave him

old cowboy boots with a hard bottom so he could get some sound out. Seven months later, he finally got real tap

When he was just 12, he appeared in "The Tap Dance Kid" on Broadway and became a sensation. After two years performing in "Kid" he moved on to Jazz Tap Festivals, which lead to dancing in "Black and Blue" in Paris. He won a Tony Award nomination for his work in the show

The most recent work Mr. Glover has done includes being the tap choreographer of the Academy Awardwinning movie "Happy Feet."

Mr. Glover and his team put on a show that won't be forgotten easily. The group fed off of the audience's cheers and delivered a spectacular performance worthy of a five star rating. The synchronization between the three dancers was flawless and astonishing, altogether delivering a show no one would want to miss.

Shade of Memory

By KWAME OPAM

Assistant Arts & Entertainment Editor

Mother As we grew,

We found ourselves at home in your arms

Held close by your love and laughter

Do you remember?

On hot summer days we drank in the sun

Shaded by your memory On cold winter nights you kept us warm

Fed with the good food of your

Do you remember? We were children then But, older now. We are still shaded and well fed Still held close in your heart that feels like home So remember You are the light that watches

And your children we remain Mother

RECOVERING THROUGH EXPRESSION

Sexual Abuse Survivor's Showcase Artwork at Stony Brook

By Maureen Ahmed Contributing Writer

It has happened before -- sexual abuse victims using art as a medium for therapy -- but never at Stony Brook University.

The 17th annual Sexual Abuse Survivor's Show premiered for its first year at the university in Ballroom B of the Student Activities Center on Saturday afternoon, bringing with it new methods of creativity other than the usual "color-me-a-feeling" approach.

Sponsored by the Federation of Jewish Philanthropies of New York Health and Human Services System, the show has been offering gallery presentations for sexual abuse survivors to display their visual and audio work since 1991. While most works were submissions and did not require the presence of the artist, some artists who did attend stood out for their different approaches towards

Julia Vargas, 48, did not "draw" her feelings. Instead, she took a wooden pony and reinvented it for her own purposes. "I found it one day by the garbage and it felt so discarded, just the way people feel sometimes," she said. "So I took him home. My husband helped to restore it, and I glued on whatever I found, whatever I felt made it better." The rocking pony, covered in assorted newspaper and magazine paper, stood knee-high with a dark

brown yarn mane. Vargas named it "Joy."

"I decided to name her Joy because she was the first piece I've made that was just enjoyable, and because I found moments of joy for the first time in this journey," Vargas said.

After going to therapy for abuse that dated back to her "diaper days," Vargas went through a deep depression at 30. "I stayed in bed all the time. I went to therapy and even talked to the church pastor. But I never connected anything to my sexual abuse. I was very suicidal."

Art cleared the way for her memories. In another piece she created for one of her first survivor's shows, Vargas used a magazine clipping of a female swimmer diving into a cemented area as the central focus for a collage.

"It's representative of taking a dive at life," Vargas said. She also used two already-bitten apples to signify the dissociative nature of men and women, along with many small images, Vargas said.

Athena Reich, a young piano artist, decided to voice her feelings through lyrics. She described her music as "piano punk-pop with a theatrical twist." Stationed next to a table filled with self-promotional posters, albums and t-shirts ready for purchase -- along with three self-made paintings -- Reich discussed how she used music, and then painting, to deal with her early more tracks and album informachildhood experience.

"I started playing piano when I was five, singing by 16. It was my therapy for dealing with the pain from early abuse," Reich said. "This past year I've had bronchitis and partially paralyzed vocal chords. I had laser surgery three months after and could not sing for the time being."

To deal with the time off from singing, Reich picked up oil pastels to paint. She never thought them through, Reich said. She drew whatever came to mind. The three oil pastel portraits depicted images of females with battered faces and strong expressions.

"I couldn't sleep at night. It was very upsetting. I grew angry very quickly," Reich said. "I was in a new relationship during this time. I had trust issues because it brought back old memories, and I had to face them."

With her fifth album on the way. Reich said the track "Merry Go Round" was one of her favorites, one of the first songs she wrote as a teenager after doing therapy for her early memories.

Lyrics like "Little lace girl, never stop to let the dirty men touch you where you don't want/Stay on the merry-go round/I wish I could go back/I wish I could stop that/Give him a good kick and run away" were part of her coping techniques as an adolescent.

Visit www.athenareich.com for tion.

CONTINUATIONS

Improving Communication Between Science, Medicine and the **Public**

Continued from page 11

to the overuse of antibiotics leading to resistance, all remissing out on the debates a public that has a greater and medical principles is required so they understand what these debates are about on a more fundamental level. However, the medical community still needs to make this inin terms of visibility and ence classrooms on a local foil hats. level to make sure children

are being exposed to accepted scientific research, many, from fake drugs be- to establish a strong basis ing sold over the internet in scientific understanding later in life.

We cannot rely on an sult from a public who are apathetic government to take care of these problems. that are going on among It is not in the interest nor doctors and scientists all the duty of a federal govover the world. In part, ernment to preserve the intellectual reasoning capaceducation about scientific ity of its citizens. However, any group of like-minded individuals, which is a large group in the scientific and medical community, can form a non-profit organization that can create influence in the public formation more accessible, domain, antiparallel to and stronger than that of those understandability to the who would have us give up public. We need to influ- our thinking caps for tin

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ROMANCES ADVENTURE

THE SEARCH FOR FLUFFY

By Erika Karp Contributing Writer

Yes, "Nick and Norah's Infinite Playlist" may seem to be a typical

romantic teen comedy. It's a bit of John Hughes, with a little Cameron Crow mixed in here and there, but I am such a sucker for those types of films.

Based on the novel by Rachel Cohn and David Levithan, it is the story of two teenagers who unexpectedly meet while searching for their

favorite band Where's Fluffv.

When I learned that Michael Cera ("Superbad," "Juno") was going to star in this film, I could not wait. With a cast full of promising newcomers and a trendy soundtrack, director Peter Sollett creates an ideal blend of charming romance, a bit of gross out humor and quirkiness, which makes this teen flick unique among the rest.

Lovesick and sarcastic Nick. played by Cera, has recently been dumped - on his "b-day" - by Tris (Alexis Dziena). In an attempt to get him out of his rut, best friends - and fellow band mates of The Jerk Offs - convince Nick to play a gig in Manhattan after hearing that Where's Fluffy will be performing at a secret location.

Guarded and self-conscious Norah, played by Kat Dennings ("Charlie Bartlett," "The 40 Year Old Virgin"), and drunken best friend Caroline (Ari Graynor) go out on the mission to find Where's Fluffy as well.

Nick and Norah's paths collide when Norah encounters Tris, who happens to be her classmate

> and tormentor from school. The night then takes a turn when Caroline, in her intoxicated state, goes missing while Nick and Norah try to locate her and Where's Fluffy.

> Set in the streets and rock clubs of New York the film leads the audience on an adventure that everyone can

eniov and relate to. It is the timeless tale of two characters trying to find themselves, and, at the same time, find each other.

Set to the music of bands such as Bishop Allen, We are Scien-

tists and singer/ songwriter Devendra Banhart, the soundtrack is a perfect mix of indie-folk-rock music, similar to the soundtracks of "Garden State" and "Juno."

Courtesy of MovieGoods.com

Cera and Dennings are perfect as Nick and Norah.

Their onscreen chemistry is undeniable, and together they are funny in a silly, slightly cliché way that, at times, had me fighting not to laugh too

Along with Jay Baruchel, who

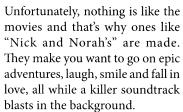
plays Norah's "on again, off again" boyfriend, Graynor adds to the mix of a great cast. Gravnor is able to play the drunken best friend without becoming obnoxiously annoying. She is responsible for squirms (all I have to say is gum!) and laughs, and even stole many scenes in the film.

Appearances by familiar faces such as Kevin Corrigan ("Pineapple Express"), Andy Samberg ("Saturday Night Live"), John Cho ("Harold and Kumar"), Eddie Kaye Thomas ("American Pie") and Jonathan B. Wright (Broadway's "Spring Awakening") kept the film fun and inviting, especially for popular culture fanatics like myself.

While some may complain about how the movie was trying too hard to be trendy, I didn't see those problems. Everyone I was with said they enjoyed it - even my

> The film is fun, smart and appealing By the

end of the film I wanted to go to Manhattan and have the same escapade that Nick and Norah had.

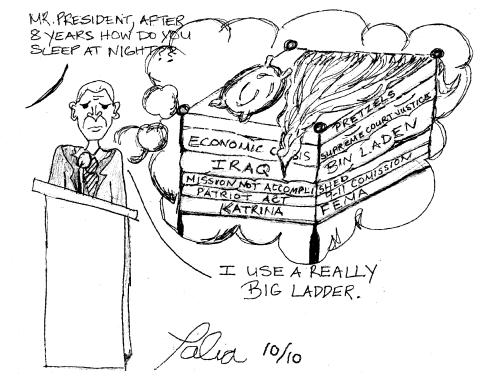




Courtesy of Rogerebert.com

Michael Cera, Ari Graynor, and Kat Dennings star in Sony Pictures's new release, "Nick and Norah's Infinite Playlist", out in theaters now.

SCHIZO² By Talia Eapen



MR A-Z LIVE AT RADIO CITY

By DENISE DEGENNARO

Contributing Writer

Radio City Music Hall opened its legendary doors Saturday to singer/songwriter Jason Mraz, whose North American fall tour kicked off just two days before in Scranton, Penn.

perhaps his most mainstream hit, "I'm Yours."

As the show progressed, Mraz pulled out a few more

On "Live High," a tune off his latest album, he brought out a gospel choir to sing alongside him. He flashed a picture of



Denise DeGennaro / SB Statesman

opened the show, but her raspy voice and strange dance moves

ence. In fact, she received the most applause when she said she would be singing her last song. Sadly, she was memorable for nothing more than being boring.



Denise DeGennaro / SB Statesmar

Irish artist Lisa Hannigan Barack Obama as he sang about change and hope.

Most of the crowd cheered, didn't quite do it for the audi- but some grunts of dismay

and opposition could be heard.

Mraz also covered an oldie, but always a crowd pleaser, "Build Me Up Buttercup." He demanded that the crowd get up and dance to "Dynamo Of Volition." The song's chorus

As the crew broke down actually had a few dance moves man of the hour, the crowd's anticipation grew. The Music Hall-was abuzz with chants and screams. The crowd roared when the lights went down and Mraz walked out.

Mraz, clad in a white shirt. jeans and his trademark fedora, was barefoot throughout the concert. He opened with the upbeat "Make It Mine," the first track off of his new album, "We Sing, We Dance, We Steal Things."

Accompanying Mraz on stage was a drummer, bassist, percussionist, and a three-part brass band (sax, trumpet and trombone) that performed choreography reminiscent of the du-wop era. Mraz continued his set with "The Remedy," one of his hits off of his early album "Waiting for My Rocket to Come."

His vocals were superb, his band tight and his performance entertaining. He didn't just stand there; he danced around, interacted with his band and really put on a show. He continued his set with the crowd favorite and dance moves.

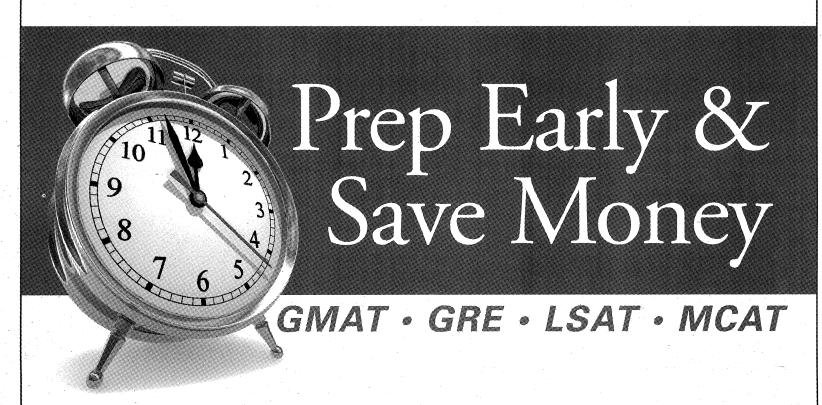
Hannigan's stage set for the that went with it. The crowd remained standing for the rest of the concert.

Mraz and his band left the stage, but of course returned for an encore. Unfortunately, he brought Hannigan back for a duet, "Lucky," which features Cobie Callait on the album. He played "Butterfly," an upbeat, sexy track from his new album that had the crowd going nuts. He ended with a gracious thank-you to the audience and to his band and with "Song For A Friend" which he did solo on guitar and vocals.

Mraz is not only a talented vocalist and guitarist, but also a talented showman.

He took Polaroids of his band as he introduced them. and threw them out to the audience. He took one of himself and threw it out to girls who fought over it like vultures fighting over a carcass.

The show was incredible with no dull moments. The music was energized and exciting, and Mraz was consistently on top with his vocals, guitar and



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Mayor Bloomberg at a Press Conference, Courtesy of the Associated Press

Bloomberg's Term has Reached its Limit

By NICOLE ROACH Contributing Writer

New York City residents may be experiencing a little déjà vu. Mayor Bloomberg, the Democrat-turned-Republicanturned-Independent, wants to run for mayor again. For those who are unaware, he is already at the end of his second term. Maybe he is hoping third time's a charm.

The problem is, New York City has term limitations, which means the mayor is only allowed hold to hold his office for two terms. This is not some old stodgy law; it is only 15 years old and was passed in response to widespread corruption in the municipal government that people wanted to prevent in the future. To be fair, a lot has happened to New York City since 1993, the most traumatizing being 9/11 and the most recent the financial crisis. The option to overturn this law, however, has already been brought to vote twice and has failed when previous mayor-turned-failed-U.S. presidential candidate Rudy Giuliani tried to pull the same

With the elections being so close, the only option, if Bloomberg expects to run and be re-elected, is to have it passed as a legislative measure by the City Council. It has been estimated that if Mayor Bloomberg is able to convince the council to overturn the limit, which means they would also get to keep their own jobs for another four years, he will spend approximately

\$100 million dollars on the campaign.

Bloomberg cites the current financial crisis on Wall Street as the reason why he would needs to serve again. However, when the city was crippled in post-9/11 2001, Manhattan was practically closed to any economic activity, being concentrated, and rightfully so, on the rescue of victims and clean-up. It was the worst year for U.S. markets and Wall Street in recent history. until now. Giuliani, whose management and hands-on approach to getting the city running again, was denied a three-month term extension. Now, with only half of the problem faced during the end of Giuliani's term, Bloomberg thinks that he is deserving of a whole new term? It just does not add up.

This is not about his mayoral ability, although he initially struggled, he has received and maintained a high approval rating, implemented initiatives to reduce New York City's carbon footprint, increased gun control, and supports gay marriage. He seems like a nice guy, and has proven a good mayor, but his turn is over. The bottom line is laws are laws, and even though I would be curious to see what he would do with a third term. The fact that he has little regard for the regulations in place and trying to undermine the will of citizens by going through legislation, makes me feel that New York City would not benefit from a third term anyway.

Healthy People Need Healthy Information

By The Statesman Editorial Board

Although there are many diseases that still need cures and many people worldwide who need medicine, the most important problem that needs to be addressed in the United States today is the lack of information easily available to the average citizen about medical issues. In a society where much of the funding for medical research comes from public funds in order to treat the public, it is vital that the people who scientists and doctors are seeking to treat understand the causes and consequences of specific diseases that they or their loved ones may be suffering from.

For example, an area that has created some controversy recently is the cause of autism. Although peerreviewed scientific research is slowly, but methodically, making headway into this important question, frightened parents with autistic children have been duped by, at best, misinformed leaders of the self titled "antivaccination movement." A movement which operates under the claim that trace amounts of mercury in vaccination shots, which are used as a preservative, have contributed to the increased incidence of autism being diagnosed in this country.

The movement continues to pick up members despite the lack of evidence to support this hypothesis. There is an increase of the frequency that autism is diagnosed, despite a decrease in the use of mercury in vaccines.

The anti-vaccination crowd has somehow been able to dominate the mainstream media, with movement leaders frequently appearing and spreading their misinformed opinion on widely viewed talk shows and news programs all across the country. To be sure, there is strong opposition to these people, with members of the medical and scientific community are coming out with relevant and discrediting research. However, this information is largely inaccessible to the public; many parents are being coerced with emotional appeals stronger than the cool caution delivered by scientists. Perhaps most sad of all, not even all doctors are informed of the scientific debate and would rather make a quick buck by acquiescing to parent's insistence on bogus treatments than to inform and enlighten themselves and their patients.

This one example of

Continued on page 7

Guidelines for Opinion Submission











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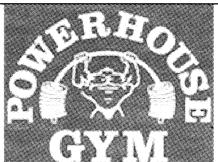
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Letter to the Editor

Bearing arms is a right

RE: Bearing Arms Isn't Right by Steven Mrozik, 10/6/2008

The founding fathers did not bestow our rights, they acknowledged they pre-existed, so please do a little more research on the subject of constitutional history.

If a person lives in the countryside, do they have more right or need to own a gun than a person living in a crime-ridden city, as Barack Obama infers? In reality, this is discrimination. If a person never uses their insurance policy, they have no need to pay for it? Your position that many people who own firearms have no need for them is neither accurate nor agreeable.

Your argument reminds me of an argument published by Mr. Steven Heyman in his "Natural Rights and the second amendment" -- Chicago-Kent Law Review, in 2000. In his interpretation of John Locke's writings from the late 18th century, a person must surrender the inherent natural right to defend oneself upon entrance into a society.

What you and Mr. Heyman fail to account for is that, in reality, not everyone will follow the rule of law, as evidenced by the existence of crime. Nor does this argument address the inability or unwillingness of government to protect each and every citizen nor the need of the individual to protect themselves against a government.

Steven, I invite you to spend time on our famous "Cass Corridor" in Detroit, without a firearm or any weapon to defend yourself. Let's see how long you keep the attitude that the only time that was treacherous was in the past. It doesn't have to be trees and grass for it to be a wilderness. In fact, there are many "urban wildernesses" throughout the United States.

You make the assumption that all police officers or military are proficient in use of firearms, but reality is entirely different. I have personally viewed unsafe actions by parties from both groups. And what ex-military people who are properly trained and proficient in the use of weapons? These number in the tens of millions throughout the U.S, myself included. Is this training only acceptable to be practiced in the military? Once they are out, are their memories completely wiped clean of any

knowledge or practice they acquired while using the weapons? People can be trained, and despite human error, trusted to be able to use their weapons.

Let us go to the next issue in Chicago, New York City, and of course the recent Heller legal battleground, Washington, D.C., who continue to have the highest violent crime in metropolitan areas in the United States. Of course, the politicians like Daly and Bloomberg blame the surrounding areas for the influx of guns, but again, is it the law abiding, or the criminals who are bringing those weapons in?

Why then continue doing something that has failed? Great Britain now has a growing knife violence problem after banning all guns in 1997. In fact, violent crime has gone to 1,720 per 100,000 U.K subject's in 2006 from 841 violent crimes per 100,000 in 1997, according to British police data. In the United States during the same period there were 611 violent crimes per 100,000 in 1997 and 463 per 100,000 in 2006, according to FBI data.

Interesting correlation -- no guns in the U.K. and there is a higher violence rate, less restrictions in the U.S. and there is a lower violent rate. Bans and severe restrictions do not stop violence, never have, and never will. Further evidence, just look at the war on drugs, banning drugs really stopped them from being used, eh?

No one government has the ability to protect any single person 24 hours a day, seven days a week for their entire life. The protection you envision is a fantasy, so please quit wasting our time spewing your unsupported, indefensible premise. Next time, care to do a little research. Use FBI crime data, CDC death rates or similar data sources. They are real. Information from any pro- or anti-gun group usually contains a slew of selected data points and surveys based on extremely small sample sizes then extrapolated into the entire population making them unreliable as facts.

John Nelson USMC Detroit MI

The Efficient Market Hypothesis

The Unintended Effect of Market Regulation

By Zachary Kurtz Opinion Editor

The efficient market hypothesis states that the prices on traded assets reflect the all the information completely available to the market. In other words, there is no person or government that could set prices more efficiently than a free market, because no single person or even group of people could possibly know all the information required to set an accurate price. Therefore, when stock in a given company is traded at a certain price, it is that price, and only that price, which accurately represents the worth of that company at the current time with the current information.

However, this also means that the price only reflects a company's current value and not any future value. It is almost impossible to predict market trends, especially in the long term. This is a well known fact to long term investment strategists but is apparently unheard of by market regulators.

Financial markets are regulated by government, Securities and Exchange Commission (SEC), an independent federal agency, the Federal Reserve, an independent central bank with a government appointed board, and indirectly by legislation. However, just like an investor can only gamble upon the action of the market, a regulator can only respond to current market information.

Therefore, when the public demands the government impose regulation in order to prevent future economic crises, regulators can only act on current market information. Tomorrow's problems may be completely unstoppable by current regulation, and may even be caused by it.

For example, in the early 2000s, the Federal Reserve had a policy of keeping the federal funds interest rates

low, to expand credit availability to housing developers. Government, in turn, used regulation to convince Fannie Mae, et. al to issue lots of sub-prime mortgages, so people would buy those houses. This caused housing prices to soar, which was great for the housing market and banks, until people stopped mailing in their mortgages payments and stopped buying up all the newly-built Florida condos. This resulted in a lot of companies owing other companies money and resulting housing bubble burst and investment bank bankruptcies.

If the government wasn't able to predict this, given the fact that business cycle bubbles caused by government policy is a common occurrence, what makes us think that current regulatory policy will be able to take care of tomorrow's unknowable problems?

Another example of past regulation causing today's problem is the the fair value accounting laws pushed by the SEC after the Enron scandal. caused by accounting fraud. The goal in assigning a "fair value" to an asset, rather than a market value, is that a "fair value" tends to be a more arbitrary assessment of the value of goods than market value. which takes into all currently known information into consideration when determining prices. Additionally, during times of market volatility, assets priced at "fair value," which isn't considerate of the historic strength of the asset, will drop quickly, causing a massive sell off of that asset at lower and lower prices. This effect was seen with value of mortgage-backed security bonds, which played a role in the current financial crises.

It's easy for a public to demand more regulation during a crises, but its quite another to expect regulators to act intelligently during a crises. If the market value of an asset reflects the best known avail-

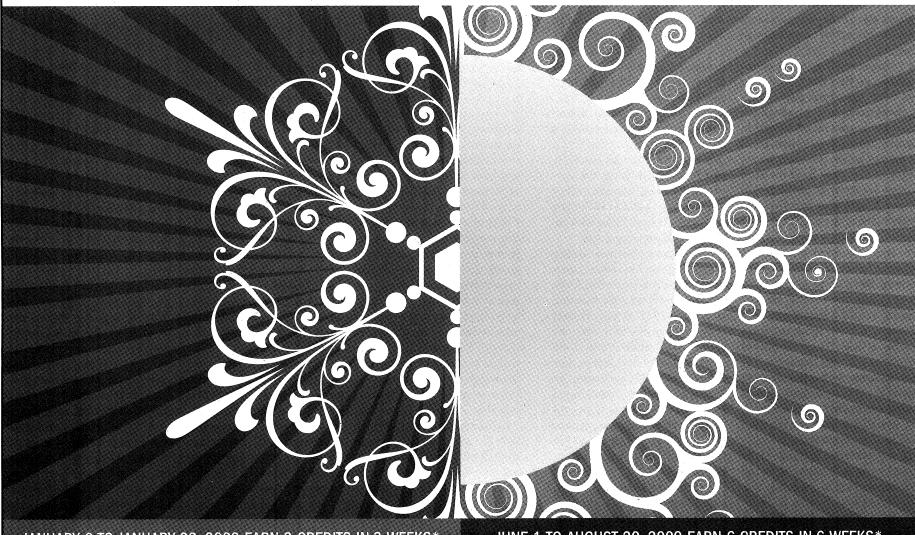
able information at the time, then if a stock is valued low it indicates that the company is not as valuable. Should government regulators, therefore, be trying to stop activities that results in the company's own devaluation? Especially considering that regulators will only be able to act after said devaluation has already occurred, and effects of the regulation are not assuredly safe

If we call into question the activities of human regulators, we see that government regulation violates an important principle of the efficient market hypothesis. No person can predict the future activities of the market better than the market can, which is to say, not at all. Therefore, asset values determined by the market reflect all the information available, information that no person or government entity could fully acquire and understand. To trust a regulator to make a good decision based on market information, better than the financial market itself, is a ludicrous, and dangerous, notion.

In times of uncertainty, the desire to take an active and regulatory role is strong. However, we must tread carefully when dealing with the financial markets the global economy is based on. It's easy to imagine the effect that not stepping in will have -- bankrupted companies, unemployment, market downturn. On the other hand, markets can recover when smarter entrepreneurs step in to take the place of those who got greedy and made bad decisions. It's not so easy to imagine the effect that propping up and nationalizing these institutions will have. We could be creating tomorrow's problems in our attempts to fix yesterday's bad regulation, simply because we'd rather trust an imperfect regulator than an all-knowing market.

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Flames Too Hot For Seawolves To Handle

Continued from pg 16

wolves received the kickoff to begin the third quarter. After a holding penalty on the return forced Stony Brook to start the drive from its own 12 yard line, Gowins turned in the Seawolves longest play of the day with a 30 yard rush over the left tackle.

But on the next play Gowins was stopped for no gain and fumbled the ball. It was recovered by Liberty in Stony Brook territory.

The fumble stuffed all the momentum the Seawolves had gained, and Liberty's Rashad Jennings, aided by a 15 yard face mask penalty on Stony Brook's Mike McCoy, covered all 43 yards on five carries and put the dagger in the Seawolve's heart. Jenning finished the day with 101 yards on 24 carries. He also had four receptions for 26 yards.

The closest the Seawolves came to scoring was in the middle of the second quarter. Stony Brook put together a 13 play, 62 yard drive and brought the ball down to the Liberty

The Seawolves had a first and ten

from the 26 and were able to gain six yards on first down. But on second down Cuttino was stuffed behind the line and lost three yards. On third and seven Hoffman threw an incomplete screen pass to Donald Lee, which forced the Seawolves field goal unit onto the field. Senior Luke Gaddis lined up for a 41-yard field goal but missed it wide left. Stony Brook was only able to get into Liberty territory one time after that drive, and only to the 48.

What we were looking for today was a decisive victory," Rocco said. "A decisive victory just means a game where you made a statement, a game where you took control of the game from beginning to end, never really allowed any legitimate life to the opponent. That's kind of how I felt todav."

Notes: The Seawolves return home on Saturday to face Charleston Southern. The homecoming game is scheduled to begin at 3:00pm. Charleston Southern is the first home game against a Big South opponent... The Seawolves offense has not scored a touchdown in over three games, a span of 225 minutes and 26 seconds.

SWIMMING STARTS STRONG IN STORRS

By MIKE FODERA

The Stony Brook Seawolves men and women swim and dive team came into the season ranked fourth and seventh in the America East Conference, respectively. Kicking off the first meet of the season, the Seawolves traveled to Storrs, Connecticut where they competed in the Husky Invitational. The teams had a top finisher in first place and overall had nine top-five finishes.

This year's up and coming star for the women's team got off to a big start in early October. Freshman Darcy Heuser, from Centerville, Ohio came into the day competing in the 200-yard freestyle relay with freshman Kelsey Stranc from Chicago, Ill., sophomore Adrienne Policht from Mississauga, Canada and Maja Gudelj from Split, Croatia. The team took the top spot, touching first with a time of 1:41.47. They squeaked past the UConn Huskies, who touched second with a time of 1:41.80. Heuser finished with two more top-five finishes. She took fourth in the 100yard butterfly with a time of 1:01.02 and third in the 200-yard IM with a time of 2:15.12. The women finished

with two more top five finishers, both in the 400-yard Individual Medley. Freshman Mallory Breen from Quispamsis, Canada took fourth with a time of 4:53.20 and junior Jayme Burns from Lindenhurst, N.Y., touched fifth only eight seconds later with a time of 5:01.89.

The fourth ranked men's team also had a strong showing in Storrs. Leading the way were freshmen Daniel Kim from Douglaston, N.Y. and Zackery Good from Columbus, Indiana had the top finishes for the men's team, taking fourth in the 400yard IM and 1,000-yard free respectively. Kim finished in 4:28.90 and Good touched in 10:13.89. Returning record-breaking sophomore Lukasz Ochmanski from Lodz, Poland took fifth in the 200-yard butterfly with a time of 2:15.34. Continuing the trend of the freshmen leading the Seawolves, Daniel Ortiz from Brentwood, N.Y. touched fifth in the 100-yard breaststroke with a time of 1:09.44.

The Seawolves' next meet will take place next Saturday starting at 1:00 p.m. where they will host the University of Massachusetts Minute-

Mid-Season MVP's

With the fall sports seasons nearly half over, here are the Statesman's picks for midseason MVP's.

Football: The Seawolves offense has been disappointing due to their inability to convert on third downs and pass the ball with any consistency. However, their duo of running backs, freshman Edwin Gowins and junior Conte Cuttino, have played impressively. They rank 3rd and 4th, respectively, in the Big South Conference in rushing yards.



Edwin Gowins, RB 63 Carries, 453 Yds, 3 TD's



Conte Cuttino 86 Carries, 369 Yards, 1 TD

Women's Soccer: The team has been led by junior goalie Marisa Viola who ranks 1st in the conference in saves, 4th in save percentage, and 5th in goals against average and



1.41 GAA, .848 SV%, 3 Shutouts

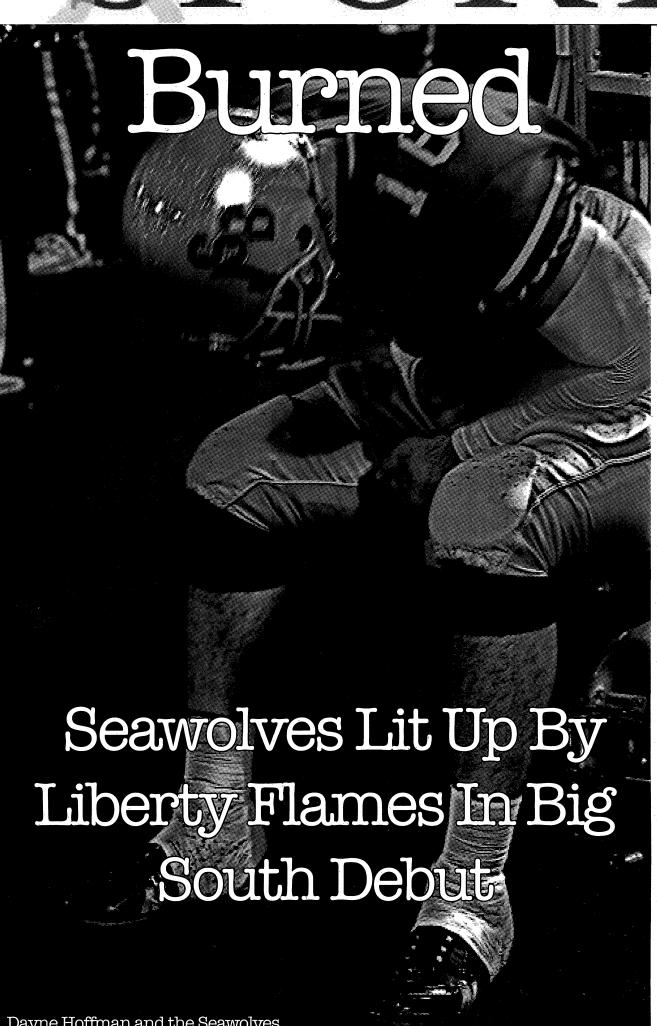
Cross Coutry: Jessica Hampson and Tim Hodge- Hampson and Hodge both toof first place in the Seawolves Invitational earlier this



Tim Hodge Jessica Hampson



STATESMAN DESTATESMAN DESTATESMAN



Dayne Hoffman and the Seawolves offense have not scored a touchdown in over three games.

Alex Berkman/SB Statesman

By GENE MORRIS

Stony Brook football dropped its first ever Big South conference game on Saturday when they traveled to Lynchburg, Va. to play the undefeated Liberty Flames. The Flames showed just why they are ranked in the top 15 in the country.

Liberty	 33
Stony Brook	0

The Liberty offense rolled along all day en route to a dominating 33-0 victory. The Flames piled up 466 total yards, including 299 on the ground. Liberty controlled the ball for over 37 total minutes throughout. The Flames first drive set the tone of the game, as they controlled the ball for 9:03 and ran 17 plays before kicking a field goal.

Liberty Head Coach Danny Rocco attributed much of his teams ability to control the game on that drive and the subsequent defensive stop. On a key third down wide receiver Lynell Suggs went over the middle for a pass but was disconnected from the ball after a big hit by Liberty's Ryan Greiser.

"That was a big play early in the game, to get them off the field," Rocco said after the game. "We challenged our defense, if we can go three and out, put (their defense) back out there, it could be a long day for the Stony Brook defense."

It ended up being a long day for the Seawolves on both sides of the ball.

The Stony Brook offense, which racked up 266 yards, was led by red shirt freshman quarterback Dayne Hoffman, who went 13-23 with 142 yards and one interception.

Freshman Edwin Gowins was again the most effective Stony Brook running back, gaining 55 yards on seven carries, an average of 7.9 yards per attempt. Conte Cuttino ran the ball 11 times for a net of 38 yards, and caught two passes for seven yards.

Suggs and Donald Lee led the team with three receptions each.
Suggs had 33 yards, and Lee had 30.
Both caught long passes of 20 yards.

Trailing 17-0 at the half, the Sea-