#### **UUP @ STONY BROOK UNIVERSITY • WEST CAMPUS CHAPTER • SOUTHAMPTON**

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#### Facing Tough Times Together

by Arty Shertzer, UUP Chapter President

As hard as it might be to believe, we are approaching the end of another semester at Stony Brook. This semester has been a difficult one, with many personnel changes, with shared service affecting both this campus and other SUNY campuses, with concern by our members about the future, both here on campus and for our county, state and nation.

It's probably a good idea then to look at some of what is going on and try to make some sense of

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how it affects us.

Nationally, the economy is still stalled. Washington seems to be hopelessly incapable of making any viable change. Unemployment has not changed appreciably in months and please, do not look at your TIAA-CREF account unless you have a very strong heart! Happenings in Greece and Italy seem to be driving the stock market causing wild shifts in the gains and losses each day.

Locally, our county has a new County Executive which may bode well for Suffolk, but Nassau seems to still be in a fiscal meltdown. New York City has been occupied which both inspires, yet sometimes confuses as the movement seems to lack a clear alternative for the future, although it is inspiring to see people out there questioning the huge disparity between the 1% that has and the rest of us that has less.

Finally, New York State is still plodding along, its economy all but stalled. Governor Cuomo is talking about a 2-3 billion dollar short fall for the coming year. Yet, to the amazement of almost everyone, he still refuses to discuss any manner of taxation equity, be it a Millionaires Tax or anything to raise revenue.

And, last but not least, in the middle of it all, UUP is negotiating for a contract to cover us for the next three, four or five years.

Depending on printing timeframes, you will have or have had the ability to join us on December 6th at 8:30 am in SAC Ballroom A at our annual Breakfast meeting where Phil Smith our State-Wide President and Jamie Dangler, our UUP Chief Negotiator will be presenting an update on the negotiations process. I hope you will

attend, and please do RSVP.

So with all the bad news and such, what can we do to make things better? I believe that the answer to that question lies in our effort to talk to one another. We need to question what we hear, we need to stay together and work together, we need to think past sound bites and slick ad campaigns and look instead for substance and clarity.

Your UUP officers and Delegates offer you resources and information to keep yourselves on top of what is happening. We will continue to apprise you of events as they happen regarding

the contract, regarding benefits and ways to use them to stretch your dollars. We will try to offer you programs and educational opportunities to keep your mind alert and alive.

In return we ask that you work with us, talk to

us and stick together as this very bumpy ride continues.

On behalf of all of us at the Stony Brook UUP Chapter, have a safe and joyous Christmas, Hanukah and New Year!÷



Congratulations to William R. Weisner. He was selected as the 2011 recipient of the Hansen Award.

#### **UUP Contract Negotiations - The latest News**

UUP's Negotiations Team met with the state's negotiators on November 10th and 11th. The two day session began with clarifications of information related to health benefits. The rest of the discussion focused on some of UUP's non-monetary proposals under specific contract articles and appendices. UUP's negotiations began in late August. The Negotiations Team has had more than a dozen meetings with the state to date. UUP's next meetings with the state are scheduled for December 1st and 2nd. Always check the web at <a href="https://www.uupinfo.org">www.uupinfo.org</a> for the most up-to-date information.



#### **Our Eyes and Ears**

by Charlie McAteer, Vice President for Professionals

Let us know what is happening on campus.

As we approach the end of another year, as UUP members we are thankful for the many things we have

accomplished working at Stony Brook, not to mention in our personal lives. But life is ever-changing: we should be mindful and alert as to what is happening around us as things change. You might not realize that even small changes, as they quietly occur, have an impact and so we, as your UUP officers, ask for your help in letting us know what's happening so we can work for you and protect your rights.

I want to thank the 50 plus members who are taking an active role on their Roadway to Permanent Appointment by coming to our latest workshop. Our intent is to provide information so all are aware of their rights and the benchmarks of the seven-year process to achieving permanent appointment.

One of your goals is to have your efforts recognized by receiving satisfactory performance evaluations each year. Should you have received an unsatisfactory evaluation, your UUP contract provides for a local review group, College Committee on Professional Evaluation (CCPE), which allows an appeal to a local panel. This panel consists of three UUP elected members and two members appointed by the campus president. These individuals review the complete file, may conduct interviews and then issue a timely report to the campus president who must take appropriate action within 10 days to resolve the issues.

If you have a question about your evaluation or a new or revised performance program, please contact the UUP office promptly, at 2-6570, to discuss it. Remember, many issues are time critical. UUP and its officers can only work with you if you let us know what's going on. Your ears and eyes are your best tools to protect your contractual rights.

Finally as we have just finished electing our local officials, we start gearing up for the National and Statewide elections, getting through the primaries and the election of the President and Vice President, all our Congressional Representatives and a Senator, followed by electing or re-electing State Senators and Assemblypersons. These are the individuals to be contacted, whether they be incumbent or challenger, as we advocate for Stony Brook and Public Higher Education. These elected or to-be elected officials and legislators have an effect positive and negative over many aspects of our lives both at Stony Brook and at home; please invest a minute or two in conversation with them to advocate for public higher education and your own professional livelihood at Stony Brook. Your investment of time will reap great benefit for us from each level of government.

Have a healthy and wonderful Holiday season and please contact me or any of your UUP chapter officers at 2-6570 with your observations, suggestions or needs for the coming year. Together we can work to make a difference, helping each other, at Stony Brook University.÷

The workshop on Permanent Appointment was presented on October 4, 2011. The presentation team consisted of Lisa Willis, Arty Shertzer and Charlie McAteer (standing in the front).



#### **Campus Equity Week 2011**

by Daniel Kinney, Vice President for Academics



Faculty unions at North American colleges and universities observe Campus Equity Week biennially to advocate for contingent faculty. Campus Equity Week, which this year occurred during the last week in

October, was first observed in 2001. The goal of Campus Equity Week is to "raise awareness and educate our campus communities, the public and policymakers about the broad negative impacts of contingent academic employment practices" (www.campusequityweek.org/CampusEquityWeek/introduction.htm).

Our chapter participated in this effort by showing Barbara Wolf's documentary Degrees of Shame: Part-Time Faculty, Migrant Workers of the Information Economy. Wolf was inspired by Edward R. Murrow's Harvest of Shame, a classic television documentary about the plight of migrant farm workers. Wolf follows the working lives of poorly paid adjuncts with heavy teaching loads and no job security. They lack health and retirement benefits, receive little or no professional support, and have no input into departmental decisions and governance. They are often hired at the last minute or have their classes canceled on short notice. Many are forced to cobble together a living by teaching at different institutions. The president of the University of Cincinnati Chapter of AAUP refers to these adjuncts as "freeway faculty" who move from campus to campus. Wolf interviews administrators, union leaders, and an Ohio state senator about the problems faced by contingent faculty and possible solutions to these problems. The documentary features a discussion of the issues by a group of part-time faculty and union leaders at Rutgers University.

Both the Campaign for the Future of Higher Education and AFT's Faculty and College Excellence (FACE) initiative have produced statements on the negative impact that exploitative contingent employment practices have on academic standards. The AFT FACE Call to Action challenges colleges and universities to "curb the financial exploitation and unprofessional treatment of hundreds of thousands of instructors hired to teach on a part-time/adjunct or other nontenure-track basis with

disproportionately low salaries and totally inadequate professional support." The third principle of the Campaign for the Future of Higher Education states that the "growing practice of hiring faculty into full and part-time contingent positions that are not eligible for due process protections of tenure inhibits the full application of academic standards and the free exercise of professional judgment."

Barbara Wolf produced a follow-up to Degrees of Shame entitled A Simple Matter of Justice: Contingent Faculty Organize, which focuses on actions being taken in Canada and the United States to change the conditions described in Degrees of Shame. UUP has addressed many of the issues presented in Degrees of Shame. As part of Stony Brook's observance of Campus Equity Week, chapter member and statewide UUP Membership Development Officer Ed Quinn prepared a pamphlet showing part-time benefits at a glance. Copies of this pamphlet are available at the chapter office.

UUP negotiated health insurance for contingent faculty members who teach two or more courses in a semester. They are also eligible for dental and vision coverage as well as leaves, a retirement income supplementation program, and professional development opportunities. Many other benefits and services are available to part-time employees from UUP, NYSUT, and other affiliates. UUP has prepared a fact sheet for part-time employees: <a href="www.nupinfo.org/reports/ptfact-sheet.pdf">www.nupinfo.org/reports/ptfact-sheet.pdf</a>. Part-time employees who are not eligible for health insurance can purchase coverage at the group rate. They can also purchase dental and vision coverage through the UUP Member Services Trust Fund.

Last year, UUP's Task Force on Contingent Employees issued a report with recommendations on the representation of contingent employees in UUP, terms and conditions, and further research. The report, which also contains case studies, data, and guidelines from various SUNY campuses, is available at the following URL: <a href="https://www.uupinfo.org/reports/TFCE%20Report.pdf">www.uupinfo.org/reports/TFCE%20Report.pdf</a>. The task force report and input from part-time faculty provided helpful information for current contract negotiations. UUP recognizes the invaluable contributions that part-time employees make to SUNY and will continue to push for fair and equitable terms of employment for contingent faculty.+>

"...poorly paid adjuncts with heavy teaching loads and no job security. They lack health and retirement benefits, receive little or no professional support, and have no input into departmental decisions and governance"

For more information about Barabra Wolf's documentaries, go to: www.campusequityweek.org /main/degreesofshame.htm

#### The Power of ONE

#### Stony Brook University UUP Community Services Committee October 2011 Food Drive Collects more than 2,452 lbs. of non-perishable food items for L.I. Cares!

by Nancy Gaugler

**FOR MORE** COMMUNITY

Pictured from left to right are Russ Cannova, SBU Recycling Supervisor; Mario Bueno, SBU Recycling Specialist; Mark Woodruff, Asst. Director of Facilities and Services; Barbara Chernow, SBU VP for Facilities, Services and Special Projects: Arthur Shertzer, SBU **UUP West Campus Chapter President;** Paule Pachter, Executive Director of Long Island Cares, the Harry Chapin Food Bank: and Nancy Gaugler, Chair of the SBU UUP Community Services Committee.

SERVICE, GO TO

PAGE 9.

How many times do you say to yourself, "What can I do? I am only one person." Many times we say that figuring that we can't do much and what does it really matter. But a while ago I read the book If It Takes a Village, Build One: How I Found Meaning Through a Life of Service and 100+ Ways You Can Too by Malaak Compton-Rock. In that book she expresses the power of asking. Ask and you may be pleasantly surprised. Each of us has that potential to reach out and do more than we realize.

The UUP Community Services Committee asked you to again join us to unite in collecting enough non-perishable food items to help feed our friends and neighbors during these hard times. The campus community rallied together in this cause. UUP

members were joined by students and employees who donated, picked up, and delivered more than 2,452 lbs. of non-perishable food items. Each of us reached out and we all worked together to make this drive a success!

Thanks to all those who donated non-perishable food items. Your kindness and generosity made this food drive a success. Thanks to the UUP Community Services Committee members who assisted in this drive. In particular Peg Abbatiello, Doreen Baldwin, Nancy Smith, Pamela Wolfskill, Yumi Yoshino-Hempel, Heidi Ciolfi, and Maria N. Gonzalez. Thanks to Arty Shertzer and Corinne Burns for their support and aide with publicity to get out the word to the campus community. Thanks to Bar-

bara Chernow in Facilities and Services Administration whose commitment to this cause facilitated our involving the entire campus community along with publicity and service areas who assisted. Our thanks to Mark Woodruff and the West Campus Building Managers; Amy Provenzano in Environmental Stewardship; John Riley and Dr. Lee Xippolitos in SBUMC; University Police; Urszula Zalewski and the wonderful student volunteers including those from Oxfam America and Pre-Med Society who placed and monitored the L.I. Cares Food Donation boxes; Fred Sganga and Jonathan Spier at the LISVH; Michael Cullen and Martha Houlihan in East Campus Facilities along with the East Campus Recycling crew who helped to pickup donations from SBUMC, HSC, and other East Campus areas; and Michael Youdelman and his crew in West Campus Recycling and Resource Management who picked up donations from West Campus, South Campus, and LISVH and coordinated with L.I. Cares. We also thank L.I. Cares Director Paule Pachter and his staff who will be sure that these donations go to assist L.I. families in need.

Good things can't happen without the support and assistance of many individuals. The power of one becomes the power of many united in a single goal and united that power is strong.+



5

#### **HOW CLASS WORKS - 2012 CALL FOR PRESENTATIONS**

A Conference at SUNY Stony Brook June 7-9, 2012

The Center for Study of Working Class Life is pleased to announce the How Class Works – 2012 Conference, to be held at the State University of New York at Stony Brook, June 7-9, 2012. Proposals for papers, presentations, and sessions are welcome until December 12, 2011 according to the guidelines below. For more information, visit our website at <a href="https://www.workingclass.sunysb.edu">www.workingclass.sunysb.edu</a>.

#### Purpose and orientation:

The conference seeks to explore ways in which an explicit recognition of class helps to understand the social world in which we live, and ways in which analysis of society can deepen our understanding of class as a social relationship. Presentations should take as their point of reference the lived experience of class; proposed theoretical contributions should be rooted in and illuminate social realities. Presentations are welcome from people outside academic life when they sum up social experience in a way that contributes to the themes of the conference. Formal papers will be welcome but are not required. All presentations should be accessible to an interdisciplinary audience.

#### Conference themes:

The conference welcomes proposals for presentations that advance our understanding of any of the following themes.

- The mosaic of class, race, and gender. To explore how class shapes racial, gender, and ethnic experience and how different racial, gender, and ethnic experiences within various classes shape the meaning of class.
- Class, power, and social structure. To explore the social content of working, middle, and capitalist classes in terms of various aspects of power; to explore ways in which class and structures of power interact, at the workplace and in the broader society.
- Class and community. To explore ways in which class operates outside the workplace in the communities where people of various
  classes live.
- Class in a global economy. To explore how class identity and class dynamics are influenced by globalization, including experience of cross-border organizing, capitalist class dynamics, international labor standards.
- Middle class? Working class? What's the difference and why does it matter? To explore the claim that the U.S. is a middle class society and contrast it with the notion that the working class is the majority; to explore the relationships between the middle class and the working class, and between the middle class and the capitalist class.
- Class, public policy, and electoral politics. To explore how class affects public policy, with special attention to health care, the criminal justice system, labor law, poverty, tax and other economic policy, housing, and education; to explore the place of electoral politics in the arrangement of class forces on policy matters.
- Class and culture. To explore ways in which culture transmits and transforms class dynamics.
- Pedagogy of class. To explore techniques and materials useful for teaching about class, at K-12 levels, in college and university courses, and in labor studies and adult education courses.

#### How to submit proposals:

Conference proposals for presentations must include the following information: a) title; b) which of the eight conference themes will be addressed; c) a maximum 250 word summary of the main points, methodology, and slice of experience that will be summed up; d) relevant personal information indicating institutional affiliation (if any) and what training or experience the presenter brings to the proposal; e) presenter's name, address, telephone, fax, and e-mail address. A person may present in at most two conference sessions. To allow time for discussion, sessions will be limited to three twenty-minute or four fifteen-minute principal presentations. Sessions will not include official discussants. Proposals for poster sessions are welcome. Presentations may be assigned to a poster session. Proposals for sessions are welcome. A single session proposal must include proposal information for all presentations expected to be part of it, as detailed above, with some indication of willingness to participate from each proposed session member. Submit proposals as an e-mail attachment to michael.zweig@stonybrook.edu or as hard copy by mail to the How Class Works - 2012 Conference, Center for Study of Working Class Life, Department of Economics, SUNY, Stony Brook, NY 11794-4384.

#### Timetable:

Proposals must be received by December 12, 2012. After review by the program committee, notifications will be mailed on January 17, 2012. The conference will be at SUNY Stony Brook June 7-9, 2012. Conference registration and housing reservations will be possible after February 20, 2012. Details and updates will be posted at <a href="https://www.workingclass.sunysb.edu">www.workingclass.sunysb.edu</a>.

| SUNDAY                    | MONDAY                 | TUESDAY   | WEDNESDAY  | THURSDAY    | FRIDAY      | SATURDAY       |
|---------------------------|------------------------|---|--|-------------|-------------|----------------|
|                           |                        |   |  | I           | 2           | 3              |
| december 2011             |                        |   |  |             |             |                |
| 4                         | 5                      | 6<br>Mid Year<br>Membership Event<br>8:30 - 9:30 am<br>SAC Ballroom | 7 Academic Council Meeting 12:00 Library Javits Room | 8           | 9           | 10             |
| П                         | 12                     | 13  | 14   | 15          | 16          | 17             |
| 18                        | 19                     | Executive Board Meeting 12:00 Library Javits Room Hanukkah Begins   | 21   | 22          | 23 Festivus | 24             |
| 25                        | 26                     | 27  | 28   | 29          | 30          | 31             |
|                           |                        |   |  |             |             | N V I F        |
| Christmas Day             | Kwanzaa Begins         |   |  |             |             | New Year's Eve |
| Christmas Day  SUNDAY     | Kwanzaa Begins  MONDAY | TUESDAY   | WEDNESDAY  | THURSDAY    | FRIDAY      | SATURDAY       |
| SUNDAY                    | MONDAY                 | TUESDAY  TY 20  |  | THURSDAY    | FRIDAY      |                |
| SUNDAY                    | MONDAY                 |   |  | THURSDAY  5 | FRIDAY 6    |                |
| SUNDAY                    | nonday                 | ry 20   | 12   |             |             | SATURDAY       |
| SUNDAY  I  New Year's Day | nonday<br>nua          | ry 20   | 4 Contract Team Meeting                              | 5           | 6           | SATURDAY  7    |

#### Carbon Monoxide Safety

Taken from the NFPA website: www.nfpa.org

Often called the silent killer, carbon monoxide is an invisible, odorless, colorless gas created when fuels (such as gasoline, wood, coal, natural gas, propane, oil, and methane) burn incompletely. In the home, heating and cooking equipment that burn fuel can be sources of carbon monoxide.

Safety tips

- CO alarms should be installed in a central location outside each sleeping area and on every level of the home and in other locations where required by applicable laws, codes or standards. For the best protection, interconnect all CO alarms throughout the home. When one sounds, they all sound.
- Follow the manufacturer's instructions for placement and mounting height.
- Choose a CO alarm that has the label of a recognized testing laboratory.
- Call your local fire department's nonemergency number to find out what number to call if the CO alarm sounds.
- Test CO alarms at least once a month; replace them according to the manufacturer's instructions.
- If the audible trouble signal sounds, check for low batteries. If the battery is low, replace it. If it still sounds, call the fire department.
- If the CO alarm sounds, immediately move to a fresh air location outdoors or by an open window or door. Make sure everyone inside the home is accounted for. Call for help from a fresh air location and stay there until emergency personnel.
- If you need to warm a vehicle, remove it from the garage immediately after starting it. Do not run a vehicle or other fueled engine or motor indoors, even if garage doors are open. Make sure the exhaust pipe of a running vehicle is not covered with snow.
- During and after a snowstorm, make sure vents for the dryer, furnace, stove, and fireplace are clear of snow build-up.
- A generator should be used in a well-ventilated location outdoors away from windows, doors and vent openings.
- Gas or charcoal grills can produce CO only use outside.

#### Preventing Slips, Trips and Falls

by Louis Mancuso, M.S., CHSP, CHCM Manager of Occupational Safety and Training Department of Environmental Health and Safety

Did you know that slips, trips, and falls are second only to automobile accidents in causing personal injury? On stairways alone, falls result in almost two million disabling injuries yearly. There are thousands more minor injuries caused by slips, trips, and falls each year. Most alarming of all is the fact that industrial falls cause over 1000 deaths each year. Most of the suggestions in this article can be used on the job and at home.

Slips occur when there is too little friction between a person's feet and the walking surface. Many factors can cause a slip. Ice, oil, water, cleaning fluids, and other slippery substances are probably the most obvious causes. However, the flooring may be inappropriate-perhaps it is a slick material-or the person who slips may not be wearing proper shoes. To prevent slips, avoid walking in areas which pose slipping hazards if at all possible. Always promptly clean up spills of slippery substances. Better yet, prevent the spills in the first place. If an area is a chronic problem, re-route foot traffic in order to avoid it. If flooring is a problem, replace it or coat it with a non-slip surfacing material. Always follow your company's safe shoe policy. Most safe shoe policies require a slip-resistant sole.

Trips occur when a person's foot contacts an object and they are thrown off balance. The main cause of tripping is obvious-anytime something is in a walk-way it could cause someone to trip. Another culprit is an object which projects into the walkway-perhaps material stored low on a shelf. Poor lighting and uneven walking surfaces also cause tripping. Prevention of trips is simple but does require diligence. Keep objects that could cause someone to trip out of the way. Repair uneven flooring and install proper lighting if required.

Falls can be caused by a number of things. Slips and trips frequently result in a fall. Falls also occur for other reasons. Improper use of ladders and scaffolding can result in a fall-usually a very serious one. Falls also happen when people climb objects without using fall protection equipment. Don't risk serious injury by

taking shortcuts. If you are working on a ladder, scaffold, or other elevated platform, make sure you know the requirements for using them safely. Always use fall protection equipment when it is required.

Slips, trips, and falls cause numerous injuries every day. But they are among the easiest hazards to correct. Take the time to look around your work site for these hazards and work to prevent them. Take care not to cause any slip, trip, or fall hazards as you go about your daily activities. Don't let a slip, trip, or fall keep you from enjoying all that life has to offer.+



#### The BEST Holiday Gift - Life!

by Arty Shertzer

With the holidays swiftly approaching many people will want to bring a new member to the family, that being a new dog! I wanted to share with you my experience and that of another of our colleagues on campus who used the same rescue shelter, The Little Pink Shelter.

Based in Connecticut, The Little Pink Shelter, LLC was started by two friends, united by breast cancer and their love of dogs. Their battles with breast cancer behind them, these women joined forces to help shelter dogs win their fight for a second chance at life. Most of the dogs that are up for adoption come from the southern United States. Unfortunately, the South is about 50 years behind us regarding spaying and neutering their

pets. Leash and licensing laws either do not exist or are not enforced, and very few owners spay or neuter their pets resulting in a constant stream of unwanted litters. Conversely, years of spay/neuter awareness coupled with enforced leash and licensing laws in the Northeast have successfully controlled our unwanted dog overpopulation. That leaves

us with a lack of available

family dogs here, while the explosion of stray and unwanted dogs has reached a volume that is unmanageable for the southern shelter system. In addition, most southern shelters immediately euthanize owner-surrendered dogs, many of whom are healthy and well-trained. Strays brought in by animal control, many of them abandoned family pets, remain unclaimed and are euthanized in a matter of days. Little Pink Shelter's goal is to identify these wonderful loving dogs and offer them a second chance at forever.

I have adopted three dogs from the shelter and Liz Brady from Human Resources has adopted two. Please feel free to contact either of us for further details and information. Please visit the website for information on how to adopt one of these adorable dogs. www.pinkshelter.com+

# Individual Development Awards

The Individual Development Awards Program is designed to support a variety of professional development projects or activities by assisting eligible employees to develop their full professional potential and to prepare for advancement.

The maximum amount that can be awarded for each employee under this program is \$1,000. Employees may only be funded for one project or activity per award period.

The types of support available include:

- \* Registration fees for conferences or workshops.
- \*Travel and related expenses (includes lodging and meals).
- \* Research-related supplies.
- \*Tuition at the maximum allowable SUNYrate at the time of application.

The Individual Development Award program for this year is available for events within the period of July 1st, 2011 thru Dec. 31st, 2011.

Applications must be received by Thursday Jan. 5th, 2012. For details and applications, go to:

www.nysuup.lmc.state.ny. us/develoment/individual. html#process



Lola, a rescue adopted from The Little Pink Shelter.

#### Self Defense 101

by Dawn M. Svoboda-Pappas

Sensei Dan Hayes came to Stony Brook University on Thursday, November 10 to instruct about twenty-five women and one gentleman on the art of Self Defense. Sensei Dan has an extensive back round in classical martial arts (Budo/Bujutsu) as well as a long established relationship with Stony Brook University.

While here at Stony Brook, he worked for nine years in the Division of Campus Residences. During this time he was assigned to the committee responsible for the creation and implementation of the "Step Beyond" program. This was an overwhelmingly successful program, which was initiated to educate and empower young adults as to all aspects of sexual abuse and harassment. He has been teaching self-protection classes since 1977 in both voluntary and professional capacities and feels a strong obligation to continue, as community is at the heart of all Budo.

Sensei Dan Hayes brought in his team to educate and instruct us all in some good moves to protect and empower ourselves in many different situations. We were able to walk away from this workshop with some great moves to practice with at home knowing that we could go shopping at the local mall and get into our cars safely, being able to protect ourselves. He and his team gave us practical knowledge on how to carry ourselves while walking down the street; always make sure to be aware of our surroundings, hold our heads up high, and keep a look out for shady people walking close behind you at all times when you are alone. We all enjoyed this workshop very much and really learned a few ways to protect and empower ourselves while out and about alone as women.

For those of you who couldn't make it to the workshop, you can look him up on his website at: www.ibkarate.com

"All in all, it was a fantastic seminar. Thanks to Dan Hayes, Sensei, Chief instructor at Island Budokan Dojo in East Setauket, NY for coming to Stony Brook. He talked about several martial arts concepts and shared his insights into this wonderful art!"

Patricia Dixon, Chair for Women's Concerns

"I was most impressed by Danny's point that self defense begins long before any physical contact might arise - by being aware of your environment, conscious of your whereabouts and purposeful in your appearance."

Arty Shertzer, President

#### Did You Know...?

For the second consecutive year, Heidi Chiolfi coordinated a collection to benefit the residents of our Long Island State Veterans Home. Last year, through Heidi's efforts, we raised over \$1500.00 to buy service related hats for our heroes. This year we raised over \$1500.00 to purchase a large screen TV for the use of the residents of our Veterans Home.

In addition, for the second consecutive year, several of our members joined Peg Abatiello at the Calvary Church this past Thanksgiving morning to help prepare and serve over 8000 meals for the hungry. Special thanks to UUP's members Janelle Clarke, Joan Logan, Rhonda Cooper, Jaine Forrest Glotzer, Arty Shertzer & Peg Abbatiello who arrived with apron, gloves and and spoon in hand to help serve the community! If you want to get involved but don't know what to do, call Nancy Gaugler at 632-6241 and tell her you would like to volunteer!



demonstrating a self defense technique.

#### **COMMUNITY SERVICE**



A hat for a veteran.

#### Pay It Forward! Food Drive

The expression "pay it forward" is used to describe the concept of asking that a good turn be repaid by having it done to others instead. This concept reminds us that through shared commitments within the community we have the power to effect change. At DSS we are reminded of the power of community every semester when we ask for volunteers to assist DSS by proctoring finals. Last year we initiated Pay it forward! and had a record number of volunteers. Bags of food were donated in the names of the volunteers by DSS to the Greater Port Jefferson Pantry as well as to EAP for a family in need. This year we will continue to send our contributions in the name of our proctors to the Greater Port Jefferson Pantry as well as to EAP who will share it with University families in need of food for the winter.

**You can help!** For every 4 hour commitment you serve as a proctor DSS will show our appreciation by donating non perishable items in your name. Having more proctors allows us to offer more test sessions. The more proctors we have the more we will pay forward with a contribution of food in your name.

You can also bring non perishable items to DSS during finals week if you would like to donate to the food drive. Every donation will help provide for members of the community during the winter months to come.

**We are seeking staff** for the following 4 hour time periods Tuesday December 13th thru Friday 12/16, Monday December 19th and Tuesday December 20th:

7:45 AM -11:45 AM 10:45 AM - 2:45 PM 1:45 PM - 5:45 PM 4:45 PM - 8:45 PM

Interested staff member please contact Kathleen.Paterno @stonybrook.edu directly by e-mail with dates and times of your availability. On behalf of the students and Staff @ DSS we thank you for your past help and ask for your continued support.+

### Mid Year Membership Breakfast Meeting

**Agenda:** Contract Negotiations Update with Statewide UUP President Phil Smith and UUP Chief Negotiator Jamie Dangler

**When:** Tuesday December 6, 2011 8:30 am to 9:30 am

Where: SAC Ballroom A

RSVP: online at www.uupsbu.org

#### **CONTRACT RIGHTS**

## If you are doing the same work but just a lot more of it - you may be entitled to a salary increase.

"In the review of applications for salary increases not accompanied by a change in title or rank pursuant to Article IV of the Memorandum of Understanding between the State University of New York and United University Professions Relating to a System of Promotion and Certain Salary Increases for Professional Employees, it is not a requirement that there be increase in the scope and complexity of function of the employee's position in order to be eligible for such an increase."

Quoted from at letter written by Joyce Yaple Villa, Assistant Vice Chancelor for Employee Relations. +

#### **BENEFITS CORNER**

As a member of UUP you can get discounts at the following places:

#### **BJ'S Wholesale Club**

For only \$43.50 (\$40 plus tax) you get 14 months of regular membership. For only \$86.90 (\$80 plus tax) you can sign up for BJ's Reward Membership which is also 14 months but this entitles you to get 2% back on all purchases.

To get an application please visit the UUP office: S-5415 Melville Library, Stony Brook, NY 11794-3388. This application is not available online.

#### **Verizon**

As a Stony Brook University employee, you qualify to get the following discounts:

- up to 19% off the monthly access fee on qualifying voice plans of \$34.99 or higher
- Up to 25% off all accessories For more info, visit

www.verizonwireless.com+

#### **UUP Benefit Trust Fund Scholarship Applications**

Get money back if you have a dependent in a SUNY College

The Fall Scholarship application is on the UUP web site.

It is a scholarship awarded based on the student's grades. Students must have a 3.0. DO NOT WAIT FOR THE TRANSCRIPT TO BE AVAILABLE. The application MUST be postmarked by 60 days after the end of the semester for which the dependent is applying. The scholarship is for \$750.00.

To dowload an aplication, go to: www.uupinfo.org/benefits/Scholar\_App\_Fall\_11.pdf

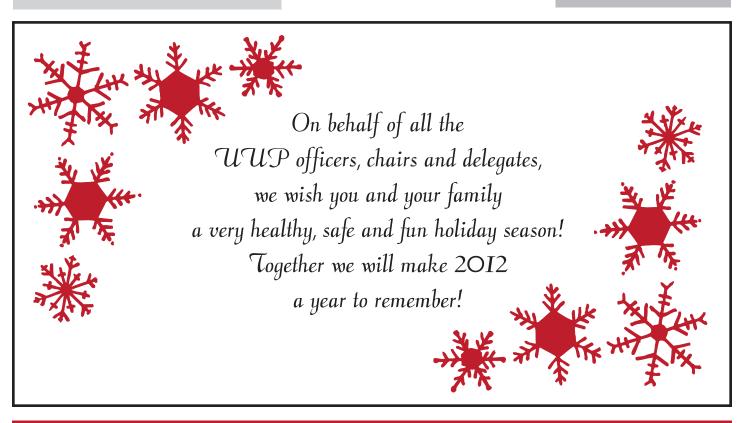
#### **QUOTE CORNER**

Resentment is like taking poison and waiting for the other person to die.

~Malachy McCourt

#### Use Them Before You Loose Them

If you have more than 40 accrued vacation days, they will be lost December 31, 2011.



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The Chapter office is open Monday through Friday, 9:00 am to 3:00 pm.

The Executive Board meets on the third Tuesday of the month at noon. All members are encouraged to attend. Please contact the Chapter office for exact meeting date and location. INSIGHT is published by the Stony Brook Chapter of United University Professions. Items for Brook, NY 11794-3388 or email

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Contact us: www.uupsbu.org • phone: 631.632.6570 • email: uup@stonybrook.edu



**UUP WEST CAMPUS CHAPTER OFFICE** 

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