

2nd Annual Division of Orthopaedic Surgery Division of Sports Medicine and Arthroscopy Sports Medicine Update: *Controversies in Sports Medicine*

May 11, 2012



PROGRAM

7:00-7:15	Check in	CME
7:15-7:30	Welcome Presentation	Program Directors
7:30-9:05	FOCUS: UPPER EXTREMITY	
7:30-7:40	Shoulder Anatomy	Samuel Dubrow, MD
7:40-7:50	Shoulder Exam Pearls	James Paci, MD Mark Grossman, MD
7:50-8:00	Bracing Options with Shoulder Instability	James Penna, MD
8:00-8:15	Shoulder Instability Open vs Arthroscopic	James Paci, MD
8:15-8:30	Scaphoid Fractures in Athletes and RTP	Samantha Muhlrad, MD
8:30-8:40	Shoulder Instability Rehab	Robert Savoca, MPT
8:40-8:50	UE Interesting Case	James Paci, MD
8:50-9:05	Panel Q & A	
9:05-9:20	BREAK	
9:20-11:40	FOCUS: INTERDISCIPLINARY SPORTS MEDICINE	
9:20-9:30	Toradol, pain meds use in season	Stuart Cherney, MD
9:30-9:40	Supplement & Nutrition with the competitive athlete	BJ Ercolino, MA, ATC
9:40-9:55	Imaging Pitfalls: What not to miss	Freeman Hwang, MD
9:55-10:05	Common Incidental Findings You Need to Know in Sports Medicine	Fazel Khan, MD
10:05-10:20	Rehabilitation Techniques SI/Hip– Mulligan, MET	Richard Boergers, MS, ATC
10:20-10:35	Therapeutic Yoga & Alternate Rehab techniques	Joanne Cesiro, DPT, CLT, CYI
10:35-10:50	RTP in Contact Sports s/p C-Spine Fusion	Brian Morelli, MD
10:50-11:00	Highlights of the NYS Concussion Management Act	Paul Lasinski, MA, ATC
11:00-11:15	Concussion Case Study	Mary Tovornik, MA, ATC
11:15-11:40	Panel Q & A	
11:40-12:15	LUNCH	
12:15-2:30	FOCUS: LOWER EXTREMITY	
12:15-12:25	Knee Physical Exam	James Penna, MD, Stuart Cherney, MD
12:25-12:40	ACL Graft Choices	James Penna, MD
12:40-12:55	ACL Rehab: Traditional vs Accelerated	Kathy Koshanksy, MS, ATC
12:55-1:05	Pre and Post-Operative Bracing: Exploring the Options	Jeanine Engelmann, MEd, ATC
1:05-1:20	Hip Pathology and Arthroscopic Interventions	Mark Grossman, MD
1:20-1:35	Hip FAI Open Approaches	James Barsi, MD
1:35-1:45	Taping & Bracing in Ankle Injury	Lauren Stephenson, MA, ATC
1:45-1:55	Interesting Case	James Penna, MD
1:55-2:05	FMS: Evaluation and Where to go from there	David Van Dyke, MS, CSCS
2:05-2:15	SFMA	Adam Daveline, MSE, ATC
2:15-2:30	Panel Q & A	

*schedule subject to change based on speaker availability.