



Stony Brook University; The Department of Campus Recreation

Group Fitness Instructor

Job Description

The Department of Campus Recreation is currently looking for a qualified individual to fill the Group Fitness Instructor position(s). This position is directly supervised by the Assistant Director and the Manager of Fitness & Wellness Programming and will assist in a variety of areas, including, but not limited to:

- Responsible for the daily classes they are scheduled for within the Campus Recreation Center.
- Conduct classes for participants following protocols as accepted and provided by the Department of Campus Recreation.
 - Proper warm up, class routine and a cool down/stretch session.
 - Accompany your class with appropriate music
 - Instruct within your knowledge and expertise
 - Be aware of participant safety during class time(s)
- Collaborate with the Marketing Department for the timely communication and distribution of group fitness-related programs and services.
- Model, promote, and consistently enforce Campus Recreation policies.
- Execute fitness-related special events: fitness jams, Healthier U events, workshops, health fairs, as well as University employee/community-based events.
- Respond to participants' questions and comments by utilizing the fitness program's e-mail database. Enter participant data into departmental database(s).
- Assist in the maintenance of fitness related equipment and inventory. Make recommendations for future program purchases.
- Perform other duties as assigned.

Job Requirements

- Valid C.P.R. & A.E.D. certification from the American Heart Association or the American Red Cross
- Outgoing personality with exemplary communication skills.
- Primary Group Fitness Certification from ACE, AFAA, NETA or NASM preferred or other Nationally Recognized and Accredited Organization. Must obtain certification prior to hire.

Preferred Requirements

- Able to work about at least 3 hours per week and have flexible availability

Hiring Process

- Turn in a Resume and Application to Manager of Fitness & Wellness Programming for review (Campus Recreation Center, Room 116). If selected an interview will be scheduled.
- If chosen for further consideration a mock class will be scheduled.
 - Including warm up, short class sample and cool down accompanied with music

The Department of Campus Recreation
Campus Recreation Center, Room 116
631-632-7168