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Happy PayDay Dec. 18th, 2013 Information & News

1 message

United University Professions <uup@stonybrook.edu>

Wed, Dec 18, 2013 at 9:06 AM

Please Post/Forward to the UUP Members in your Area



For December 2013

Wed. **Dec. 18th** • Executive Board Meeting, Noon, Wang Ctr., room 201, (RSVP to www.uupsbu.org)

**FUNDING FOR UUP MEMBERS THROUGH THE
"INDIVIDUAL DEVELOPMENT AWARDS" PROGRAM (IDA)
Deadline Weds. February 12th, 2014
SEE ATTACHED FLYER FOR DETAILS.**

NYS Insurance Option Transfer ends Dec. 31st

The New York State Health Insurance Option Transfer period ends on December 31, 2013. During this time employee's can change from Family to Individual coverage, cancel coverage without a qualifying event, elect an after-tax deduction or switch plans. For detailed information regarding Option Transfer please go to <http://goo.gl/rbtXD>. Submitted by Human Resource Services

Healthier U Calendar

<http://www.stonybrook.edu/sb/healthieru/programs.html>

The Campus Healthier U (wellness in the workplace) program has a number of events in December and January. They include Cardio Fusion, Holiday Stress Busters, Target Fitness (12 week program), Protecting your Assets, Healthy Aging, Care-giving Strategies and their On-going Smoking Cessation Program. Check out the above link for further details.

RSVP **No later than three days prior to an event** for lunch orders.

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