HAPPY PAYDAY, UUP Info/News 12/24/08

1 message

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To: Unknown
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Early Special Holiday Edition of HPD
STONY BROOK WEST & SOUTHAMPTON CHAPTER

Happy Pay Day/ UUP Info & News

UUP West Campus Chapter website  http://uuphost.org/sbwest Email address uup@notes.cc.sunysb.edu
UUP Statewide website  http://www.uupinfo.org Please Post/Forward to the UUP Members in your Area

UUP CALENDAR FOR Jan. 2009  Happy Holidays to you & your family

Jan. 20th Chapter Executive Bd. mtg. @ Noon in WSCC Old Chem, “RSVP”* to UUP or call

Jan. date TBD  Red Dragon Labyrinth Walk by Student Union @ Noon

Downstate Adjustment for full-time employees to increase Jan. 1, 2009
The UUP allotment for Metro NY area goes up for full time employees from $1,850 to $3,026 per year starting January 1st paid on a bi-weekly basis.

A Change to the Empire Plan Mental Health & Substance Abuse (MHSA) Network
Effective Jan. 1st, 2009 the Empire Plan MHSA program will be administered by OptumHealth Behavioral Solutions without a change in benefits (review the changeover procedures). But the change in administrators will have a different provider network and therefore the status of your provider may change. If you are currently in care with an MHSA provider participating in the ValueOptions’ network, you can continue to receive the network level of benefits thru March 31, 2009 under the transition of care benefit even if your provider is not in the Optumhealth network. If your treatment is not completed or your provider does not join the OptumHealth network by March 31st, your benefits for medically necessary care will be substantially reduced unless you call OptumHealth & seek care from a network provider. To find out if your provider is currently in the OptumHealth network, you can check your provider's network status at any time at http://www.EmpirePlanMHSA2009.com or call 1-877-769-7447 & press Option 3 and select the 2009 MHSA option for OptumHealth. For hearing impaired call 1-800-855-2881 (TTY).

TOASTMASTERS INTERNATIONAL CHAPTER MEETS ON STONY BROOK CAMPUS
The local Northern Brookhaven chapter of Toastmasters presented at the recent Public speaking workshop sponsored by UUP. The group persons who want to become a more effective communicator thru their meetings and booklets available. At the meeting one can present unprepared speeches, prepared speeches & get valuable feedback on those communications. The group normally meets the 2nd & 4th Thursday of each month on campus (usually Basic Science Tower 9th floor in Pathology dept. @ 7:15pm). An annual fee for membership if you which to join after your initial meeting & contact will be presented for your consideration. For more information contact the following: the chapter’s website http://nboastmasters.freehost.us the main organizations site at http://www.toastmasters.org or by contacting Brian Cohen the chapter's VP of Membership @ 631-255-3581 or at brianfincon@optonline.net If you are considering working on your public speaking skills this maybe a way for you to approach it.

Please remember SUNY is the Solution for Long Island & New York State's Economic Recovery
*RSVP* Please reply no later than Three Days prior to Event so UUP can have a Head Count, Thanks
Charles McAteer, UUP Chap. Treasurer, UUP office # is 632-6570 @ 104 Old Chemistry Bldg. zip 3475